

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name		Age/Yr		
Women	50 Free							
1	26.95	L	F	Jaime Mote	16	INFA NMA	15/06/2024	PEA Winter Gala 2024
2	27.16	L	F	Jesse-Leah Laderach	16	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
3	27.31	L	F	Emily Palmer	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
4	27.47	L	P	Tanatswa Chandiwana	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
5	27.52	L	P	Scarlett Le Roux	16	AGA EKU	09/04/2025	SA National Aquatic SNR-Champ 202
6	27.54	L	F	Ashley Scholtz	16	CA EKU	12/10/2024	EGA Summer 2
7	27.61	L	F	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
8	27.76	L	F	Katherine Williams	16	MDOL JHB	11/01/2025	County Speed Swimming Championsh
9	27.90	L	F	Ruth Dredge	16	PAC TSH	15/06/2024	PEA Winter Gala 2024
10	27.96	L	P	Gizelle Maritz	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
11	28.00	L	P	Mila Vd Linde	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
12	28.05	L	P	Gabriella Van Den Berg	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
13*	28.29	L	F	Kendra Begley	16	INFA NMA	15/06/2024	PEA Winter Gala 2024
13*	28.29	L	F	Mikayla Lombard	16	GAUS	05/04/2025	SA Schools Swimming Championship
15	28.34	L	P	Danielle Cronjè	16	LALE CED	25/04/2025	SA National Junior Age Grou-WCA 20
16	28.39	L	F	Karmen Van Rensburg	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
17	28.44	L	P	Rouxne Du Plessis	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
18	28.52	L	P	Juliette van Vught	16	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
19	28.53	L	F	Annebel Stewart	16	AZON ETH	08/03/2025	Invitational Meet 2025
20	28.57	L	P	Jana Vorster	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
21*	28.58	L	P	Leah Scott	16	BLUO UGD	25/04/2025	SA National Junior Age Grou-WCA 20
21*	28.58	L	P	Tafadzwa Chandiwana	16	MDOL JHB	29/11/2024	CGA Championships 2024
23	28.59	L	S	Amy Combrink	16	VINE CPT	09/11/2024	Winelands SL4
24	28.66	L S	F	Isabella Havemann	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
25	28.69	L	F	Grace Powell	16	CSC TSH	01/02/2025	EGA Last Chance Gala
26	28.76	L	F	Abigail Roberts	16	GAUS	05/04/2025	SA Schools Swimming Championship
27	28.81	L	P	Jemma Pearse	16	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
28	28.82	L	F	Chanel Veldsman	16	PSCP UMD	15/06/2024	PEA Winter Gala 2024
29	28.83	L	F	Zandri Knoetze	16	INFA NMA	31/01/2025	Infinity Gala 2025
30	28.89	L S	F	Rachel Hinckley	16	CA EKU	05/12/2024	EGA Summer Championships
31	28.98	L	P	Katelyn Fourie	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
32	29.03	L	F	Ruby Gaines	16	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group Cham
33	29.05	L	F	Mareze Frylinck	16	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Cham
34	29.09	L	P	Araya de Waal	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
35	29.13	L	F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024
36	29.14	L	P	Jodi Boettger	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
37	29.16	L S	F	Mari Wium	16	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
38	29.18	L	F	Chloe Olivier	16	CA EKU	26/10/2024	Summer 3 Delville
39	29.20	L	P	Danika Van Zyl	16	FRA KCD	25/04/2025	SA National Junior Age Grou-WCA 20
40	29.22	L	P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
41	29.26	L	F	Kelci Leech	16	BLSS MAN	25/10/2024	Neptunes Gala
42	29.29	L	P	Ella Eldar	16	TUKS TSH	29/11/2024	CGA Championships 2024
43	29.32	L	F	Danielle Harbron	16	BLOT MAN	04/12/2024	Free State Champs 2024
44	29.34	L	P	Tyra Penn	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
45	29.49	L	F	Ava-Loren Van Galen	16	STAQ CED	08/02/2025	Winelands SL Final
46	29.62	L	P	Caitlyn Dube	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
47	29.65	L S	P	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
48	29.66	L	P	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
49	29.67	L	F	Keira Taylor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
50	29.69	L	F	Anne Marais	16	TKS WBD	29/11/2024	Limpopo Champs 2024
51	29.74	L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
52	29.79	L	P	Gemma Goncalves	16	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
53	29.80	L	P	Jessica Sardinha	16	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
54*	29.83	L	F	Savannah Mostert	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
54*	29.83	L	P	Stacey Smith	16	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
56	29.87	L	F	Mea Harding	BR	VASA EKU	20/03/2025	SA Level 3 Champs 2025-NT
57	29.91	L	F	Jaime Maritz	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
58	29.95	L	P	Hannah Burke	16	SLAQ CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	29.98 L	P	Keira Holland	16	CRSC JHB	29/11/2024	CGA Championships 2024
60	29.99 L	F	Lara Smith	16	TYGE CPT	09/11/2024	Winelands SL4
61	30.02 L	F	Amy-Lee Jones	16	CA EKU	26/10/2024	Summer 3 Delville
62	30.05 L	P	Amy O'Connor	16	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
63	30.07 L	F	Elizabet Victor	16	UNI U EZD	29/11/2024	Mpumalanga Championships 2024
64	30.19 L	F	Milri-Ann Summerton	16	NWUC KKD	07/12/2024	NWS Championships 2024
65	30.20 L	F	Donne Bruyns	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
66	30.23 L S	F	Stephanie Jurado	16	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
67*	30.24 L	F	Siobhan Evans	16	CA EKU	12/10/2024	EGA Summer 2
67*	30.24 L S	P	Emily Liebenberg	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
69*	30.25 L	F	Kaylin Bezuidenhoud	16	BLOT MAN	09/11/2024	Bull Sharks Gala
69*	30.25 L	P	Savannah Mosterd	16	WCS	05/04/2025	SA Schools Swimming Championship
71	30.27 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
72	30.29 L	F	Natania Komakech	16	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi
73	30.30 L	F	Catherine O'Grady	16	MPS NGD	05/04/2025	SA Schools Swimming Championship
74	30.35 L	P	Emma Lategan	16	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
75	30.36 L	F	Maria Steyn	16	BLSS MAN	13/09/2024	Pelicans Age Group Gala
76	30.38 L	P	Mia Wellsted	16	CRSC JHB	29/11/2024	CGA Championships 2024
77	30.43 L	F	Skyla Perumal	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
78	30.45 L	F	Daniëlla Müller	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
79	30.46 L	F	Kayleigh Hahn	16	FISH EDD	17/08/2024	Madibaz Swim Meet 2024
80	30.49 L	F	Anri Van Der Westhuizen	16	BLOT MAN	19/10/2024	Pelicans Gala 2
81	30.50 L	F	Jaime Roome	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
82*	30.52 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
82*	30.52 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
82*	30.52 L	F	Elrike du Plessis	16	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
85*	30.54 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
85*	30.54 L	F	Madison du Plessis	16	BLOT MAN	04/12/2024	Free State Champs 2024
87	30.56 L	F	Rebecca White	16	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
88	30.57 L	F	Antonella Del Fabbro	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
89	30.59 L	P	Kate-Lynn de Jager	16	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
90*	30.66 L	F	Kaylie Groenewald	16	ACAAQ CCD	29/11/2024	Limpopo Champs 2024
90*	30.66 L	F	Abigail Pieterse	16	INFA NMA	31/01/2025	Infinity Gala 2025
92	30.67 L	P	Gabriella Otto	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
93	30.75 L	F	Gabriella Kirsten	16	QSAW CED	08/02/2025	Winelands SL Final
94	30.77 L	F	Carme Louw	16	TASC MPD	29/11/2024	Limpopo Champs 2024
95*	30.82 L	F	Simone Cussons	16	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
95*	30.82 L	F	Alexandra Santos	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
97	30.83 L	P	Paris Shiwundlana	16	AFIN JHB	29/11/2024	CGA Championships 2024
98	30.85 L	P	Keera De Esclana	16	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
99	30.87 L	F	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
100*	30.91 L	F	Zoe Kruger	16	AQUA UTD	07/12/2024	Uthukela District Age Group Gala
100*	30.91 L	P	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
102	30.92 L	P	Yvonne Pretorius	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
103*	30.98 L	P	Kayla Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
103*	30.98 L	P	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024
105	30.99 L S	F	Jorja Parsons	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
106	31.04 L S	P	Genevieve Egger	16	CA EKU	05/12/2024	EGA Summer Championships
107	31.05 L	F	Kate-Lynn Kruger	16	DESA NMA	31/01/2025	Infinity Gala 2025
108	31.06 L	P	Danaleigh Swanepoel	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
109	31.07 L	F	Georgia Gouws	16	PEAS NMA	16/11/2024	5th A League Gala 2024
110	31.08 L	F	Ivana Vyncke	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
111	31.16 L	F	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
112	31.17 L	F	Mia Vd Merwe	16	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
113	31.20 L	F	Jade O'Connor	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
114	31.21 L	P	Georgia Alston	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
115	31.22 L	F	Andria Le Roux	16	JAQ EKU	12/10/2024	EGA Summer 2
116	31.30 L S	P	Kelly Stork	16	BAS EKU	05/12/2024	EGA Summer Championships
117	31.36 L	P	Rii Spoelstra	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT

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	Time	P/F/S	Name	Age/Yr			
118	31.38 L S	F	Hannah Schreuder	16	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
119	31.43 L	F	Anastasia Sequeira	16	CA ECU	26/10/2024	Summer 3 Delville
120	31.55 L	F	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
121	31.58 L	F	Jaimee Marais	16	WBAC CC	01/02/2025	Limpopo School Champs & Limpopo A
122	31.69 L	F	Maya Ndegwa	16	ELEC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
123	31.70 L	P	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
124	31.71 L	F	René Kotzé	16	POTC KKD	07/12/2024	NWS Championships 2024
125	31.72 L	F	Leandre De Lange	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
126	31.75 L	F	Anè Kemp	16	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Cham
127*	31.80 L	F	Anne Steyl	16	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
127*	31.80 L	F	Sunny Huang	16	CA ECU	12/10/2024	EGA Summer 2
129	31.82 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
130*	31.87 L	F	Reese Edwards	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
130*	31.87 L	F	Rienke Blignaut	16	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
132	31.89 L	F	Chloe Petersen	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
133	32.05 L	F	Micke de Jager	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
134	32.08 L	F	Carine Röntgen	16	ASAW CED	09/11/2024	Swartland Prestige Gala 2024
135	32.14 L S	P	Vera Chen	16	BLSS MAN	02/07/2024	Prestige Tournament 2024
136	32.18 L	F	Sinoah Pretorius	16	HPS TSH	13/09/2024	NTS September Age Group 2024
137	32.32 L	F	Lily Ogden	16	PEAS NMA	17/10/2024	43rd Freda Barnard Invitational Gala
138	32.33 L	F	Kayla Vosloo	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
139*	32.37 L S	P	Judy Stevens	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20
139*	32.37 L	F	Megan Webster	16	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
141	32.54 L S	F	Summer Ascieli	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
142	32.56 L	F	Maya McCollum	16	AQDO CPT	08/02/2025	WCA-B Champs - 2025
143	32.60 L	F	Lerize Du Toit	16	ACAAQ CCD	29/11/2024	Limpopo Champs 2024
144*	32.69 L	F	Storme Badenhorst	16	MARL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
144*	32.69 L	F	Elizabeth Opperman	16	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
146	32.74 L	F	Chloe Jewell	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
147*	32.77 L	F	Esther Sauls	16	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA
147*	32.77 L	F	Ashley Seymour	16	WELA LLD	09/11/2024	Bull Sharks Gala
149	32.84 L	F	Tarryn Barnes	16	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA
150*	32.87 L	P	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024
150*	32.87 L	F	Camryn Shaw	16	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
152	32.88 L	F	Mariel van der Net	16	JAQ ECU	27/03/2025	SA Level 2 Champs 2025-EGA
153	32.94 L	F	Mila Petrak	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
154*	32.98 L	P	Hannah Sandilands	16	PGAC ECU	25/04/2025	SA National Junior Age Grou-WCA 20
154*	32.98 L	F	Charlotte Staines	16	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
156	33.02 L	F	Janca Hattingh	16	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
157*	33.07 L	F	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
157*	33.07 L	P	Sandri Visser	16	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Chan
159*	33.09 L	F	Teagan Hamer	16	PRIO NMA	22/02/2025	Eastern Cape School Provincial Trials
159*	33.09 L	F	Ilanthy Moolman	16	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
161	33.11 L	F	Emma Thompson	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
162	33.12 L	F	Deoné Borstlap	16	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
163	33.23 L	F	Lumka Ntaka	16	UMSH ETH	10/01/2025	2024 Grand Prix Invitation Swimming I
164	33.24 L	F	Jessica Carver	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
165	33.27 L	F	Anmi Slabbert	16	PAQU CED	08/02/2025	WCA-B Champs - 2025
166	33.34 L S	P	Cassandra Sophocleous	16	CA ECU	05/12/2024	EGA Summer Championships
167	33.37 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
168	33.44 L	P	Cala Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
169	33.49 L	F	Christi Serfontein	16	RSA	04/10/2024	Curro AquaElite Gala
170	33.57 L	F	Chelsea Snyman	16	SS MPD	29/11/2024	Limpopo Champs 2024
171	33.58 L	F	Nicole Norman	16	BAS ECU	27/03/2025	SA Level 2 Champs 2025-EGA
172	33.61 L	F	Sadie Jelley	16	RFA TSH	07/12/2024	NWS Championships 2024
173	33.66 L	F	Hannah Krummeck	16	HARV NMA	22/02/2025	Eastern Cape School Provincial Trials
174	33.75 L	P	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan
175	33.76 L	F	Bianke Von Schlichting	16	PRA GSD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
176	33.81 L	P	Izabella Alevras	16	CRSC JHB	29/11/2024	CGA Championships 2024

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	Time		P/F/S	Name	Age/Yr		
177	33.89	L	F	Caitlin Scheepers	16	VINE CPT	08/02/2025 WCA-B Champs - 2025
178	33.93	L	F	Minette Els	16	BETH FDD	14/02/2025 Neptune Last Chance Gala
179	33.94	L	F	WanRu Zhou	16	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
180	34.04	L	F	Danelle Dry	16	EVO CPT	08/02/2025 WCA-B Champs - 2025
181	34.06	L	F	Cathrijn Davel	16	MHS NGD	31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 J/
182	34.10	L	F	Emma Davies	16	MAKO EKU	27/03/2025 SA Level 2 Champs 2025 EGA
183	34.12	L	F	Nina Melka	16	TUKS TSH	21/02/2025 NTS Age Group Feb Tuks
184	34.14	L	P	Chrystil Raymond	16	CSA EZD	29/11/2024 Mpumalanga Championships 2024
185	34.21	L	F	Kuzingca Siramza	16	SHS KK	22/02/2025 Eastern Cape School Provincial Trials
186	34.27	L	F	Ayanke Stander	16	ASAW CED	28/03/2025 SA Level 2 Regional Age Group Cham
187	34.38	L	F	Tia Mari Theron	16	HSBV SKD	01/02/2025 Limpopo School Champs & Limpopo A
188	34.44	L	F	Angela Daffue	16	PENC EZD	19/02/2025 EHLANZENI INTER HIGH GALA 19 FI
189	34.49	L	F	Megan Van den Heever	16	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
190	34.53	L	P	Georgia Knight	16	WATR JHB	29/11/2024 CGA Championships 2024
191	34.68	L	F	Nicole Van Zyl	16	CA EKU	26/10/2024 Summer 3 Delville
192	34.79	L S	F	Alea Du Toit	16	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
193	34.81	L	F	Miela Smit	16	AQUA BUF	28/03/2025 SA Level 2 Regional Age Group Cham
194*	34.85	L	F	Kholofelo Seabi	16	SWIFT EKU	27/03/2025 SA Level 2 Champs 2025-EGA
194*	34.85	L	F	Natalie Robinson	16	BERG BP	28/02/2025 NW School Championships 2025
196*	34.95	L	F	Victoria-Ann Anthony	16	MAKO EKU	26/10/2024 Summer 3 Delville
196*	34.95	L	F	Chlumunco Nyukwana	16	MPS NGD	22/02/2025 Eastern Cape School Provincial Trials
198	35.00	L	F	Tenè Louw	16	SFSC CPT	01/02/2025 CTA BRIAN BUTTON Qualifying Meet
199	35.12	L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024 CGA Championships 2024
200	35.16	L	F	Runakorwashe Makumbe	16	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 20
201	35.21	L	F	Mia Lea Osbourne	16	UPC EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS
202	35.27	L	F	Imaan Velloo	16	MANT CPT	08/02/2025 WCA-B Champs - 2025
203	35.43	L	F	Anchei Louw	16	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
204	35.45	L	F	Anel Verster	16	RFA TSH	13/09/2024 NTS September Age Group 2024
205	35.78	L	F	Carmen Du Toit	16	PRIO NMA	08/02/2025 Nelson Mandela Bay Schools Trials &
206	35.82	L	F	Brooklyn-Taylor Sunker	16	MAKO EKU	12/10/2024 EGA Summer 2
207	36.00	L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024 CGA Championships 2024
208	36.06	L	F	Thandolwenkosi Mabaso	16	FRA KCD	01/03/2025 Provincial Level 1 Age Group
209	36.28	L S	P	Veera Khusal	16	MAKO EKU	05/12/2024 EGA Summer Championships
210	36.40	L	F	Jessimie Van der Sandt	16	LALE CED	09/11/2024 Winelands SL4
211	36.59	L	F	Helena Van Vuuren	16	KALA	05/10/2024 FLAMINGO GALA OCT 2024
212	36.83	L	F	Kim Ruwona	16	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
213	37.17	L	F	Holly McHugh	16	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
214	37.25	L	F	Beané du Plessis	16	STELL RMD	23/11/2024 NWS Age Group 3 + 4 2024
215	37.49	L	F	Miry Ferreira	16	HFDT MP	08/10/2024 Limpopo Top 8 - High Schools
216	37.62	L	F	Izelle Du Toit	16	OGIM BUF	08/02/2025 BCSA High School Trials 2025
217	37.66	L	F	Sharvani Govender	16	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 20
218	37.74	L	F	Nea Ferreira	16	ROB EZD	19/02/2025 EHLANZENI INTER HIGH GALA 19 FI
219	37.97	L S	P	Karabo Malinga	16	USHAK EKU	05/12/2024 EGA Summer Championships
220	38.15	L	F	Simoné Bronkhorst	16	AGAQ QBD	22/02/2025 Swartland Invitational Gala 2025
221	38.26	L	F	Lynelle Smith	16	HSB BP	19/02/2025 EHLANZENI INTER HIGH GALA 19 FI
222	38.33	L	F	Arnei Louw	16	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
223	38.42	L	F	Shaelyn Lawson	16	CAMBH BUF	08/02/2025 BCSA High School Trials 2025
224	38.54	L	F	Micheala Van Aswegen	16	HSB BP	19/02/2025 EHLANZENI INTER HIGH GALA 19 FI
225	38.66	L	F	Richelle Rothmann	16	VHD ZLD	02/11/2024 Uthukela District Age Group Gala
226	39.05	L	F	Thesnay Masalisa	16	PRIO NMA	22/02/2025 Eastern Cape School Provincial Trials
227	39.39	L	F	Olivia Janse Van Rensburg	16	PER JHB	15/02/2025 CGA Summer Gala #6 Level 2+ 15 Fe
228	39.54	L	F	Letlotlo Kgositlou	16	STEL RM	28/02/2025 NW School Championships 2025
229	39.85	L	F	Letitia Wolfaardt	16	HFDT MP	08/10/2024 Limpopo Top 8 - High Schools
230	39.99	L	F	Gabrielle Kramer	16	VPHS NMA	08/02/2025 Nelson Mandela Bay Schools Trials &
231	40.59	L	F	Hannah Coert	16	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
232	40.94	L	F	Safiya Ismail	16	MANT CPT	22/02/2025 Swartland Invitational Gala 2025
233	41.03	L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025 SSA LEVEL 1 REGIONAL CHAMPS 2
234	42.07	L	F	Rebecca Copeman	16	UHS NMA	22/02/2025 Eastern Cape School Provincial Trials
235	42.19	L	F	Naseerah Du Toit	16	WCA CPT	09/04/2025 SA National Aquatic SNR-Champ 202

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
236	42.48	L	F	Tazlyn Davids	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025	
237	42.76	L	F	Ronita Exford	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025	
238	43.33	L S	F	Autumn Zwane	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
239	43.78	L S	P	Zoë Pierce	16	ESTR EKU	05/12/2024	EGA Summer Championships	
240	44.19	L	F	Botshelo Thompson	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2	
241	44.73	L	P	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024	
242	44.83	L	F	Thea Vermaak	16	WELA LLD	11/10/2024	Otters Prestige Gala 2024	
243	46.03	L	F	Cheyenne Wilson	16	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I	
244	47.60	L	F	Mitchelle Khoza	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2	
245	48.59	L	F	Esethu Mabula	16	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials	
246	53.62	L	F	Tshimologo Ramushu	16	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20	
247	57.07	L	F	Amelie du Plessis	16	CPSC TSH	13/09/2024	NTS September Age Group 2024	
248	58.95	L	F	Uminathi Mafanya	16	UMHS OTD	08/02/2025	BCSA High School Trials 2025	
249	1:09.90	L	F	Blessing Phiri	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2	
250	1:24.41	L	F	Joeline Fourie	16	ESS EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J	
Women 100 Free									
1	58.44	L	F	Jaime Mote	16	INFA NMA	15/06/2024	PEA Winter Gala 2024	
2	58.93	L	F	Emily Palmer	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20	
3	59.03	L	F	Scarlett Le Roux	16	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N	
4	59.58	L	F	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20	
5	59.60	L	F	Ashley Scholtz	16	CA EKU	05/12/2024	EGA Summer Championships	
6	59.63	L	F	Jesse-Leah Laderach	16	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20	
7	59.92	L	F	Katherine Williams	16	MDOL JHB	02/03/2025	National Arena League Cup Finals	
8	59.94	L	P	Gizelle Maritz	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202	
9	1:00.00	L	F	Lara Gouws	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
10	1:00.87	L	P	Rachel Hinckley	16	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20	
11	1:00.89	L	P	Ruth Dredge	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
12	1:01.36	L	F	Annebel Stewart	16	AZON ETH	25/04/2025	SA National Junior Age Grou-WCA 20	
13	1:01.40	L	P	Kendra Begley	16	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202	
14	1:01.49	L	F	Mila Vd Linde	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
15	1:01.54	L	P	Rouxne Du Plessis	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
16	1:01.56	L	F	Mikayla Lombard	16	TUKS TSH	05/12/2024	EGA Summer Championships	
17	1:01.57	L	F	Aurora Salustri	16	ANIEN TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi	
18	1:01.61	L	F	Danielle Cronjè	16	LALE CED	05/12/2024	Western Cape LC-A Championship 20	
19	1:01.80	L	F	Grace Powell	16	CSC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi	
20	1:01.81	L	F	Jana Vorster	16	TUKS TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi	
21	1:02.00	L	P	Leah Scott	16	BLUO UGD	25/04/2025	SA National Junior Age Grou-WCA 20	
22	1:02.09	L	F	Tanatswa Chandiwana	16	MDOL JHB	20/02/2025	Zim Senior National Championships	
23	1:02.25	L	P	Jemma Pearse	16	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20	
24	1:02.27	L	F	Karmen Van Rensburg	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
25	1:02.43	L	F	Zandri Knoetze	16	INFA NMA	13/12/2024	NMBA Championships 2024	
26	1:02.49	L	P	Tafadzwa Chandiwana	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
27	1:02.63	L	P	Jana Swiegers	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
28	1:03.09	L	P	Chloe Olivier	16	AGA EKU	09/04/2025	SA National Aquatic SNR-Champ 202	
29	1:03.10	L	F	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
30	1:03.27	L	F	Karla Myburgh	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
31	1:03.36	L	F	Mareze Frylinck	16	TRALI MAN	20/02/2025	Inter High 2025	
32	1:03.54	L	F	Marlene Ward	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
33	1:03.55	L	P	Katelyn Fourie	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
34*	1:03.74	L	F	Danika Van Zyl	16	KZNS	05/04/2025	SA Schools Swimming Championship	
34*	1:03.74	L	F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024	
36	1:03.76	L	P	Araya de Waal	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20	
37	1:03.79	L	F	Mari Wium	16	QSAW CED	05/12/2024	Western Cape LC-A Championship 20	
38	1:04.02	L	F	Kelci Leech	16	BLSS MAN	04/12/2024	Free State Champs 2024	
39	1:04.07	L	P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
40	1:04.18	L	F	Gianna Collard	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
41	1:04.19	L	F	Juliette van Vught	16	SASE JHB	29/11/2024	CGA Championships 2024	
42	1:04.24	L	F	Isabella Havemann	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024	
43	1:04.25	L	F	Jenna Coetzee	16	INFA NMA	31/01/2025	Infinity Gala 2025	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	1:04.32 L	F	Keira Holland	16	CRSC JHB	20/11/2024	Crusaders Night Gala 1
45	1:04.35 L	F	Danielle Harbron	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
46	1:04.53 L	P	Abigail Roberts	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
47	1:04.72 L	F	Jaime Maritz	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
48	1:04.98 L	F	Jodi Boettger	16	USC BUF	13/12/2024	NMBA Championships 2024
49	1:04.99 L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
50*	1:05.03 L	P	Amy Combrink	16	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
50*	1:05.03 L	F	Kate-Lynn de Jager	16	UCT CPT	20/02/2025	Inter High 2025
52	1:05.04 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
53	1:05.26 L	F	Savannah Mostert	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
54	1:05.30 L	P	Gemma Goncalves	16	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
55	1:05.39 L	P	Tyra Penn	16	WATR JHB	29/11/2024	CGA Championships 2024
56*	1:05.52 L	F	Donne Bruyns	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
56*	1:05.52 L	F	Stacey Smith	16	PAC TSH	13/09/2024	NTS September Age Group 2024
58	1:05.53 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
59	1:05.60 L	F	Mieke Vd Wal	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
60	1:05.65 L	F	Madison du Plessis	16	BLOT MAN	02/11/2024	Heidedal
61	1:05.66 L	P	Hannah Burke	16	SLAQ CPT	14/02/2025	Western Cape Elite Gala 2025
62	1:05.68 L	P	Amy O'Connor	16	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
63	1:05.69 L	F	Anri Van Der Westhuizen	16	BLOT MAN	04/12/2024	Free State Champs 2024
64	1:05.71 L	F	Savannah Mosterd	16	WCS	05/04/2025	SA Schools Swimming Championship
65	1:05.73 L	F	Kayleigh Hahn	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
66	1:05.75 L	P	Emily Liebenberg	16	ASAW CED	25/04/2025	SA National Junior Age Grou-WCA 20
67	1:05.87 L	F	Antonella Del Fabbro	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
68	1:06.08 L	F	Elizabet Victor	16	UNI EZD	10/01/2025	2024 Grand Prix Invitation Swimming I
69	1:06.12 L	P	Skyla Perumal	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
70	1:06.19 L	P	Catherine O'Grady	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
71	1:06.21 L	F	Lily van Aswegen	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
72	1:06.23 L	F	Amy-Lee Jones	16	CA ECU	01/02/2025	EGA Last Chance Gala
73	1:06.24 L	P	Mia Wellsted	16	CRSC JHB	29/11/2024	CGA Championships 2024
74	1:06.28 L	F	Danaleigh Swanepoel	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
75	1:06.38 L	P	Ava-Loren Van Galen	16	STAQ CED	05/12/2024	Western Cape LC-A Championship 20
76	1:06.40 L	P	Caitlyn Dube	16	MDOL JHB	29/11/2024	CGA Championships 2024
77	1:06.51 L	P	Kiara Banks	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
78	1:06.62 L	P	Ruby Gaines	16	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group Chan
79	1:06.69 L	P	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT
80	1:06.70 L	F	Daniëlla Müller	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
81	1:06.71 L	P	Kelly Stork	16	BAS ECU	25/04/2025	SA National Junior Age Grou-WCA 20
82*	1:06.75 L	P	Jessica Sardinha	16	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
82*	1:06.75 L	P	Amy Brown	16	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
84	1:06.77 L	P	Yvonne Pretorius	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
85*	1:06.86 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
85*	1:06.86 L	F	Abigail Pieterse	16	INFA NMA	20/03/2025	SA Level 3 Regional Age Group Chan
87	1:06.87 L	F	Natania Komakech	16	ELEC TSH	10/01/2025	2024 Grand Prix Invitation Swimming I
88	1:06.93 L	P	René Kotzé	16	POTC KKD	07/12/2024	NWS Championships 2024
89	1:07.02 L	F	Jaime Roome	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
90	1:07.15 L	F	Carine Röntgen	16	ASAW CED	09/11/2024	Swartland Prestige Gala 2024
91	1:07.33 L	P	Emily Macqueen	16	SEALE ETH	02/07/2024	Prestige Tournament 2024
92*	1:07.36 L	F	Maria Steyn	16	TRALI MAN	20/02/2025	Inter High 2025
92*	1:07.36 L	P	Tayla Dowie	16	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
94	1:07.42 L	P	Keera De Esclana	16	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
95	1:07.44 L	F	Jessica Smith	16	ASA ILD	14/06/2024	AQZ Winter Warmer 2024
96	1:07.52 L	F	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
97	1:07.53 L	P	Gabriella Otto	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
98	1:07.59 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
99	1:07.60 L	F	Lara Smith	16	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
100	1:07.62 L	P	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
101	1:07.63 L	P	Georgia Alston	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
102	1:07.85 L	F	Kaylie Groenewald	16	ACAO CCD	18/10/2024	NTS Level 3+ October Age Group 202

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
103*	1:08.04 L	P	Mea Harding	BR	VASA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
103*	1:08.04 L	P	Zianè Jantzen	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
105*	1:08.17 L	P	Keira Taylor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
105*	1:08.17 L	P	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024	
107	1:08.20 L	P	Rii Spoelstra	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
108	1:08.29 L	F	Anne Marais	16	TKS WBD	29/11/2024	Limpopo Champs 2024	
109	1:08.48 L	P	Carme Louw	16	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT	
110	1:08.59 L	F	Stephanie Jurado	16	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
111	1:08.63 L	P	Anastasia Sequeira	16	CA EKU	05/12/2024	EGA Summer Championships	
112	1:08.70 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan	
113	1:08.88 L	F	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024	
114	1:08.94 L	P	Emma Lategan	16	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20	
115	1:08.98 L	P	Johané Jv Rensburg	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
116	1:09.01 L	F	Mia Vd Merwe	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024	
117	1:09.04 L	F	Lily Ogden	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
118	1:09.07 L	F	Amelie Van der Merwe	16	RFA TSH	13/09/2024	NTS September Age Group 2024	
119	1:09.08 L	P	Sienna Lombard	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT	
120	1:09.11 L	F	Chloe Petersen	16	TUKS TSH	13/09/2024	NTS September Age Group 2024	
121	1:09.18 L	F	Kate-Lynn Kruger	16	DESA NMA	31/01/2025	Infinity Gala 2025	
122	1:09.21 L	P	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT	
123	1:09.25 L	F	Kaylin Bezuidenhoud	16	BLOT MAN	04/12/2024	Free State Champs 2024	
124	1:09.36 L	F	Christi Serfontein	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
125	1:09.38 L	F	Alexandra Santos	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan	
126	1:09.40 L	F	Erin Joubert	16	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024	
127	1:09.45 L	P	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024	
128	1:09.46 L	F	Simone Cussons	16	UNI EZD	29/11/2024	MPumalanga Championships 2024	
129	1:09.59 L	F	Siobhan Evans	16	CA EKU	12/10/2024	EGA Summer 2	
130	1:09.61 L	P	Zoe Kruger	16	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN	
131	1:09.63 L	F	Mariel van der Net	16	JAQ EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
132	1:09.74 L	F	Georgia Gouws	16	PEAS NMA	14/09/2024	3rd A League Gala 2024	
133	1:09.75 L	P	Milri-Ann Summerton	16	NWUC KKD	07/12/2024	NWS Championships 2024	
134	1:09.85 L	F	Kayla Vosloo	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
135	1:09.87 L	F	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan	
136	1:10.01 L	F	Maya Ndegwa	16	ELEC TSH	13/09/2024	NTS September Age Group 2024	
137	1:10.22 L	F	Gabriella Kirsten	16	QSAW CED	08/02/2025	Winelands SL Final	
138	1:10.42 L	F	Elrike du Plessis	16	HREF BPD	07/12/2024	NWS Championships 2024	
139	1:10.46 L	F	Emma Barnard	16	EVO CPT	08/02/2025	WCA-B Champs - 2025	
140	1:10.60 L	F	Lerize Du Toit	16	ACAAQ CCD	29/11/2024	Limpopo Champs 2024	
141	1:10.69 L	F	Lumka Ntaka	16	UMSH ETH	10/01/2025	2024 Grand Prix Invitation Swimming I	
142	1:10.72 L	F	Sunny Huang	16	CA EKU	01/02/2025	EGA Last Chance Gala	
143	1:10.74 L	P	Tehl-Cadi Day Garden	16	ACSA ETH	02/07/2024	Prestige Tournament 2024	
144	1:10.79 L	P	Cassandra Sophocleous	16	CA EKU	05/12/2024	EGA Summer Championships	
145*	1:10.81 L	F	Katey Nel	16	SOUL EKU	12/10/2024	EGA Summer 2	
145*	1:10.81 L	P	Ivana Vyncke	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
147	1:10.82 L	P	Tshenolo Ntsie	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
148	1:11.15 L	F	Deoné Borstlap	16	POTC KKD	28/03/2025	SA Level 2 Regional Age Group Cham	
149	1:11.17 L	F	Stacey Fisher	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
150	1:11.24 L	F	Summer Ascieri	16	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
151*	1:11.37 L	F	Rienke Blignaut	16	BLSS MAN	14/02/2025	Neptune Last Chance Gala	
151*	1:11.37 L	P	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024	
153	1:11.39 L	F	Anneke Stassen	16	EVO CPT	08/02/2025	WCA-B Champs - 2025	
154*	1:11.46 L	F	Anne Steyl	16	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025	
154*	1:11.46 L	P	Megan Webster	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT	
156	1:11.53 L	P	Paris Shiwundlana	16	AFIN JHB	29/11/2024	CGA Championships 2024	
157	1:11.54 L	F	Janca Hattingh	16	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
158	1:11.55 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	13/09/2024	NTS September Age Group 2024	
159	1:11.63 L	F	Hannah Schreuder	16	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024	
160	1:11.78 L	F	Hannah Naidoo	16	BEAV ETH	25/01/2025	uShaka Champs 2025	
161	1:11.79 L	F	Judy Stevens	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
162	1:11.84 L	F	Esmarie Terblanche	16	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
163	1:11.89 L	P	Vera Chen	16	BLSS MAN	02/07/2024	Prestige Tournament 2024
164	1:11.96 L	F	Maya McCollum	16	AQDO CPT	08/02/2025	WCA-B Champs - 2025
165*	1:12.00 L	F	Nina Melka	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
165*	1:12.00 L	P	Sandri Visser	16	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Cham
167	1:12.06 L	P	Bianke Von Schlichting	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
168	1:12.11 L	F	Emily Tsai	16	BLMA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
169*	1:12.13 L	F	Lara Wink	16	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
169*	1:12.13 L	F	Anè Kemp	16	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Cham
171	1:12.21 L	F	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
172	1:12.31 L	F	Storme Badenhorst	16	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
173	1:12.34 L	F	Charlotte Staines	16	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
174	1:12.60 L	P	Izabella Alevras	16	CRSC JHB	29/11/2024	CGA Championships 2024
175	1:12.67 L	F	Zadie Van Wyk	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
176	1:12.69 L	P	Andria Le Roux	16	JAQ ECU	05/12/2024	EGA Summer Championships
177	1:12.75 L	P	Ashley Seymour	16	WELA LLD	28/03/2025	SA Level 2 Regional Age Group Cham
178	1:12.90 L	F	Esther Sauls	16	PGAC ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schor
179	1:12.92 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
180	1:12.93 L	F	Leah Crozier	16	FAAC	08/02/2025	NCASA SPRINTS 2025
181	1:12.99 L	P	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan
182	1:13.04 L	F	Caitlin Scheepers	16	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
183*	1:13.16 L	F	Ilanze du Plessis	16	BLSS MAN	13/09/2024	Pelicans Age Group Gala
183*	1:13.16 L	F	Chrystil Raymond	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
183*	1:13.16 L	P	Tarryn Barnes	16	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
186	1:13.20 L	F	Jessica Carver	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
187	1:13.26 L	F	Kuzingca Siramza	16	SHS KK	08/02/2025	BCSA High School Trials 2025
188	1:13.53 L	F	Kganya Mashigo	16	PAC TSH	13/09/2024	NTS September Age Group 2024
189	1:13.73 L	P	Chloe Jewell	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
190	1:13.91 L	F	Elizabeth Opperman	16	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
191	1:13.98 L	F	Ayanke Stander	16	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
192	1:14.15 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
193	1:14.35 L	F	Simonè Schonken	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
194	1:14.43 L	F	Micke de Jager	16	VHD ZLD	23/11/2024	KCDA Age Group Gala 3
195	1:14.51 L	F	Maria Dos Santos	16	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
196	1:14.53 L	F	Nicole Norman	16	BAS ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schor
197	1:14.54 L	F	Riley Koegelenberg	16	LALE CED	08/02/2025	WCA-B Champs - 2025
198	1:14.57 L	F	Hannah Krummeck	16	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
199*	1:14.69 L	F	Lelanie Buhr	16	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
199*	1:14.69 L	P	Nicole Van Zyl	16	CA ECU	05/12/2024	EGA Summer Championships
201	1:14.76 L	F	Danelle Dry	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
202	1:14.95 L	F	Miela Smit	16	AQUA BUF	28/03/2025	SA Level 2 Regional Age Group Cham
203	1:15.11 L	F	Megan Van den Heever	16	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
204	1:15.41 L	F	Gabriella Oaten	16	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
205	1:15.61 L	F	Sadie Jelley	16	RFA TSH	13/09/2024	NTS September Age Group 2024
206	1:15.73 L	F	Cathrijn Davel	16	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
207	1:15.84 L	F	Naseerah Vd Merwe	16	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
208	1:15.97 L	F	Ilanthy Moolman	16	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
209	1:16.05 L	F	Georgia Knight	16	WATR JHB	13/12/2024	NMBA Championships 2024
210	1:16.19 L	F	Tia Mari Theron	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
211	1:16.23 L	F	Emma Thompson	16	PSC TSH	13/09/2024	NTS September Age Group 2024
212	1:16.29 L	P	Kholofelo Seabi	16	SWIFT ECU	05/12/2024	EGA Summer Championships
213	1:16.34 L	P	Minette Els	16	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
214	1:16.37 L	F	Hannah van der Veen	16	AQUA BUF	02/11/2024	BCA November Age Group Gala SC 21
215	1:16.42 L	P	Camryn Shaw	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
216	1:16.46 L	F	Imaan Velloo	16	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
217	1:16.66 L	F	Tenè Louw	16	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
218	1:16.68 L	F	Chanè Grobbelaar	16	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
219	1:16.73 L	F	Danielle Van Vuuren	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
220	1:16.86 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
221	1:17.50 L	F	Leané Gouws	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
222	1:17.94 L	F	Chlumunco Nyukwana	16	MPS NGD	22/02/2025	Eastern Cape School Provincial Trials
223	1:17.99 L	F	Thandolwenkosi Mabaso	16	FRA KCD	25/01/2025	uShaka Champs 2025
224	1:18.01 L	F	Alea Du Toit	16	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
225	1:18.13 L	F	Mia Crookham	16	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
226	1:18.35 L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024	CGA Championships 2024
227	1:18.66 L	F	Anmi Slabbert	16	PAQU CED	28/03/2025	SA Level 2 Regional Age Group Cham
228	1:18.71 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
229	1:19.09 L	F	Ebenette Van Niekerk	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
230	1:19.32 L	F	Victoria-Ann Anthony	16	MAKO ECU	12/10/2024	EGA Summer 2
231	1:19.73 L	F	Richelle Rothmann	16	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
232	1:20.30 L	F	Chelsea Snyman	16	SS MPD	29/11/2024	Limpopo Champs 2024
233	1:20.99 L	P	Emma Davies	16	MAKO ECU	02/07/2024	Prestige Tournament 2024
234	1:21.71 L	F	Holly McHugh	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
235	1:22.11 L	F	Brooklyn-Taylor Sunker	16	MAKO ECU	12/10/2024	EGA Summer 2
236	1:22.25 L	F	Anchei Louw	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
237	1:22.42 L	F	Runakorwashe Makumbe	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
238	1:22.52 L	F	Helena Van Vuuren	16	KALA	05/10/2024	FLAMINGO GALA OCT 2024
239	1:22.73 L	F	Jessimie Van der Sandt	16	LALE CED	09/11/2024	Winelands SL4
240	1:24.49 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
241	1:24.64 L	P	Veera Khusal	16	MAKO ECU	05/12/2024	EGA Summer Championships
242	1:25.77 L	F	Sharvani Govender	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
243	1:27.65 L	F	Beané du Plessis	16	STELL RMD	09/11/2024	NWS Age Group 1 & 2 2024
244	1:28.37 L	F	Gabrielle Kramer	16	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
245	1:28.49 L	F	Anel Verster	16	RFA TSH	01/02/2025	EGA Last Chance Gala
246	1:28.56 L	F	Shaelyn Lawson	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
247	1:28.62 L	F	Clarabelle Dippenaar	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
248	1:30.07 L	P	Karabo Malinga	16	USHAK ECU	05/12/2024	EGA Summer Championships
249	1:30.63 L	F	Kim Ruwona	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
250	1:31.38 L	F	Safiya Ismail	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
251	1:32.04 L	F	Simoné Bronkhorst	16	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
252	1:32.09 L	F	Letitia Wolfaardt	16	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
253	1:36.85 L	F	Lwazi Mqeke	16	WELA LLD	25/10/2024	Neptunes Gala
254	1:39.38 L	F	Naseerah Du Toit	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
255	1:39.65 L	F	Rebecca Copeman	16	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials
256	1:39.77 L	F	Tazlyn Davids	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
257	1:40.16 L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
258	1:41.09 L	F	Zoë Pierce	16	ESTR ECU	22/02/2025	EGA Lets Sprint Incorpor Gauteng Scho
259	1:41.59 L	F	Letlotlo Kgositlou	16	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024
260	1:43.64 L	F	Autumn Zwane	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
261	1:44.43 L	F	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024
262	1:46.60 L	F	Thea Vermaak	16	WELA LLD	11/10/2024	Otters Prestige Gala 2024
263	1:47.13 L	F	Carry Richards	16	CWBH NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
264	1:48.97 L	F	Ronita Exford	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
265	1:52.35 L	F	Botshelo Thompson	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
266	2:02.63 L	F	Mitchelle Khoza	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
267	2:03.02 L	F	Esethu Mabula	16	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials
268	2:14.58 L	F	Tshimologo Ramushu	16	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
269	2:52.13 L	F	Joeline Fourie	16	ESS EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 200 Free							
1	2:03.69 L	F	Jaime Mote	16	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:04.32 L	F	Scarlett Le Roux	16	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
3	2:08.33 L	F	Emily Palmer	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
4	2:08.44 L	P	Katherine Williams	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
5	2:09.07 L	P	Lara Gouws	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
6	2:09.52 L	F	Ashley Scholtz	16	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
7*	2:12.04 L	P	Rachel Hinckley	16	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
7*	2:12.04 L	F	Karla Myburgh	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
9	2:12.35 L	P	Annebel Stewart	16	AZON ETH	25/04/2025	SA National Junior Age Grou-WCA 20

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	2:12.58 L	F	Mila Vd Linde	16	TUKS TSH	13/12/2024	NMBA Championships 2024
11	2:12.59 L	F	Gizelle Maritz	16	WATR JHB	29/11/2024	CGA Championships 2024
12	2:13.23 L	P	Jana Swiegers	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
13	2:14.47 L	P	Rouxne Du Plessis	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
14	2:14.74 L	P	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
15	2:14.78 L	F	Kayla Gous	16	USC BUF	13/07/2024	1st A League Gala 2024
16	2:14.92 L	P	Jemma Pearse	16	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
17	2:15.67 L	F	Jana Vorster	16	TUKS TSH	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
18	2:15.89 L	P	Zandri Knoetze	16	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
19	2:17.02 L	P	Amy-Lee Jones	16	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
20	2:17.37 L	P	Ella Eldar	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
21	2:17.80 L	P	Kate-Lynn de Jager	16	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
22	2:18.07 L	P	Jesse-Leah Laderach	16	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
23	2:18.24 L	F	Kendra Begley	16	INFA NMA	13/07/2024	1st A League Gala 2024
24	2:18.32 L	P	Chanel Veldsman	16	TUKS TSH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
25	2:18.39 L	P	Kiara Banks	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
26	2:18.41 L	F	Grace Powell	16	CSC TSH	22/02/2025	EGA Lets Sprint Incomp Gauteng Schor
27	2:18.76 L	P	Gemma Goncalves	16	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
28	2:18.89 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
29	2:18.93 L	F	Mareze Frylinck	16	BLSS MAN	04/12/2024	Free State Champs 2024
30	2:19.10 L	F	Madison du Plessis	16	BLOT MAN	04/12/2024	Free State Champs 2024
31	2:19.14 L	P	Leah Scott	16	BLUO UGD	25/04/2025	SA National Junior Age Grou-WCA 20
32	2:19.16 L	P	Juliette van Vught	16	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
33	2:19.41 L	F	Araya de Waal	16	PGAC ECU	10/01/2025	2024 Grand Prix Invitation Swimming I
34	2:19.83 L	P	Corli Liversage	16	BLSS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
35	2:19.97 L	F	Daniëlla Müller	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
36	2:20.51 L	F	Karmen Van Rensburg	16	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
37	2:20.56 L	F	Mikayla Lombard	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
38	2:20.68 L	F	Donne Bruyns	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
39	2:20.74 L	F	Danielle Cronjé	16	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET
40	2:20.91 L	F	Marlene Ward	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
41	2:21.12 L	P	Tafadzwa Chandiwana	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
42	2:21.50 L	P	Kelly Stork	16	BAS ECU	25/04/2025	SA National Junior Age Grou-WCA 20
43	2:21.54 L	F	Emily Liebenberg	16	ASAW CED	09/11/2024	Swartland Prestige Gala 2024
44	2:21.63 L	P	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
45	2:21.82 L	P	Tanatswa Chandiwana	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
46	2:21.83 L	P	Danika Van Zyl	16	FRA KCD	25/04/2025	SA National Junior Age Grou-WCA 20
47	2:21.91 L	F	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
48	2:21.94 L	P	Shanna-Leigh Zeelie	16	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
49	2:22.30 L	P	Gianna Collard	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
50	2:22.74 L	P	Kayleigh Hahn	16	FISH EDD	05/12/2024	Western Cape LC-A Championship 20
51	2:22.76 L S	P	Chloe Olivier	16	CA ECU	05/12/2024	EGA Summer Championships
52	2:23.41 L	F	Jaime Roome	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
53	2:23.64 L	P	Danielle Harbron	16	BLOT MAN	04/12/2024	Free State Champs 2024
54	2:23.70 L	F	Madisynn Elliott	16	AA JHB	20/11/2024	Crusaders Night Gala 1
55	2:24.07 L	P	Savannah Mosterd	16	WCS	05/04/2025	SA Schools Swimming Championship
56	2:24.13 L	P	Hannah Burke	16	SLAQ CPT	05/12/2024	Western Cape LC-A Championship 20
57	2:24.55 L	F	Maria Steyn	16	BLSS MAN	13/09/2024	Pelicans Age Group Gala
58	x2:24.58 L	F	Savannah Mostert	16	QSAW CED	08/02/2025	WCA-B Champs - 2025
59	2:24.66 L	F	Antonella Del Fabbro	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
60	2:24.88 L	F	Rii Spoelstra	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
61	2:25.50 L	P	Jessica Sardinha	16	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
62	2:25.57 L	F	Amy O'Connor	16	CRSC JHB	20/11/2024	Crusaders Night Gala 1
63	2:25.58 L	F	Tyra Penn	16	WATR JHB	31/01/2025	Infinity Gala 2025
64	2:26.10 L	F	Jodi Boettger	16	USC BUF	13/07/2024	1st A League Gala 2024
65	2:26.11 L	F	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
66	2:26.18 L	F	Simone Cussons	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
67	2:26.25 L	P	Elizabet Victor	16	MPS NGD	05/04/2025	SA Schools Swimming Championship
68	2:26.27 L S	F	Anastasia Sequeira	16	CA ECU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
69	2:26.28 L	P	Carine Röntgen	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
70	2:26.41 L	F	René Kotzé	16	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
71	2:26.60 L	F	Rebecca White	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
72	2:26.82 L	P	Zine Mostert	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
73	2:26.94 L	P	Mia Wellsted	16	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
74	2:27.35 L	F	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024
75	2:27.42 L	P	Keira Holland	16	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
76	2:27.66 L	F	Hannah Sandilands	16	PGAC EKU	18/01/2025	EGA Summer 5
77	2:27.79 L	F	Abigail Pieterse	16	INFA NMA	15/06/2024	PEA Winter Gala 2024
78	2:28.01 L	F	Yvonne Pretorius	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
79	2:28.08 L	F	Tayla Dowie	16	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
80	2:28.10 L	P	Skyla Perumal	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
81	2:28.22 L	F	Jaime Maritz	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
82*	2:28.28 L	F	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT
82*	2:28.28 L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
84	2:29.01 L	P	Zianè Jantzen	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20
85	2:29.62 L	F	Mea Harding	BR	VASA EKU	01/02/2025	EGA Last Chance Gala
86	2:29.64 L	F	Katelyn Fourie	16	CA EKU	15/11/2024	Summer 4 Delville
87	2:30.11 L	F	Kaylie Groenewald	16	ACAAQ CCD	29/11/2024	Limpopo Champs 2024
88	2:30.17 L S	F	Mia Vd Merwe	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
89	2:30.33 L	P	Catherine O'Grady	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
90	2:30.51 L	P	Caitlyn Dube	16	RSA	19/06/2024	BRICS Games Swimming 2024 Russia
91	2:30.77 L	F	Emma Neethling	16	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schoc
92	2:30.81 L	P	Kelci Leech	16	BLSS MAN	04/12/2024	Free State Champs 2024
93	2:31.20 L	P	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
94	2:31.28 L	P	Kayla Vosloo	16	BLOT MAN	04/12/2024	Free State Champs 2024
95	2:31.40 L	F	Keera De Esclana	16	VRC TSH	18/10/2024	NTS Level 3+ October Age Group 202
96	2:31.95 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan
97	2:32.02 L	P	Chrisley Barnard	16	BS LLD	20/03/2025	SA Level 3 Champs 2025-NT
98	2:32.03 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
99	2:32.41 L	F	Georgia Gouws	16	PEAS NMA	05/10/2024	4th A League Gala 2024
100	2:32.42 L	F	Lumka Ntaka	16	UMSH ETH	08/03/2025	Invitational Meet 2025
101	2:32.43 L	P	Hannah Schreuder	16	SAAW CPT	05/12/2024	Western Cape LC-A Championship 20
102	2:32.87 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
103	2:33.20 L	P	Georgia Alston	16	SASE JHB	29/11/2024	CGA Championships 2024
104	2:33.27 L	P	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
105	2:33.34 L	F	Milri-Ann Summerton	16	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
106	2:33.55 L	F	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
107	2:33.65 L	P	Johané Jv Rensburg	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
108	2:33.78 L	F	Erin Joubert	16	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
109	2:33.86 L	P	Janca Hattingh	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
110	2:34.03 L	P	Sienna Lombard	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
111	2:34.09 L	F	Jordan Wessels	16	ASA ILD	07/12/2024	Stingrays Champs 2024
112	2:34.40 L	F	Kate-Lynn Kruger	16	DESA NMA	15/06/2024	PEA Winter Gala 2024
113	2:34.67 L	P	Christi Serfontein	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
114	2:34.78 L	F	Chrystil Raymond	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
115	2:34.95 L	F	Katia Jacob	16	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
116	2:35.10 L	F	Cassandra Sophocleous	16	CA EKU	15/11/2024	Summer 4 Delville
117	2:35.17 L	P	Kemantha Ayair	16	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
118	2:35.26 L	P	Lerize Du Toit	16	ACAAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
119	2:35.31 L	F	Vera Chen	16	BLSS MAN	02/07/2024	Prestige Tournament 2024
120	2:35.33 L	F	Miela Smit	16	AQUA BUF	22/02/2025	Eastern Cape School Provincial Trials
121	2:35.43 L	F	Anri Van Der Westhuizen	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
122	2:35.62 L	P	Hannah Naidoo	16	BEAV ETH	26/03/2025	SA Level 3 Regional Age Group Chan
123	2:35.82 L	F	Jessica Smith	16	ASA ILD	14/06/2024	AQZ Winter Warmer 2024
124	2:35.83 L	F	Tehl-Cadi Day Garden	16	ACSA ETH	02/07/2024	Prestige Tournament 2024
125	2:35.84 L S	F	Maya McCollum	16	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
126	2:36.25 L S	P	Sunny Huang	16	CA EKU	05/12/2024	EGA Summer Championships
127	2:36.73 L	F	Mia De Klerk	16	CSA EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
128	2:36.86 L	P	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan
129	2:37.23 L	F	Katey Nel	16	SOUL EKU	15/11/2024	Summer 4 Delville
130	2:37.29 L	F	Stacey Fisher	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
131	2:37.46 L	F	Chloe Petersen	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
132	2:37.91 L	F	Anne Marais	16	TKS WBD	29/11/2024	Limpopo Champs 2024
133	2:38.18 L	F	Deoné Borstlap	16	POTC KKD	07/12/2024	NWS Championships 2024
134*	2:38.25 L	F	Jessica Carver	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
134*	2:38.25 L	F	Leah Crozier	16	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
136	2:38.47 L	F	Chloe Jewell	16	PEAS NMA	31/01/2025	Infinity Gala 2025
137	2:38.61 L	F	Anè Kemp	16	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Cham
138	2:38.65 L	P	Emma Lategan	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
139	2:38.70 L	F	Caitlin Scheepers	16	VINE CPT	08/02/2025	WCA-B Champs - 2025
140*	2:38.93 L	F	Emma Barnard	16	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
140*	2:38.93 L	P	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
142	2:39.00 L	F	Anneke Stassen	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
143	2:39.19 L	P	Ilanze du Plessis	16	BLSS MAN	04/12/2024	Free State Champs 2024
144	2:39.59 L	F	Ayanke Stander	16	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
145	2:39.77 L	P	Zoe Kruger	16	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
146	2:40.13 L	P	Gaby Bishop	16	BETH FDD	04/12/2024	Free State Champs 2024
147	2:40.32 L	F	Emily Tsai	16	BLMA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
148	2:40.36 L	F	Rienke Blignaut	16	BLSS MAN	14/02/2025	Neptune Last Chance Gala
149	2:40.60 L	P	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
150	2:40.73 L	F	Jemma Park	16	CRSC JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
151	2:41.09 L	F	Maya Ndegwa	16	ELEC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
152	2:41.23 L	F	Carne Louw	16	TASC MPD	09/11/2024	Limpopo Age Group 5
153	2:41.31 L	F	Esther Sauls	16	PGAC EKU	01/02/2025	EGA Last Chance Gala
154	2:41.93 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
155	2:42.05 L	P	Zadie Van Wyk	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
156	2:43.16 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
157	2:43.19 L	F	Anne Steyl	16	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
158	2:43.49 L S	P	Mariel van der Net	16	JAQ EKU	05/12/2024	EGA Summer Championships
159	2:43.60 L	F	Gabriella Oaten	16	SFSC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
160	2:43.94 L S	P	Andria Le Roux	16	JAQ EKU	05/12/2024	EGA Summer Championships
161	2:43.96 L	P	Kaylin Bezuidenhoud	16	BLOT MAN	04/12/2024	Free State Champs 2024
162	2:43.97 L	F	Danielle Van Vuuren	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
163	2:44.21 L	F	Emma Davies	16	MAKO EKU	01/02/2025	EGA Last Chance Gala
164	2:44.25 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
165	2:44.44 L	P	Alexandra Santos	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
166	2:44.48 L	F	Bianke Von Schlichting	16	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
167	2:44.83 L	F	Imaan Velloo	16	MANT CPT	08/02/2025	WCA-B Champs - 2025
168	2:44.89 L	F	Maria Dos Santos	16	MCS BP	28/02/2025	NW School Championships 2025
169	2:45.03 L	F	Hannah van der Veen	16	AQUA BUF	02/11/2024	BCA November Age Group Gala 2024
170	2:45.49 L	P	Jorja Parsons	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
171	2:46.12 L	F	Chanè Grobbelaar	16	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
172	2:46.46 L	F	Riley Koegelenberg	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
173	2:46.87 L	F	Ashley Seymour	16	WELA LLD	25/10/2024	Neptunes Gala
174	2:46.94 L	F	Amelie Van der Merwe	16	RFA TSH	13/09/2024	NTS September Age Group 2024
175	2:47.37 L	F	Elrike du Plessis	16	HSB BP	28/02/2025	NW School Championships 2025
176	2:47.40 L	F	Storme Badenhorst	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
177	2:47.93 L S	F	Gabriella Kirsten	16	QSAW CED	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
178	2:48.34 L	F	Nicole Norman	16	BAS EKU	27/03/2025	SA Level 2 Champs 2025 EGA
179	2:49.22 L	F	Jessica Bosman	16	QUIC CPT	08/02/2025	WCA-B Champs - 2025
180	2:49.72 L	F	Ivana Vyncke	16	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
181	2:50.52 L	P	Minette Els	16	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Cham
182	2:50.55 L	F	Danelle Dry	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
183	2:50.96 L	P	Tarryn Barnes	16	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
184	2:51.37 L	F	Anmi Slabbert	16	PAQU CED	28/03/2025	SA Level 2 Regional Age Group Cham
185	2:51.51 L	F	Emma Thompson	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
186	2:51.85 L	F	Keira Taylor	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
187	2:52.52 L S	F	Mia Crookham	16	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
188	2:52.53 L	P	Sadie Jelley	16	RFA TSH	07/12/2024	NWS Championships 2024
189	2:52.64 L	F	Camryn Shaw	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
190	2:52.92 L	P	Paris Shiwundlana	16	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT
191	2:52.97 L	F	Eva-Bella Bonomi	16	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 20
192	2:53.41 L	F	Tenè Louw	16	SFSC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
193	2:53.57 L	P	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
194	2:54.13 L	P	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
195	2:54.27 L	F	Naseerah Vd Merwe	16	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
196	2:57.80 L S	F	Alea Du Toit	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
197	2:58.92 L	F	Thandolwenkosi Mabaso	16	FRA KCD	26/10/2024	Froggies Aquatics Championships 202
198	3:01.81 L	F	Gabriella Carminati	16	AFIN JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
199	3:03.77 L	F	Helena Van Vuuren	16	KALA	05/10/2024	FLAMINGO GALA OCT 2024
200	3:05.35 L S	P	Kholofelo Seabi	16	SWIFT EKU	05/12/2024	EGA Summer Championships
201	3:05.82 L	P	Tatiana Ioannides	16	BLSS MAN	04/12/2024	Free State Champs 2024
202	3:07.22 L	F	Veera Khusal	16	MAKO EKU	01/02/2025	EGA Last Chance Gala
203	3:07.34 L	F	Ebenette Van Niekerk	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
204*	3:12.35 L	F	Richelle Rothmann	16	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
204*	3:12.35 L	F	Angelina Valle	16	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
206	3:14.52 L	F	Micke de Jager	16	VHD ZLD	23/11/2024	KCDA Age Group Gala 3
207	3:14.79 L	F	Hannah Coert	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
208	3:14.99 L	F	Chelsea Snyman	16	SS MPD	29/11/2024	Limpopo Champs 2024
209	3:27.93 L	F	Anel Verster	16	RFA TSH	01/02/2025	EGA Last Chance Gala
210	3:29.99 L S	F	Safiya Ismail	16	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
211	3:30.45 L	F	Simoné Bronkhorst	16	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
212	3:31.15 L S	F	Autumn Zwane	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
213	3:31.39 L	F	Beané du Plessis	16	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
214	3:43.05 L S	F	Naseerah Du Toit	16	UWCA CPT	05/12/2024	Western Cape LC-A Championship 20
215	3:50.97 L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
216	3:51.34 L	F	Letlotlo Kgositlou	16	STEL RM	28/02/2025	NW School Championships 2025
217	3:53.85 L	F	Lwazi Mqeke	16	WELA LLD	11/10/2024	Otters Prestige Gala 2024
218	3:59.43 L	F	Thea Vermaak	16	WELA LLD	31/08/2024	Seals Gala
219	4:02.19 L	F	Zoë Pierce	16	ESTR EKU	01/02/2025	EGA Last Chance Gala
220	4:04.80 L	F	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024
Women 400 Free							
1	4:23.51 L S	F	Scarlett Le Roux	16	AGA EKU	09/04/2025	SA National Aquatic SNR-Champ 202
2	4:33.17 L	F	Jaime Mote	16	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
3	4:33.30 L	F	Karla Myburgh	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
4	4:37.94 L	F	Rachel Hinckley	16	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
5	4:37.96 L	F	Annebel Stewart	16	AZON ETH	25/04/2025	SA National Junior Age Grou-WCA 20
6	4:40.83 L	F	Ashley Scholtz	16	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
7	4:41.08 L	F	Katherine Williams	16	MDOL JHB	05/05/2024	SESE LC Champs 2024
8	4:45.69 L	F	Kiara Banks	16	TUKS TSH	13/12/2024	NMBA Championships 2024
9	4:48.01 L	F	Kate-Lynn de Jager	16	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
10	4:52.96 L	F	Madison du Plessis	16	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
11	4:53.01 L	F	Gemma Goncalves	16	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
12	4:53.57 L	F	Donne Bruyns	16	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA 20
13	4:54.73 L	F	Daniëlla Müller	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
14	4:55.06 L	F	Jana Swiegers	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
15	4:55.16 L	F	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
16	4:56.70 L	F	Araya de Waal	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
17	4:56.79 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
18	4:56.82 L	F	Robyn Barbour	16	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
19	4:58.18 L	F	Mareze Frylinck	16	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
20	4:59.19 L	F	Ella Eldar	16	TUKS TSH	29/11/2024	CGA Championships 2024
21	4:59.94 L	F	Danielle Harbron	16	BLOT MAN	20/03/2025	SA Level 3 Champs 2025-NT
22	5:00.34 L	F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024
23	5:01.06 L	F	Lara Gouws	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
24	5:01.99 L	F	Kelly Stork	16	BAS EKU	01/02/2025	EGA Last Chance Gala

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
25	5:02.72 L	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024	
26	5:02.79 L	F	Emily Liebenberg	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20	
27	5:04.80 L	F	Stacey Smith	16	GAUS	05/04/2025	SA Schools Swimming Championship	
28	5:06.07 L	F	Kayleigh Hahn	16	FISH EDD	05/12/2024	Western Cape LC-A Championship 20	
29	5:06.21 L	F	Hannah Burke	16	SLAQ CPT	05/12/2024	Western Cape LC-A Championship 20	
30	5:06.98 L	F	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
31	5:07.07 L	F	Rii Spoelstra	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
32	5:08.45 L	F	Jaime Roome	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
33	5:08.81 L	F	Amy-Lee Jones	16	CA ECU	01/02/2025	EGA Last Chance Gala	
34	5:08.83 L	F	Madisynn Elliott	16	AA JHB	29/11/2024	CGA Championships 2024	
35	5:09.36 L	F	Chloe Jewell	16	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group Chan	
36	5:09.56 L	F	René Kotzé	16	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024	
37	5:10.19 L	F	Carine Röntgen	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20	
38	5:10.34 L	F	Anastasia Sequeira	16	CA ECU	05/12/2024	EGA Summer Championships	
39	5:10.75 L	F	Mikayla Lombard	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
40	5:10.80 L	F	Keira Holland	16	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
41	5:12.82 L	F	Yvonne Pretorius	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT	
42	5:13.15 L	F	Marlene Ward	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
43	5:13.46 L	F	Lumka Ntaka	16	UMSH ETH	26/03/2025	SA Level 3 Regional Age Group Chan	
44	5:14.01 L	F	Caitlyn Dube	16	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I	
45	5:14.35 L	F	Jodi Boettger	16	USC BUF	22/11/2024	BCA Long Course Championships 202	
46	5:14.42 L	F	Grace Powell	16	GAUS	05/04/2025	SA Schools Swimming Championship	
47	5:14.61 L	F	Tayla Dowie	16	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT	
48	5:14.84 L	F	Simone Cussons	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
49	5:16.24 L	F	Karmen Van Rensburg	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
50	5:16.88 L	F	Juliette van Vught	16	SASE JHB	29/11/2024	CGA Championships 2024	
51	5:18.45 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan	
52	5:20.20 L	F	Mea Harding	BR	VASA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
53	5:20.70 L	F	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan	
54	5:21.67 L	F	Mia Wellsted	16	CRSC JHB	29/11/2024	CGA Championships 2024	
55	5:22.33 L	F	Catherine O'Grady	16	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF	
56	5:22.73 L	F	Emma Neethling	16	FISH EDD	30/11/2024	Eden LC Champs 2024	
57	5:23.77 L	F	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024	
58	5:23.98 L	F	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT	
59	5:24.66 L	F	Chanel Veldsman	16	PSCP UMD	15/06/2024	PEA Winter Gala 2024	
60	5:24.74 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024	
61	5:25.34 L	F	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT	
62	5:25.58 L	F	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT	
63	5:26.15 L	F	Chrystil Raymond	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	
64	5:26.19 L	F	Miela Smit	16	SHS KK	08/02/2025	BCSA High School Trials 2025	
65	5:28.43 L	F	Jessica Bosman	16	QUIC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
66	5:28.44 L	F	Lerize Du Toit	16	ACAC CCD	29/11/2024	Limpopo Champs 2024	
67	5:28.64 L	F	Maya McCollum	16	AQDO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
68	5:30.03 L	F	Janca Hattingh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
69	5:30.55 L	F	Izabella Alevras	16	CRSC JHB	29/11/2024	CGA Championships 2024	
70	5:31.29 L	F	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024	
71	5:31.66 L	F	Vera Chen	16	BLSS MAN	04/12/2024	Free State Champs 2024	
72	5:33.68 L	F	Leah Crozier	16	FAAC	06/12/2024	NCASA CHAMPS 2024	
73	5:33.99 L	F	Hannah Naidoo	16	BEAV ETH	26/03/2025	SA Level 3 Regional Age Group Chan	
74	5:35.40 L	F	Kuzingca Siramza	16	SHS KK	08/02/2025	BCSA High School Trials 2025	
75	5:39.35 L	F	Johané Jv Rensburg	16	TUKS TSH	13/09/2024	NTS September Age Group 2024	
76	5:39.59 L	F	Deoné Borstlap	16	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024	
77	5:42.64 L	F	Sunny Huang	16	CA ECU	05/12/2024	EGA Summer Championships	
78	5:47.24 L	F	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024	
79	5:47.79 L	F	Gabriella Oaten	16	SFSC CPT	08/02/2025	WCA-B Champs - 2025	
80	5:48.25 L	F	Anne Steyl	16	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024	
81	5:48.63 L	F	Imaan Velloo	16	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
82	5:49.13 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
83	5:50.01 L	F	Kate Allwood	16	ASAC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
84	5:50.36 L	F	Mariel van der Net	16	JAQ EKU	26/10/2024	Summer 3 Delville
85	5:51.59 L	F	Ivana Vyncke	16	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
86	5:52.90 L	F	Maria Dos Santos	16	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
87	5:54.10 L	F	Carme Louw	16	TASC MPD	09/11/2024	Limpopo Age Group 5
88	5:55.05 L	F	Emma Davies	16	MAKO EKU	29/11/2024	CGA Championships 2024
89	5:57.34 L	F	Bianke Von Schlichting	16	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
90	5:58.48 L	F	Danika Van Zyl	16	FRA KCD	25/01/2025	uShaka Champs 2025
91	6:01.56 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
92	6:04.21 L	F	Sinoah Pretorius	16	HPS TSH	13/09/2024	NTS September Age Group 2024
93	6:04.25 L	F	Paula Van Zyl	16	VARC NMA	06/09/2024	USSA Swimming
94	6:05.16 L	F	Storme Badenhorst	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
95	6:08.36 L	F	Andria Le Roux	16	JAQ EKU	26/10/2024	Summer 3 Delville
96	6:08.89 L	F	Sadie Jelley	16	RFA TSH	07/12/2024	NWS Championships 2024
97	6:17.85 L	F	Alea Du Toit	16	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
98	6:27.98 L	F	Shay-Leigh Pieters	16	HURAQ CPT	09/11/2024	Swartland Prestige Gala 2024
99	6:33.35 L	F	Victoria-Ann Anthony	16	MAKO EKU	26/10/2024	Summer 3 Delville
100	6:38.95 L	F	Helena Van Vuuren	16	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
101	6:44.32 L	F	Veera Khusal	16	MAKO EKU	26/10/2024	Summer 3 Delville
Women 500 Free							
1	11:26.22 L	O	Safiya Ismail	16	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra Fou
Women 800 Free							
1	9:09.35 L	F	Scarlett Le Roux	16	RSA	30/04/2025	16th Africa Aquatics Junior Swimming
2	9:39.57 L	F	Karla Myburgh	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
3	9:44.02 L	F	Kiara Banks	16	TUKS TSH	13/12/2024	NMBA Championships 2024
4	9:48.85 L	F	Jana Swiegers	16	TUKS TSH	13/12/2024	NMBA Championships 2024
5	9:49.07 L	F	Rachel Hinckley	16	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
6	9:50.59 L	F	Kate-Lynn de Jager	16	BLOT MAN	04/12/2024	Free State Champs 2024
7	9:55.33 L	F	Annebel Stewart	16	AZON ETH	02/07/2024	Prestige Tournament 2024
8	10:03.93 L	F	Gemma Goncalves	16	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
9	10:07.35 L	F	Daniëlla Müller	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
10	10:13.71 L	F	Donne Bruyns	16	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA 20
11	10:19.87 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	05/12/2024	Western Cape LC-A Championship 20
12	10:20.10 L	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024
13	10:21.11 L	F	Kelly Stork	16	BAS EKU	25/04/2025	SA National Junior Age Grou-WCA 20
14	10:21.82 L	F	Madison du Plessis	16	BLOT MAN	14/02/2025	Neptune Last Chance Gala
15	10:27.13 L	F	Robyn Barbour	16	MDOL JHB	29/11/2024	CGA Championships 2024
16	10:33.42 L	F	Kayleigh Hahn	16	FISH EDD	17/08/2024	Madibaz Swim Meet 2024
17	10:40.62 L	F	Madisynn Elliott	16	AA JHB	29/11/2024	CGA Championships 2024
18	10:42.25 L	F	Anastasia Sequeira	16	CA EKU	05/12/2024	EGA Summer Championships
19	10:42.97 L	F	Rii Spoelstra	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
20	10:43.18 L	F	René Kotzé	16	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
21	10:48.29 L	F	Kayla Gous	16	USC BUF	22/11/2024	BCA Long Course Championships 202
22	10:51.08 L	F	Carine Röntgen	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
23	10:55.32 L	F	Sian Kleynhans	16	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
24	10:59.69 L	F	Hannah Burke	16	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
25	10:59.86 L	F	Emma Neethling	16	FISH EDD	30/11/2024	Eden LC Champs 2024
26	11:01.94 L	F	Simone Cussons	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
27	11:05.87 L	F	Yvonne Pretorius	16	MSC NGD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
28	11:09.00 L	F	Miela Smit	16	AQUA BUF	02/11/2024	BCA November Age Group Gala 2024
29	11:14.53 L	F	Lerize Du Toit	16	ACAA CCD	29/11/2024	Limpopo Champs 2024
30	11:14.65 L	F	Leila Yazbek	16	BLNE MAN	25/10/2024	Neptunes Gala
31	11:15.74 L	F	Shyenne Laubscher	16	WELA LLD	14/02/2025	Neptune Last Chance Gala
32	11:20.48 L	F	Maria Tselentis	16	OHAN ILD	25/01/2025	uShaka Champs 2025
33	11:28.64 L	F	Janca Hattingh	16	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
34	11:31.34 L	F	Leah Crozier	16	FAAC	06/12/2024	NCASA CHAMPS 2024
35	11:43.51 L	F	Maya McCollum	16	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
36	11:45.88 L	F	Maria Dos Santos	16	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
37	11:49.29 L	F	Mariel van der Net	16	JAQ EKU	26/10/2024	Summer 3 Delville

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
38	11:53.50 L		F	Vera Chen	16	BLSS MAN	31/08/2024 Seals Gala
39	11:55.62 L		F	Deoné Borstlap	16	POTC KKD	09/11/2024 NWS Age Group 1 & 2 2024
40	11:58.52 L		F	Chrisley Barnard	16	BS LLD	25/10/2024 Neptunes Gala
41	12:10.56 L		F	Andria Le Roux	16	JAQ ECU	26/10/2024 Summer 3 Delville
42	12:21.61 L		F	Emma Davies	16	MAKO ECU	02/07/2024 Prestige Tournament 2024
43	12:52.28 L		F	Anne Steyl	16	UPSK ZMD	06/12/2024 NCASA CHAMPS 2024
44	12:53.69 L		F	Gaby Bishop	16	BETH FDD	31/08/2024 Seals Gala
45	13:38.59 L		F	Shay-Leigh Pieters	16	HURAQ CPT	09/11/2024 Swartland Prestige Gala 2024
46	14:09.21 L		F	Thandolwenkosi Mabaso	16	FRA KCD	02/07/2024 Prestige Tournament 2024
Women 1500 Free							
1	17:41.35 L		F	Scarlett Le Roux	16	RSA	30/04/2025 16th Africa Aquatics Junior Swimming
2	18:46.88 L		F	Rachel Hinckley	16	CA ECU	05/12/2024 EGA Summer Championships
3	18:55.58 L		F	Kiara Banks	16	TUKS TSH	13/12/2024 NMBA Championships 2024
4	18:59.89 L		F	Kate-Lynn de Jager	16	BLOT MAN	02/11/2024 Heidedal
5	19:12.52 L		F	Madison du Plessis	16	BLOT MAN	25/10/2024 Neptunes Gala
6	19:26.44 L		F	Donne Bruyns	16	CSA EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
7	19:31.92 L		F	Daniëlla Müller	16	TUKS TSH	05/12/2024 EGA Summer Championships
8	19:42.69 L S		F	Maria Steyn	16	BLSS MAN	04/12/2024 Free State Champs 2024
9	19:46.49 L		F	Kelly Stork	16	BAS ECU	05/12/2024 EGA Summer Championships
10	20:08.89 L		F	Mareze Frylinck	16	BLSS MAN	27/09/2024 Seals Gala 2
11	20:16.19 L		F	Kayleigh Hahn	16	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schor
12	20:25.10 L		F	Mikayla Lombard	16	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 202
13	21:05.55 L		F	Simone Cussons	16	UNI EZD	29/11/2024 Mpumalanga Championships 2024
14	21:13.44 L		F	Tayla Dowie	16	QUES JHB	15/02/2025 CGA Summer Gala #6 Level 2+ 15 Fe
15	21:15.66 L		F	Jessica Sardinha	16	CA ECU	15/11/2024 Summer 4 Delville
16	21:26.36 L		F	Shanna-Leigh Zeelie	16	BLMA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
17	21:43.20 L		F	Sian Kleynhans	16	FISH EDD	15/06/2024 PEA Winter Gala 2024
18	22:04.00 L		F	Maria Tselentis	16	OHAN ILD	30/11/2024 KZN Open Water Champs 2024
19	22:07.20 L		T	Leah Crozier	16	FAAC	06/12/2024 NCASA CHAMPS 2024
20	22:20.00 L		O	Jade O'Connor	16	TUKS TSH	18/01/2025 Prime View #3 2025
21	22:29.00 L		F	Danika Van Zyl	16	FRA KCD	30/11/2024 KZN Open Water Champs 2024
22	22:29.07 L		F	Katia Jacob	16	RACE JHB	29/11/2024 CGA Championships 2024
23	22:32.01 L		F	Shyenne Laubscher	16	WELA LLD	27/09/2024 Seals Gala 2
24	23:03.77 L		F	Emma Davies	16	MAKO ECU	15/11/2024 Summer 4 Delville
25	23:11.61 L		F	Deoné Borstlap	16	POTC KKD	07/12/2024 NWS Championships 2024
26	23:49.00 L		O	Gaby Bishop	16	BETH FDD	19/01/2025 NMBA OWS Championships 2025
27	24:25.59 L		F	Anne Steyl	16	UPSK ZMD	06/12/2024 NCASA CHAMPS 2024
28	25:39.00 L		O	Madisynn Elliott	16	AA JHB	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
29	25:39.03 L		O	Reese Edwards	16	SSISA CPT	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
30	25:50.00 L		O	Keira Holland	16	CRSC JHB	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
31	25:52.90 L		O	Izolde Lombard	16	ASAC CPT	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
32	27:08.00 L		O	Keera De Esclana	16	VRC TSH	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
33	27:11.00 L		O	Megan Van den Heever	16	UNIU EZD	02/02/2025 MPUMALANGA OPEN WATER 2 FEB
34	27:27.12 L		O	Mianè Steyn	16	BLMA CPT	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
35	30:15.00 L		O	Lore Snyckers	16	GAU JHB	20/10/2024 Manyaka OW Sprint 2024
36	30:30.00 L		O	Gabriella Carminati	16	AFIN JHB	18/01/2025 Prime View #3 2025
Women 3000 Free							
1	44.42 L		F	Kailey Joubert	16	AZON ETH	24/11/2024 Capital K 3km Open Water Swim
2	52.51 L		F	Danika Van Zyl	16	FRA KCD	24/11/2024 Capital K 3km Open Water Swim
3	55.40 L		F	Hannah Naidoo	16	BEAV ETH	24/11/2024 Capital K 3km Open Water Swim
4	40:02.00 L		O	Kiara Banks	16	TUKS TSH	18/01/2025 Prime View #3 2025
5	40:47.00 L		O	Karla Myburgh	16	TUKS TSH	20/10/2024 Manyaka OW Sprint 2024
6	41:53.39 L		O	Kelly Stork	16	AGA ECU	07/03/2025 SA National OWS Championship 2025
7	43:44.59 L		O	Shanna-Leigh Zeelie	16	BLMA CPT	23/11/2024 Aqua Azzurra Foundation OWS - Serie
8	44:09.31 L		O	Donne Bruyns	16	MP EZD	07/03/2025 SA National OWS Championship 2025
9	44:10.00 L		F	Maria Tselentis	16	OHAN ILD	30/11/2024 KZN Open Water Champs 2024
10	44:43.66 L		O	Jessica Sardinha	16	AGA ECU	07/03/2025 SA National OWS Championship 2025
11	44:48.92 L		O	Emma Rossouw	16	WCA CPT	07/03/2025 SA National OWS Championship 2025

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
12	44:49.70 L		O	Jade O'Connor	16	AGC TSH	07/03/2025 SA National OWS Championship 2025
13	44:55.97 L		O	Tayla Dowie	16	AGB JHB	07/03/2025 SA National OWS Championship 2025
14	45:15.96 L		O	Simone Cussons	16	UNI EZD	13/10/2024 MPUMALANGA OPEN WATER 1 - 13
15	45:38.00 L		O	Tyra Penn	16	WATR JHB	02/11/2024 Prime View #1
16	46:14.92 L		O	Wilmien Verbeek	16	WCA CPT	07/03/2025 SA National OWS Championship 2025
17	47:41.00 L		O	Madisynn Elliott	16	AA JHB	07/12/2024 Prime View #2
18	48:02.00 L		O	Gaby Bishop	16	BETH FDD	19/01/2025 NMBA OWS Championships 2025
19	50:04.35 L		O	Miela Smit	16	ECA BUF	07/03/2025 SA National OWS Championship 2025
20	50:26.63 L		O	Emily Tsai	16	BLMA CPT	23/11/2024 Aqua Azzurra Foundation OWS - Serie
21	50:32.39 L		O	Maya McCollum	16	AQDO CPT	23/11/2024 Aqua Azzurra Foundation OWS - Serie
22	50:51.62 L		O	Catherine O'Grady	16	MSC NGD	03/11/2024 MPUMALANGA OPEN WATER 2- 3 N
23	51:19.00 L		O	Keira Holland	16	CRSC JHB	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
24	53:23.00 L		O	Katia Jacob	16	RACE JHB	02/11/2024 Prime View #1
25	55:04.00 L		O	Keera De Esclana	16	VRC TSH	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
26	1:01:52.00 L		O	Gabriella Carminati	16	AFIN JHB	18/01/2025 WC OWS Champs / Aqua Azzurra Fou
Women 5000 Free							
1	1:06:47.00 L		O	Karla Myburgh	16	TUKS TSH	07/12/2024 Prime View #2
2	1:07:58.99 L		O	Kiara Banks	16	AGC TSH	07/03/2025 SA National OWS Championship 2025
3	1:08:01.00 L		O	Kailey Joubert	16	AZON ETH	26/10/2024 EDA Open Water 2
4	1:18:09.30 L		O	Wilmien Verbeek	16	WCA CPT	07/03/2025 SA National OWS Championship 2025
5	1:18:19.00 L		O	Kelly Stork	16	BAS ECU	02/11/2024 Prime View #1
6	1:21:52.73 L		O	Simone Cussons	16	UNI EZD	03/11/2024 MPUMALANGA OPEN WATER 2- 3 N
7	1:24:39.00 L		O	Miela Smit	16	AQUA BUF	08/12/2024 EC Swim Series OWS Round 2 2024
Women 7500 Free							
1	1:42:44.00 L		O	Kiara Banks	16	TUKS TSH	07/12/2024 Prime View #2
Women 50 Back							
1	30.09 L		P	Mila Vd Linde	16	AGC TSH	09/04/2025 SA National Aquatic SNR-Champ 202
2	30.50 L		F	Gizelle Maritz	16	WATR JHB	25/04/2025 SA National Junior Age Grou-WCA 20
3	30.99 L		F	Scarlett Le Roux	16	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
4	31.01 L		F	Katherine Williams	16	MDOL JHB	11/01/2025 County Speed Swimming Championsh
5	31.41 L		F	Kayla Gous	16	USC BUF	28/02/2025 2025 Grand Prix 2 Invitational Meet -N
6	31.45 L		F	Ava-Loren Van Galen	16	STAQ CED	05/12/2024 Western Cape LC-A Championship 20
7	31.74 L		F	Chloe Olivier	16	CA ECU	25/04/2025 SA National Junior Age Grou-WCA 20
8	31.76 L		F	Katelyn Fourie	16	TUKS TSH	25/04/2025 SA National Junior Age Grou-WCA 20
9	31.78 L		F	Anri Van Der Westhuizen	16	BLOT MAN	04/12/2024 Free State Champs 2024
10	31.87 L		P	Emily Macqueen	16	SEALE ETH	02/07/2024 Prestige Tournament 2024
11	31.89 L		P	Jana Swiegers	16	TUKS TSH	25/04/2025 SA National Junior Age Grou-WCA 20
12	32.02 L		F	Danielle Cronjé	16	LALE CED	05/12/2024 Western Cape LC-A Championship 20
13	32.16 L		F	Rouxne Du Plessis	16	TUKS TSH	25/04/2025 SA National Junior Age Grou-WCA 20
14	32.23 L		P	Leila Yazbek	16	BLNE MAN	25/04/2025 SA National Junior Age Grou-WCA 20
15	32.30 L		P	Ashley Scholtz	16	CA ECU	05/12/2024 EGA Summer Championships
16	32.39 L		F	Mikayla Lombard	16	TUKS TSH	22/02/2025 EGA Lets Sprint Incorp Gauteng Schoi
17	32.57 L		P	Amy Brown	16	KZNA ETH	09/04/2025 SA National Aquatic SNR-Champ 202
18	32.67 L		P	Amy Combrink	16	VINE CPT	05/12/2024 Western Cape LC-A Championship 20
19	32.70 L		P	Emma Lategan	16	CASC CPT	05/12/2024 Western Cape LC-A Championship 20
20	32.77 L		P	Jesse-Leah Laderach	16	ECA BUF	09/04/2025 SA National Aquatic SNR-Champ 202
21	32.90 L		F	Mari Wium	16	QSAW CED	05/12/2024 Western Cape LC-A Championship 20
22	33.28 L		F	Amy O'Connor	16	CRSC JHB	20/11/2024 Crusaders Night Gala 1
23	33.31 L		P	Kendra Begley	16	INFA NMA	15/06/2024 PEA Winter Gala 2024
24	33.34 L		P	Abigail Roberts	16	TUKS TSH	25/04/2025 SA National Junior Age Grou-WCA 20
25	33.55 L		F	Tanatswa Chandiwana	16	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
26	33.64 L		P	Ruth Dredge	16	AGC TSH	09/04/2025 SA National Aquatic SNR-Champ 202
27	33.76 L		F	Mareze Frylinck	16	BLSS MAN	04/12/2024 Free State Champs 2024
28	33.84 L		P	Kate-Lynn Kruger	16	DESA NMA	25/04/2025 SA National Junior Age Grou-WCA 20
29	33.88 L		F	Keira Taylor	16	TUKS TSH	22/02/2025 EGA Lets Sprint Incorp Gauteng Schoi
30*	33.92 L		F	Jaime Roome	16	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 202
30*	33.92 L		F	Kaylie Groenewald	16	ACAQ CCD	29/11/2024 Limpopo Champs 2024
32	33.94 L		F	Alexandra Santos	16	PSCP UMD	26/03/2025 SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
33	33.99 L	F	Lara Smith	16	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
34	34.08 L	P	Jemma Pearse	16	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
35	34.09 L	F	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
36	34.10 L	F	Zandri Knoetze	16	INFA NMA	31/01/2025	Infinity Gala 2025
37	34.12 L	F	Jaime Maritz	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
38	34.13 L	P	Alexandra Santos	16	KZNS	05/04/2025	SA Schools Swimming Championship
39	34.18 L	F	Emily Palmer	16	USC BUF	13/07/2024	1st A League Gala 2024
40	34.28 L	F	Stephanie Jurado	16	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
41	34.33 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
42	34.38 L	P	Danaleigh Swanepoel	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
43	34.44 L	P	Hannah Burke	16	SLAQ CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
44	34.46 L	P	Georgia Alston	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
45*	34.47 L	P	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
45*	34.47 L	F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024
47	34.49 L	F	Donne Bruyns	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
48	34.53 L S	F	Isabella Havemann	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
49	34.54 L	P	Jorja Parsons	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
50	34.57 L	F	Rebecca White	16	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
51	34.67 L	F	Natania Komakech	16	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
52	34.68 L	F	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
53	34.74 L	F	Araya de Waal	16	PGAC ECU	05/12/2024	EGA Summer Championships
54	34.76 L	F	Abigail Pieterse	16	INFA NMA	13/12/2024	NMBA Championships 2024
55	34.82 L	P	Caitlyn Dube	16	RSA	19/06/2024	BRICS Games Swimming 2024 Russia
56	35.00 L	F	Cassandra Sophocleous	16	CA ECU	05/12/2024	EGA Summer Championships
57*	35.15 L	F	Keira Holland	16	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
57*	35.15 L S	F	Zianè Jantzen	16	QUIC CPT	02/11/2024	CTA A & B CHAMPS 2024
59	35.16 L	P	Tafadzwa Chandiwana	16	MDOL JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
60	35.19 L	F	Paige Clarence	16	VINE CPT	09/11/2024	Swartland Prestige Gala 2024
61	35.26 L S	F	Milri-Ann Summerton	16	NWUC KKD	07/12/2024	NWS Championships 2024
62	35.30 L	P	Gabriella Otto	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
63	35.36 L	F	Amy-Lee Jones	16	CA ECU	26/10/2024	Summer 3 Delville
64	35.43 L	F	Kaylin Bezuidenhoud	16	RSA	04/10/2024	Curro AquaElite Gala
65	35.49 L	P	Stacey Smith	16	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
66*	35.52 L	F	Skyla Perumal	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
66*	35.52 L	F	Annebel Stewart	16	AZON ETH	02/07/2024	Prestige Tournament 2024
66*	35.52 L	P	Mia Wellsted	16	CRSC JHB	29/11/2024	CGA Championships 2024
69*	35.59 L	F	Tyra Penn	16	WATR JHB	31/01/2025	Infinity Gala 2025
69*	35.59 L	P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
71	35.60 L	F	Madison du Plessis	16	BLOT MAN	09/11/2024	Bull Sharks Gala
72	35.63 L	P	Kelci Leech	16	BLSS MAN	04/12/2024	Free State Champs 2024
73	35.81 L	F	Lily Ogden	16	PEAS NMA	17/10/2024	43rd Freda Barnard Invitational Gala
74	35.86 L	F	Anne Marais	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
75	35.93 L	P	Simone Cussons	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
76	36.03 L	F	Gaby Bishop	16	BETH FDD	26/03/2025	SA Level 3 Regional Age Group Chan
77	36.13 L	P	Anastasia Sequeira	16	CA ECU	05/12/2024	EGA Summer Championships
78	36.16 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
79	36.40 L	P	Kate-Lynn de Jager	16	BLOT MAN	04/12/2024	Free State Champs 2024
80	36.41 L	F	Jaimee Marais	16	ELRAS WBD	12/10/2024	Limpopo Age Group 4
81	36.43 L	F	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024
82	36.45 L	P	Mea Harding	BR	VASA ECU	20/03/2025	SA Level 3 Champs 2025-NT
83	36.50 L	F	Jordan Wessels	16	ASA ILD	25/01/2025	uShaka Champs 2025
84	36.65 L	F	Andria Le Roux	16	JAQ ECU	26/10/2024	Summer 3 Delville
85	36.67 L	F	Sandri Visser	16	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Chan
86	36.74 L	F	Georgia Gouws	16	PRIO NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
87	36.88 L	F	Ashley Seymour	16	WELA LLD	04/12/2024	Free State Champs 2024
88	36.92 L	F	Emma Neethling	16	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2
89	37.02 L	F	Catherine O'Grady	16	MSC NGD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
90	37.05 L	P	Judy Stevens	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20
91	37.13 L	P	Kayleigh Hahn	16	FISH EDD	15/06/2024	PEA Winter Gala 2024

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
92	37.19 L	F	Chrisley Barnard	16	UCT CPT	20/02/2025	Inter High 2025
93	37.24 L	F	Vera Chen	16	BLSS MAN	04/12/2024	Free State Champs 2024
94	37.25 L	F	Daniëlla Müller	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
95	37.30 L	F	Gabriella Kirsten	16	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
96	37.37 L	P	Tayla Dowie	16	QUES JHB	29/11/2024	CGA Championships 2024
97	37.41 L	F	Ilanze du Plessis	16	BLSS MAN	13/09/2024	Pelicans Age Group Gala
98	37.48 L	P	Danielle Harbron	16	BLOT MAN	04/12/2024	Free State Champs 2024
99*	37.50 L	P	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
99*	37.50 L	F	Anne Steyl	16	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
101	37.53 L	F	René Kotzé	16	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
102	37.71 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
103	37.86 L	F	Jodi Boettger	16	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
104	37.87 L	F	Carne Louw	16	TASC MPD	29/11/2024	Limpopo Champs 2024
105	37.97 L	P	Keera De Esclana	16	VRC TSH	29/11/2024	CGA Championships 2024
106	37.99 L	F	Esmarie Terblanche	16	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
107	38.10 L	P	Genevieve Egger	16	CA ECU	05/12/2024	EGA Summer Championships
108	38.18 L	P	Mariel van der Net	16	JAQ ECU	27/03/2025	SA Level 2 Champs 2025 EGA
109	38.21 L	F	Teagan Hamer	16	PRIO NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
110	38.22 L	F	Tia Mari Theron	16	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
111	38.31 L	P	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
112	38.41 L	F	Jade O'Connor	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
113	38.64 L	F	Reese Edwards	16	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
114	38.66 L	P	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024
115	38.68 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
116	38.71 L	F	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
117	38.76 L	P	Nicole Van Zyl	16	CA ECU	05/12/2024	EGA Summer Championships
118	38.79 L	F	Anni Slabbert	16	PAQU CED	08/02/2025	WCA-B Champs - 2025
119	38.80 L	F	Maria Steyn	16	BLSS MAN	27/09/2024	Seals Gala 2
120	38.88 L	P	Kayla Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
121	38.99 L	P	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan
122	39.12 L	P	Camryn Shaw	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
123	39.30 L	F	Sienna Lombard	16	TRAZ TSH	18/10/2024	NTS Level 3+ October Age Group 202
124	39.40 L	F	Zadie Van Wyk	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
125	39.44 L S	F	Summer Ascieli	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
126	39.50 L	F	Chrystil Raymond	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
127	39.54 L	F	Elizabeth Opperman	16	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
128	39.56 L	P	Chloe Jewell	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
129	39.59 L	F	Elizabeth Victor	16	UNIU EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
130	39.73 L	P	Ivana Vyncke	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
131*	39.79 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
131*	39.79 L	F	Sunny Huang	16	CA ECU	12/10/2024	EGA Summer 2
133	39.80 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
134	39.87 L	F	Carmen Veldsman	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
135	39.89 L	F	Kholofelo Seabi	16	SWIFT ECU	22/02/2025	EGA Lets Sprint Incomp Gauteng Schoi
136	39.94 L	F	Cala Welgemoed	16	TRALI MAN	20/02/2025	Inter High 2025
137	40.09 L	F	Emma Barnard	16	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
138	40.17 L	P	Yvonne Pretorius	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
139	40.19 L	P	Georgia Knight	16	WATR JHB	29/11/2024	CGA Championships 2024
140	40.28 L	P	Emma Davies	16	MAKO ECU	02/07/2024	Prestige Tournament 2024
141	40.39 L	F	Leané Gouws	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
142	40.40 L	F	Mia Crookham	16	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
143	40.49 L	F	Alea Du Toit	16	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
144	40.53 L	F	Riley Koegelenberg	16	LALE CED	09/11/2024	Winelands SL4
145	40.66 L	F	Richelle Rothmann	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
146	40.82 L	P	Izabella Alevras	16	CRSC JHB	29/11/2024	CGA Championships 2024
147	40.96 L	F	Janca Hattingh	16	NHS EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
148	40.98 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
149	41.15 L	F	Kuzingca Siramza	16	SHS KK	08/02/2025	BCSA High School Trials 2025
150	41.17 L S	F	Sadie Jelley	16	RFA TSH	07/12/2024	NWS Championships 2024

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	Time	P/F/S	Name	Age/Yr			
151	41.29 L	P	Rienke Blignaut	16	BLSS MAN	04/12/2024	Free State Champs 2024
152	41.31 L	F	Cathrijn Davel	16	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
153	41.39 L	F	Tatiana Ioannides	16	BLSS MAN	09/11/2024	Bull Sharks Gala
154	41.53 L	P	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
155	41.54 L	F	Maria Dos Santos	16	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
156	41.85 L	F	Ayanke Stander	16	ASAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
157	42.19 L	F	Maya Ndegwa	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
158	42.54 L	F	Runakorwashe Makumbe	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
159	42.60 L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024	CGA Championships 2024
160	42.84 L	F	Miela Smit	16	AQUA BUF	28/03/2025	SA Level 2 Regional Age Group Cham
161	43.00 L	P	Tarryn Barnes	16	QUES JHB	29/11/2024	CGA Championships 2024
162	43.22 L	F	Imaan Velloo	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
163	43.27 L	F	Miry Ferreira	16	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
164	43.52 L	F	Maya McCollum	16	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
165	43.54 L	F	Shaelyn Lawson	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
166	43.66 L	F	Beané du Plessis	16	STELL RMD	09/11/2024	NWS Age Group 1 & 2 2024
167*	43.68 L	P	Esther Sauls	16	PGAC EKU	27/03/2025	SA Level 2 Champs 2025 EGA
167*	43.68 L	F	Gabrielle Kramer	16	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
169	43.92 L	F	Nina Melka	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
170	43.96 L	F	Veera Khusal	16	MAKO EKU	26/10/2024	Summer 3 Delville
171	44.00 L	F	Anel Verster	16	RFA TSH	01/02/2025	EGA Last Chance Gala
172	44.33 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
173	44.98 L	P	Naseerah Du Toit	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
174	45.14 L	F	Bianke Von Schlichting	16	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
175	45.36 L	F	Thandolwenkosi Mabaso	16	FRA KCD	07/12/2024	Stingrays Champs 2024
176	45.37 L	F	Bathiyana Zondo	16	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET
177	45.56 L S	F	Gabriella Oaten	16	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
178	45.83 L	F	Chlumunco Nyukwana	16	MPS NGD	08/02/2025	BCSA High School Trials 2025
179	46.08 L	P	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
180	46.53 L	F	Chelsea Snyman	16	HBV MP	01/02/2025	Limpopo School Champs & Limpopo A
181	46.67 L	F	Izelle Du Toit	16	OGIM BUF	08/02/2025	BCSA High School Trials 2025
182	46.76 L	F	Letitia Wolfaardt	16	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
183	46.98 L	F	Helena Van Vuuren	16	KALA	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
184	47.10 L	F	Clarabelle Dippenaar	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
185	47.55 L	F	Hannah Coert	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
186	48.21 L	F	Mia Lea Osbourne	16	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
187	48.68 L	F	Anne Bray	16	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
188	49.48 L	F	Safiya Ismail	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
189	50.15 L	F	Ronita Exford	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
190	50.39 L	F	Letlotlo Kgositlou	16	STEL RM	28/02/2025	NW School Championships 2025
191	50.69 L	F	Simonné Bronkhorst	16	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
192	50.74 L	F	Sharvani Govender	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
193	52.11 L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
194	53.66 L S	F	Autumn Zwane	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
195	54.17 L S	F	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024
196	54.52 L	F	Tazlyn Davids	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
197	56.58 L	F	Zoë Pierce	16	ESTR EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
198	56.87 L	F	Esethu Mabula	16	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
199	59.92 L	F	Amelie du Plessis	16	CPSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
200	1:01.88 L	F	Botshelo Thompson	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
201	1:02.04 L	F	Cheyenne Wilson	16	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
202	1:26.88 L	F	Uminathi Mafanya	16	UMHS OTD	08/02/2025	BCSA High School Trials 2025
203	1:38.11 L	F	Joeline Fourie	16	ESS EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 100 Back							
1	1:03.70 L	P	Mila Vd Linde	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
2	1:04.54 L	F	Gizelle Maritz	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
3	1:05.24 L	F	Katherine Williams	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
4	1:05.48 L	F	Aurora Salustri	16	ANIEN TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
5	1:06.48 L	F	Chloe Olivier	16	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
6	1:06.60 L	P	Scarlett Le Roux	16	AGA EKU	09/04/2025	SA National Aquatic SNR-Champ 202		
7	1:07.67 L	F	Jana Swiegers	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
8	1:07.85 L	F	Kayla Gous	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20		
9	1:08.60 L	F	Katelyn Fourie	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
10	1:09.04 L	F	Amy O'Connor	16	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20		
11	1:09.11 L	P	Rouxne Du Plessis	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
12	1:09.34 L	P	Jemma Pearse	16	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20		
13	1:09.37 L	F	Jenna Coetzee	16	INFA NMA	14/09/2024	3rd A League Gala 2024		
14	1:09.39 L	P	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20		
15	1:09.59 L	P	Danielle Cronjè	16	LALE CED	05/12/2024	Western Cape LC-A Championship 20		
16	1:10.22 L	P	Mikayla Lombard	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
17	1:10.52 L	P	Ava-Loren Van Galen	16	STAQ CED	05/12/2024	Western Cape LC-A Championship 20		
18	1:10.82 L	F	Amy Combrink	16	VINE CPT	05/12/2024	Western Cape LC-A Championship 20		
19	1:11.14 L	F	Jesse-Leah Laderach	16	PEAS NMA	13/12/2024	NMBA Championships 2024		
20	1:11.43 L	P	Ruth Dredge	16	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
21	1:11.91 L S	F	Rachel Hinckley	16	CA EKU	05/12/2024	EGA Summer Championships		
22	1:12.18 L	P	Emma Lategan	16	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20		
23	1:12.25 L	F	Kate-Lynn Kruger	16	DESA NMA	13/12/2024	NMBA Championships 2024		
24	1:12.28 L	F	Danaleigh Swanepoel	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT		
25	1:12.39 L	F	Emily Macqueen	16	SEALE ETH	02/07/2024	Prestige Tournament 2024		
26	1:12.88 L	P	Gianna Collard	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
27	1:13.03 L	F	Anri Van Der Westhuizen	16	BLOT MAN	04/12/2024	Free State Champs 2024		
28	1:13.28 L	P	Amy Brown	16	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202		
29	1:13.32 L	F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024		
30	1:13.50 L	P	Kelly Stork	16	BAS EKU	25/04/2025	SA National Junior Age Grou-WCA 20		
31	1:13.72 L	F	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan		
32*	1:13.74 L	P	Shanna-Leigh Zeelie	16	BLMA CPT	14/02/2025	Western Cape Elite Gala 2025		
32*	1:13.74 L	P	Abigail Roberts	16	GAUS	05/04/2025	SA Schools Swimming Championship		
34	1:14.02 L	P	Keira Taylor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
35	1:14.09 L	P	Mari Wium	16	QSAW CED	05/12/2024	Western Cape LC-A Championship 20		
36	1:14.54 L	F	Stephanie Jurado	16	SSISA CPT	05/12/2024	Western Cape LC-A Championship 20		
37	1:14.65 L	P	Zianè Jantzen	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20		
38	1:14.76 L	P	Hannah Burke	16	SLAQ CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N		
39	1:14.77 L	P	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
40	1:15.01 L	P	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20		
41	1:15.17 L	F	Abigail Pieterse	16	INFA NMA	20/03/2025	SA Level 3 Regional Age Group Chan		
42	1:15.21 L	P	Mareze Frylinck	16	FSS	05/04/2025	SA Schools Swimming Championship		
43	1:15.36 L	P	Jaime Maritz	16	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA 20		
44	1:15.46 L	F	Kaylie Groenewald	16	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A		
45	1:15.47 L	F	Milri-Ann Summerton	16	NWUC KKD	07/12/2024	NWS Championships 2024		
46	1:15.52 L	P	Lara Smith	16	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20		
47	1:15.61 L	P	Annebel Stewart	16	AZON ETH	02/07/2024	Prestige Tournament 2024		
48	1:15.70 L	F	Donne Bruyns	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024		
49	1:15.71 L	F	Jorja Parsons	16	PSCP UMD	02/07/2024	Prestige Tournament 2024		
50	1:15.78 L	P	Amy-Lee Jones	16	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20		
51	1:15.97 L S	P	Cassandra Sophocleous	16	CA EKU	05/12/2024	EGA Summer Championships		
52	1:16.19 L S	P	Araya de Waal	16	PGAC EKU	05/12/2024	EGA Summer Championships		
53	1:16.38 L	F	Madison du Plessis	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024		
54	1:16.64 L	F	Jaime Roome	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202		
55	1:16.69 L	F	Alexandra Santos	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan		
56	1:16.85 L	F	Natania Komakech	16	ELEC TSH	10/01/2025	2024 Grand Prix Invitation Swimming I		
57	1:17.06 L	P	Georgia Alston	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT		
58	1:17.08 L	P	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan		
59	1:17.10 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20		
60	1:17.12 L	P	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT		
61	1:17.25 L	F	Paige Clarence	16	VINE CPT	09/11/2024	Swartland Prestige Gala 2024		
62	1:17.28 L	F	Tanatswa Chandiwana	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7		
63	1:17.38 L	F	Kate-Lynn de Jager	16	RSA	04/10/2024	Curro AquaElite Gala		
64	1:17.49 L	F	Gabriella Otto	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT		

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
65	1:17.65 L	F	Lily Ogden	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
66	1:17.79 L	F	Karmen Van Rensburg	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
67	1:17.80 L	P	Mia Wellsted	16	CRSC JHB	29/11/2024	CGA Championships 2024
68	1:17.81 L	P	Savannah Mosterd	16	WCS	05/04/2025	SA Schools Swimming Championship
69	1:17.96 L	F	Hannah Naidoo	16	BEAV ETH	02/07/2024	Prestige Tournament 2024
70	1:18.01 L	F	Kaylin Bezuidenhout	16	BLOT MAN	04/12/2024	Free State Champs 2024
71	1:18.19 L	F	Georgia Gouws	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
72	1:18.26 L	P	Rebecca White	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
73	1:18.59 L	P	Skyla Perumal	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
74	1:18.67 L	P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
75	1:18.71 L	P	Mia Vd Merwe	16	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
76	1:18.86 L	F	Jessica Sardinha	16	CA EKU	15/11/2024	Summer 4 Delville
77	1:18.88 L	F	Gaby Bishop	16	BETH FDD	26/03/2025	SA Level 3 Regional Age Group Chan
78	1:19.07 L	F	René Kotzé	16	POTC KKD	07/12/2024	NWS Championships 2024
79	1:19.35 L	F	Anne Marais	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
80	1:19.41 L	P	Keera De Esclana	16	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
81*	1:19.44 L	F	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024
81*	1:19.44 L	F	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024
83	1:19.50 L S	P	Anastasia Sequeira	16	CA EKU	05/12/2024	EGA Summer Championships
84	1:19.60 L	P	Ilanze du Plessis	16	BLSS MAN	04/12/2024	Free State Champs 2024
85	1:20.09 L	F	Hannah Sandilands	16	PGAC EKU	01/02/2025	EGA Last Chance Gala
86	1:20.35 L	F	Tyra Penn	16	WATR JHB	31/01/2025	Infinity Gala 2025
87	1:20.39 L	F	Stacey Smith	16	PAC TSH	13/09/2024	NTS September Age Group 2024
88	1:20.51 L	F	Christi Serfontein	16	QUIC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
89*	1:20.66 L	P	Judy Stevens	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20
89*	1:20.66 L S	P	Mea Harding	BR	VASA EKU	05/12/2024	EGA Summer Championships
91	1:20.94 L	F	Amelie Van der Merwe	16	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
92	1:21.03 L	F	Jade O'Connor	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
93	1:21.04 L	F	Sandri Visser	16	PLAY CED	22/02/2025	Swartland Invitational Gala 2025
94	1:21.07 L	F	Jordan Wessels	16	ASA ILD	07/12/2024	Stingrays Champs 2024
95	1:21.27 L	P	Jessica Bosman	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
96	1:21.55 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
97	1:21.59 L	F	Zoe Kruger	16	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
98	1:21.65 L S	P	Andria Le Roux	16	JAQ EKU	05/12/2024	EGA Summer Championships
99	1:21.70 L	F	Ashley Seymour	16	TRALI MAN	20/02/2025	Inter High 2025
100	1:21.82 L	F	Daniëlla Müller	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
101	1:21.94 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
102	1:22.05 L	P	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan
103	1:22.18 L	F	Erin Joubert	16	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
104	1:22.25 L	P	Carme Louw	16	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
105	1:22.41 L S	P	Mariel van der Net	16	JAQ EKU	05/12/2024	EGA Summer Championships
106	1:22.74 L	F	Lara Wink	16	VINE CPT	08/02/2025	WCA-B Champs - 2025
107	1:22.90 L	P	Catherine O'Grady	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
108	1:23.08 L S	P	Nicole Van Zyl	16	CA EKU	05/12/2024	EGA Summer Championships
109	1:23.29 L	F	Danielle Harbron	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
110	1:23.77 L	P	Johané Jv Rensburg	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
111	1:23.80 L	F	Anne Steyl	16	UPSK ZMD	01/11/2024	UPINGTON PRESTIGE GALA 2024
112	1:23.84 L	F	Deoné Borstlap	16	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
113	1:24.20 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
114	1:24.40 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
115	1:24.60 L	F	Summer Ascielli	16	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
116	1:24.68 L	P	Simone Cussons	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
117	1:24.70 L	F	Megan Webster	16	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
118	1:24.79 L	F	Vera Chen	16	BLSS MAN	31/08/2024	Seals Gala
119	1:24.80 L S	P	Sunny Huang	16	CA EKU	05/12/2024	EGA Summer Championships
120	1:24.91 L	F	Camryn Shaw	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
121	1:25.06 L	F	Esmarie Terblanche	16	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
122	1:25.14 L	F	Mia De Klerk	16	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
123	1:25.47 L	F	Maria Steyn	16	BLSS MAN	31/08/2024	Seals Gala

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
124	1:25.68 L	F	Chrystil Raymond	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
125	1:25.71 L	P	Janca Hattingh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
126	1:25.99 L	F	Maria Dos Santos	16	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
127	1:26.07 L	F	Anmi Slabbert	16	PAQU CED	08/02/2025	WCA-B Champs - 2025
128	1:26.11 L	F	Sienna Lombard	16	TRAZ TSH	18/10/2024	NTS Level 3+ October Age Group 202
129	1:26.13 L	F	Gabriella Kirsten	16	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
130	1:26.40 L	F	Danielle Van Vuuren	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
131	1:26.43 L	F	Tenè Louw	16	SFSC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
132	1:26.58 L	F	Leah Crozier	16	FAAC	08/02/2025	NCASA SPRINTS 2025
133	1:26.73 L	F	Sadie Jelley	16	RFA TSH	13/09/2024	NTS September Age Group 2024
134	1:26.76 L	F	Tafadzwa Chandiwana	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
135	1:27.26 L	P	Kemantha Ayair	16	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
136	1:27.33 L	F	Emma Jansen van Rensburg	16	QSAW CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
137	1:27.61 L	F	Victoria-Ann Anthony	16	MAKO EKU	27/03/2025	SA Level 2 Champs 2025-EGA
138	1:27.78 L	F	Anè Kemp	16	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Cham
139	1:27.82 L	F	Ayanke Stander	16	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
140*	1:27.99 L	F	Elizabeth Opperman	16	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
140*	1:27.99 L	P	Zadie Van Wyk	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
142	1:28.47 L	F	Maya Ndegwa	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
143	1:28.51 L	P	Kayla Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
144	1:28.77 L	F	Tia Mari Theron	16	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
145	1:28.83 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
146	1:29.37 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
147	1:29.61 L	P	Katia Jacob	16	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
148	1:29.87 L	F	Alea Du Toit	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
149	1:29.98 L	F	Kholofelo Seabi	16	SWIFT EKU	01/02/2025	EGA Last Chance Gala
150	1:29.99 L	F	Mia Crookham	16	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
151	1:30.07 L	F	Emma Barnard	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
152	1:30.54 L	F	Rienke Blignaut	16	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Cham
153	1:30.58 L	P	Emma Davies	16	MAKO EKU	27/03/2025	SA Level 2 Champs 2025-EGA
154	1:30.64 L	F	Yvonne Pretorius	16	MSC NGD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
155	1:31.59 L	F	Chloe Jewell	16	PEAR NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
156	1:32.80 L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024	CGA Championships 2024
157	1:33.18 L S	P	Esther Sauls	16	PGAC EKU	05/12/2024	EGA Summer Championships
158	1:34.10 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
159	1:34.65 L	F	Nicole Norman	16	BAS EKU	27/03/2025	SA Level 2 Champs 2025-EGA
160	1:35.20 L	F	Richelle Rothmann	16	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
161	1:36.28 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
162	1:36.46 L	F	Runakorwashe Makumbe	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
163*	1:36.73 L	P	Tarryn Barnes	16	QUES JHB	29/11/2024	CGA Championships 2024
163*	1:36.73 L	F	Cala Welgemoed	16	VALS FDD	15/11/2024	Valsrivier Gala 2024
163*	1:36.73 L	F	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
166	1:37.13 L S	P	Veera Khusal	16	MAKO EKU	05/12/2024	EGA Summer Championships
167	1:38.71 L	F	Maya McCollum	16	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
168	1:40.12 L	F	Shaelyn Lawson	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
169	1:40.21 L	F	Anel Verster	16	RFA TSH	13/09/2024	NTS September Age Group 2024
170	1:40.38 L	F	Thandolwenkosi Mabaso	16	FRA KCD	07/12/2024	Stingrays Champs 2024
171	1:40.41 L	F	Gabrielle Kramer	16	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
172	1:40.64 L S	F	Naseerah Du Toit	16	UWCA CPT	05/12/2024	Western Cape LC-A Championship 20
173	1:40.71 L	F	Bathiyana Zondo	16	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET
174	1:42.15 L	F	Helena Van Vuuren	16	KALA	05/10/2024	FLAMINGO GALA OCT 2024
175	1:44.43 L	F	Chlumunco Nyukwana	16	MPS NGD	08/02/2025	BCSA High School Trials 2025
176	1:45.86 L	F	Hannah Coert	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
177	1:48.63 L	F	Naseerah Vd Merwe	16	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
178	1:50.23 L	F	Autumn Zwane	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
179	1:52.18 L	F	Sharvani Govender	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
180	1:52.75 L	F	Simóné Bronkhorst	16	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
181	1:56.99 L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
182	1:57.36 L	F	Safiya Ismail	16	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
183	1:58.69 L		F	Letlotlo Kgositlou	16	STEL RM	28/02/2025	NW School Championships 2025
184	1:59.69 L		F	Carry Richards	16	CWBH NMA	22/02/2025	Eastern Cape School Provincial Trials
185	2:00.87 L		F	Lwazi Mqeke	16	WELA LLD	11/10/2024	Otters Prestige Gala 2024
186	2:10.63 L		F	Zoë Pierce	16	ESTR ECU	12/10/2024	EGA Summer 2
187	2:11.72 L		F	Arnei Louw	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
188	3:23.95 L		F	Joeline Fourie	16	ESS EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 200 Back								
1	2:17.22 L S		F	Katherine Williams	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:18.08 L S		P	Mila Vd Linde	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
3	2:20.51 L S		F	Gizelle Maritz	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
4	2:23.45 L S		F	Rouxne Du Plessis	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
5	2:23.55 L S		F	Chloe Olivier	16	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
6	2:25.88 L S		P	Scarlett Le Roux	16	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
7	2:26.12 L S		F	Jana Swiegers	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
8	2:27.63 L S		F	Karla Myburgh	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
9	2:28.33 L		F	Kayla Gous	16	USC BUF	17/08/2024	Madibaz Swim Meet 2024
10	2:30.61 L		F	Amy O'Connor	16	CRSC JHB	29/11/2024	CGA Championships 2024
11	2:31.69 L		F	Danielle Cronjé	16	LALE CED	05/12/2024	Western Cape LC-A Championship 20
12	2:33.83 L		F	Jenna Coetzee	16	INFA NMA	14/09/2024	3rd A League Gala 2024
13	2:33.99 L		F	Rachel Hinckley	16	CA ECU	05/12/2024	EGA Summer Championships
14	2:36.90 L S		F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024
15	2:36.95 L		F	Emma Lategan	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
16	2:37.22 L S		P	Gianna Collard	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
17	2:37.74 L		F	Danaleigh Swanepoel	16	RFA TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi
18	2:38.19 L		P	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
19	2:38.29 L		F	Shanna-Leigh Zeelie	16	BLMA CPT	14/02/2025	Western Cape Elite Gala 2025
20	2:38.34 L		F	Madison du Plessis	16	BLOT MAN	02/11/2024	Heidedal
21	2:38.98 L		F	Donne Bruyns	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
22	2:39.39 L		F	Kelly Stork	16	BAS ECU	05/12/2024	EGA Summer Championships
23	2:40.50 L		P	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	2:40.71 L		F	Annebel Stewart	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
25	2:40.95 L		F	Zianè Jantzen	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
26	2:41.08 L		F	Mia Wellsted	16	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
27	2:41.52 L S		F	Mareze Frylinck	16	BLSS MAN	04/12/2024	Free State Champs 2024
28	2:41.53 L S		P	Kate-Lynn Kruger	16	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
29	2:41.76 L		P	Hannah Burke	16	SLAQ CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
30	2:41.79 L S		P	Vera Chen	16	BLSS MAN	02/07/2024	Prestige Tournament 2024
31	2:42.42 L		F	Ava-Loren Van Galen	16	STAQ CED	08/02/2025	Winelands SL Final
32	2:43.23 L S		P	Amy-Lee Jones	16	CA ECU	25/04/2025	SA National Junior Age Grou-WCA 20
33	2:43.98 L S		F	Mia Vd Merwe	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
34	2:44.09 L		F	Abigail Pieterse	16	INFA NMA	20/03/2025	SA Level 3 Regional Age Group Chan
35	2:44.17 L		P	Cassandra Sophocleous	16	CA ECU	05/12/2024	EGA Summer Championships
36	2:44.43 L S		F	Anri Van Der Westhuizen	16	BLOT MAN	04/12/2024	Free State Champs 2024
37	2:44.45 L		F	Araya de Waal	16	PGAC ECU	01/02/2025	EGA Last Chance Gala
38	2:45.14 L		P	Keira Taylor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
39	2:45.24 L S		F	Kate-Lynn de Jager	16	BLOT MAN	04/12/2024	Free State Champs 2024
40	2:46.69 L S		P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
41	2:46.84 L		P	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT
42	2:47.00 L		P	Mea Harding	BR	VASA ECU	20/03/2025	SA Level 3 Champs 2025-NT
43	2:47.33 L		F	Milri-Ann Summerton	16	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
44	2:47.56 L		P	Georgia Alston	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
45	2:48.37 L		F	Jessica Sardinha	16	BAS ECU	12/10/2024	EGA Summer 2
46	2:48.42 L S		P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
47	2:48.44 L		P	Gabriella Otto	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
48	2:48.46 L		F	Alexandra Santos	16	PSCP UMD	08/03/2025	Invitational Meet 2025
49	2:48.54 L S		F	Ilanze du Plessis	16	BLSS MAN	04/12/2024	Free State Champs 2024
50	2:48.61 L		F	Kayleigh Hahn	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
51	2:48.72 L S		F	Jorja Parsons	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
52	2:49.40 L		F	René Kotzé	16	POTC KKD	07/12/2024	NWS Championships 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
53	2:49.50 L	P	Sian Kleynhans	16	FISH EDD	20/03/2025	SA Level 3 Regional Age Group Chan	
54	2:49.51 L	F	Kaylie Groenewald	16	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A	
55	2:49.68 L	F	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan	
56	2:49.85 L	F	Jessica Bosman	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
57	2:49.87 L	F	Marlene Ward	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
58	2:50.03 L S	P	Hannah Naidoo	16	BEAV ETH	02/07/2024	Prestige Tournament 2024	
59	2:51.07 L S	F	Gaby Bishop	16	BETH FDD	04/12/2024	Free State Champs 2024	
60	2:51.10 L	F	Lily Ogden	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
61	2:51.36 L S	F	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024	
62	2:51.37 L	P	Anastasia Sequeira	16	CA ECU	05/12/2024	EGA Summer Championships	
63	2:51.69 L	P	Judy Stevens	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
64	2:54.01 L	F	Jaime Maritz	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	
65	2:54.54 L	F	Jade O'Connor	16	TUKS TSH	13/09/2024	NTS September Age Group 2024	
66	2:54.63 L S	F	Kaylin Bezuidenhoud	16	BLOT MAN	04/12/2024	Free State Champs 2024	
67	2:55.24 L	F	Christi Serfontein	16	QUIC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
68	2:56.38 L	P	Andria Le Roux	16	JAQ ECU	05/12/2024	EGA Summer Championships	
69	2:56.40 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
70	2:56.63 L	F	Chrystil Raymond	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	
71	2:57.11 L	F	Anne Marais	16	TKS WBD	29/11/2024	Limpopo Champs 2024	
72	2:58.05 L	P	Nicole Van Zyl	16	CA ECU	05/12/2024	EGA Summer Championships	
73	2:58.87 L	F	Leah Crozier	16	FAAC	06/12/2024	NCASA CHAMPS 2024	
74	2:58.89 L	F	Catherine O'Grady	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT	
75	2:59.18 L	F	Rii Spoelstra	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
76	2:59.38 L	P	Johané Jv Rensburg	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
77	3:01.84 L	F	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
78	3:03.02 L	F	Anne Steyl	16	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024	
79	3:03.05 L	F	Deoné Borstlap	16	POTC KKD	28/03/2025	SA Level 2 Regional Age Group Cham	
80	3:03.11 L	F	Mariel van der Net	16	JAQ ECU	12/10/2024	EGA Summer 2	
81	3:03.19 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024	
82	3:04.46 L	F	Ashley Seymour	16	TRALI MAN	20/02/2025	Inter High 2025	
83	3:04.71 L	F	Ayanke Stander	16	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Cham	
84	3:04.92 L S	F	Summer Ascieli	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024	
85	3:04.94 L	F	Sadie Jelley	16	RFA TSH	07/12/2024	NWS Championships 2024	
86	3:05.08 L	F	Zadie Van Wyk	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024	
87	3:05.15 L	P	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024	
88	3:05.40 L	F	Esmarie Terblanche	16	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
89	3:05.66 L	F	Maria Dos Santos	16	MCS BP	28/02/2025	NW School Championships 2025	
90	3:06.62 L	F	Sandri Visser	16	PLAY CED	09/11/2024	Swartland Prestige Gala 2024	
91	3:07.20 L	F	Hannah van der Veen	16	AQUA BUF	02/11/2024	BCA November Age Group Gala 2024	
92	3:08.07 L	F	Anmi Slabbert	16	PAQU CED	08/02/2025	WCA-B Champs - 2025	
93	3:08.12 L	F	Camryn Shaw	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024	
94	3:10.04 L	P	Emma Davies	16	MAKO ECU	29/11/2024	CGA Championships 2024	
95	3:11.06 L	F	Emma Barnard	16	EVO CPT	08/02/2025	WCA-B Champs - 2025	
96	3:11.71 L S	F	Alea Du Toit	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024	
97	3:15.43 L	F	Tenè Louw	16	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
98	3:15.62 L	F	Riley Koegelenberg	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham	
99	3:15.81 L	F	Kholofelo Seabi	16	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
100	3:17.33 L	F	Esther Sauls	16	PGAC ECU	01/02/2025	EGA Last Chance Gala	
101	3:18.95 L	F	Mia Crookham	16	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET	
102	3:31.37 L	F	Shay-Leigh Pieters	16	HURAQ CPT	09/11/2024	Swartland Prestige Gala 2024	
103	3:33.19 L	F	Nicole Norman	16	BAS ECU	18/01/2025	EGA Summer 5	
104	3:34.76 L S	F	Naseerah Du Toit	16	UWCA CPT	05/12/2024	Western Cape LC-A Championship 20	
105	3:38.47 L	F	Hannah Coert	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024	
106	3:40.94 L	F	Chlumunco Nyukwana	16	MPS NGD	08/02/2025	BCSA High School Trials 2025	
107	3:42.05 L	F	Helena Van Vuuren	16	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024	
108	4:22.75 L	P	Letlotlo Kgositlou	16	MATL KKD	07/12/2024	NWS Championships 2024	
Women 50 Breast								
1	32.61 L	F	Chanel Veldsman	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
2	32.75 L	F	Gabriella Van Den Berg	16	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	33.30 L	P	Caitlyn Dube	16	GAUS	05/04/2025	SA Schools Swimming Championship
4	33.48 L	F	Tyra Penn	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
5	34.56 L	F	Kendra Begley	16	INFA NMA	31/01/2025	Infinity Gala 2025
6	34.60 L	P	Lara Gouws	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
7	34.68 L	P	Jaime Maritz	16	MPS NGD	05/04/2025	SA Schools Swimming Championship
8	34.84 L	F	Kayla Gous	16	USC BUF	17/08/2024	Madibaz Swim Meet 2024
9	34.90 L	P	Jaime Mote	16	INFA NMA	15/06/2024	PEA Winter Gala 2024
10	34.91 L	P	Amy Combrink	16	VINE CPT	14/02/2025	Western Cape Elite Gala 2025
11	34.98 L	P	Juliette van Vught	16	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
12	34.99 L	F	Scarlett Le Roux	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
13	35.15 L	P	Zine Mostert	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
14	35.16 L	P	Mieke Vd Wal	16	CASC CPT	14/02/2025	Western Cape Elite Gala 2025
15	35.17 L	P	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
16	35.20 L	F	Ella Eldar	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
17	35.69 L	F	Mikayla Lombard	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
18	35.93 L	F	Stacey Smith	16	GAUS	05/04/2025	SA Schools Swimming Championship
19	36.07 L	P	Jodi Boettger	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
20	36.09 L	F	Ava-Loren Van Galen	16	STAQ CED	05/12/2024	Western Cape LC-A Championship 20
21	36.19 L	P	Karmen Van Rensburg	16	UNI EZD	25/04/2025	SA National Junior Age Grou-WCA 20
22	36.37 L	F	Caitlyn Dube	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
23	36.38 L	F	Jessica Sardinha	16	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
24	36.40 L	F	Hannah Schreuder	16	SAAW CPT	05/12/2024	Western Cape LC-A Championship 20
25	36.47 L	P	Leah Scott	16	BLUO UGD	25/04/2025	SA National Junior Age Grou-WCA 20
26	36.48 L	F	Mignon Richter	16	SAAW CPT	05/12/2024	Western Cape LC-A Championship 20
27	36.56 L	F	Kayla Vosloo	16	BLOT MAN	25/10/2024	Neptunes Gala
28	36.83 L	P	Corli Liversage	16	BLSS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
29	36.88 L	F	Amy O'Connor	16	CRSC JHB	29/11/2024	CGA Championships 2024
30	37.19 L	P	Vera Chen	16	BLSS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
31	37.23 L	P	Lily van Aswegen	16	TRAZ TSH	25/04/2025	SA National Junior Age Grou-WCA 20
32	37.28 L	P	Elizabet Victor	16	MPS NGD	05/04/2025	SA Schools Swimming Championship
33	37.36 L	P	Kate-Lynn Kruger	16	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
34	37.52 L	F	Danielle Harbron	16	BLOT MAN	04/12/2024	Free State Champs 2024
35	37.70 L	F	Kayleigh Hahn	16	FISH EDD	14/02/2025	Western Cape Elite Gala 2025
36	37.73 L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
37	37.93 L	F	Carme Louw	16	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
38	37.97 L	P	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024
39*	38.02 L	F	Jaime Roome	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
39*	38.02 L	P	Araya de Waal	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
41	38.08 L	P	Sandri Visser	16	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Chan
42	38.28 L	F	Anne Steyl	16	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
43	38.38 L	F	Tshenolo Ntsie	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
44	38.60 L	P	Grace Powell	16	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
45	38.61 L	P	Reese Edwards	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
46	38.71 L	F	Georgia Gouws	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
47	38.73 L	F	Chloe Jewell	16	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group Chan
48	38.82 L	F	Danaleigh Swanepoel	16	RFA TSH	29/11/2024	Limpopo Champs 2024
49	38.88 L	F	Stephanie Jurado	16	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
50	38.89 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
51	38.95 L	F	Tehl-Cadi Day Garden	16	ACSA ETH	02/07/2024	Prestige Tournament 2024
52	38.96 L	F	Christi Serfontein	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
53	39.20 L	F	Sienna Lombard	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
54	39.24 L	F	Bianke Von Schlichting	16	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
55	39.27 L	F	Lerize Du Toit	16	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
56	39.28 L	F	Tafadzwa Chandiwana	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
57	39.42 L	P	Hannah Sandilands	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
58	39.49 L	F	Tatiana Ioannides	16	BLSS MAN	09/11/2024	Bull Sharks Gala
59	39.55 L	F	Georgia Knight	16	WATR JHB	13/12/2024	NMBA Championships 2024
60	39.77 L	F	Emily Tsai	16	BLMA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
61	39.80 L	F	Jana Vorster	16	TUKS TSH	29/11/2024	Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
62	39.85 L	F	René Kotzé	16	POTC KKD	07/12/2024	NWS Championships 2024
63	39.96 L	F	Mareze Frylinck	16	BLSS MAN	25/10/2024	Neptunes Gala
64	39.99 L	P	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
65	40.09 L	P	Paris Shiwundlana	16	AFIN JHB	29/11/2024	CGA Championships 2024
66	40.11 L	F	Sinoah Pretorius	16	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
67	40.26 L	F	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024
68	40.37 L	F	Megan Webster	16	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
69	40.46 L	P	Emma Lategan	16	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
70	40.48 L	F	Paige Clarence	16	VINE CPT	09/11/2024	Swartland Prestige Gala 2024
71	40.51 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
72	40.52 L	P	Katey Nel	16	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
73	40.53 L	P	Kelci Leech	16	BLSS MAN	04/12/2024	Free State Champs 2024
74	40.84 L	P	Elrike du Plessis	16	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Cham
75	40.85 L	F	Rebecca White	16	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
76*	40.87 L	F	Anne Marais	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
76*	40.87 L	F	Emily Palmer	16	USC BUF	17/08/2024	Madibaz Swim Meet 2024
78	40.90 L	P	Georgia Alston	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
79	40.94 L	F	Nina Melka	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
80	41.07 L	P	Tehl-Cadi Day-Garden	16	KZNS	05/04/2025	SA Schools Swimming Championship
81	41.14 L	P	Camryn Shaw	16	MDOL JHB	29/11/2024	CGA Championships 2024
82	41.40 L	F	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
83*	41.58 L	F	Jordan Wessels	16	ASA ILD	07/12/2024	Stingrays Champs 2024
83*	41.58 L S	F	Nicole Van Zyl	16	CA EKU	05/12/2024	EGA Summer Championships
85	41.60 L	F	Maria Tselentis	16	OHAN ILD	25/01/2025	uShaka Champs 2025
86	41.75 L	F	Elizabeth Opperman	16	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
87	41.81 L	F	Simone Schonken	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
88	41.87 L	P	Lara Smith	16	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
89	41.89 L	F	Amelie Van der Merwe	16	RFA TSH	13/09/2024	NTS September Age Group 2024
90	41.95 L	P	Janca Hattingh	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
91	42.07 L	F	Imaan Velloo	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
92	42.13 L	F	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
93	42.16 L	P	Richelle Rothmann	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
94	42.19 L	F	Gabriella Otto	16	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 202
95	42.21 L	P	Ruth Dredge	16	PAC TSH	15/06/2024	PEA Winter Gala 2024
96	42.36 L	F	Megan Van den Heever	16	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
97	42.39 L	F	Kaylie Groenewald	16	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A
98	42.55 L	F	Carine Röntgen	16	ASAW CED	09/11/2024	Swartland Prestige Gala 2024
99	42.57 L	F	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
100	42.65 L	F	Skyla Perumal	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
101	42.78 L	F	Mariel van der Net	16	JAQ EKU	27/03/2025	SA Level 2 Champs 2025-EGA
102	42.82 L	F	Lelanie Buhr	16	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
103	42.98 L	F	Deoné Borstlap	16	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
104	43.01 L	F	Andria Le Roux	16	JAQ EKU	27/03/2025	SA Level 2 Champs 2025-EGA
105	43.03 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
106	43.06 L	P	Ivana Vyncke	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
107	43.13 L	F	Hannah Krummeck	16	HARV NMA	22/02/2025	Eastern Cape School Provincial Trials
108	43.22 L	F	Tia Mari Theron	16	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
109	43.32 L	F	Victoria-Ann Anthony	16	MAKO EKU	12/10/2024	EGA Summer 2
110	43.37 L	F	Katia Jacob	16	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
111	43.56 L	P	Kayla Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
112	43.64 L	F	Teagan Hamer	16	PRIO NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
113	43.72 L	F	Hannah Burke	16	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
114	43.83 L	F	Emma Davies	16	MAKO EKU	02/07/2024	Prestige Tournament 2024
115	43.85 L	F	Maya McCollum	16	AQDO CPT	08/02/2025	WCA-B Champs - 2025
116*	43.92 L	F	Jaimee Marais	16	WBAC CC	01/02/2025	Limpopo School Champs & Limpopo A
116*	43.92 L	F	Emma Thompson	16	PSC TSH	13/09/2024	NTS September Age Group 2024
118*	43.95 L	P	Keera De Esclana	16	VRC TSH	29/11/2024	CGA Championships 2024
118*	43.95 L	F	Mila Petrak	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
120	44.07 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
121	44.20 L	F	Carmen Veldsman	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
122	44.27 L	F	Zandile Sipuka	16	PRIOR NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
123	44.33 L	F	Charlotte Staines	16	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
124	44.73 L S	P	Kholofelo Seabi	16	SWIFT ECU	05/12/2024	EGA Summer Championships
125	44.80 L	F	Riley Koegelenberg	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
126	44.83 L	F	Chrystil Raymond	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
127	44.87 L	F	Summer Ascieli	16	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
128	44.88 L	F	Jessica Carver	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
129	44.97 L	P	Micke de Jager	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
130	45.01 L	F	Esther Sauls	16	PGAC ECU	01/02/2025	EGA Last Chance Gala
131	45.14 L	F	Chelsea Snyman	16	SS MPD	09/11/2024	Limpopo Age Group 5
132	45.15 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
133	45.18 L	F	Brooklyn-Taylor Sunker	16	MAKO ECU	12/10/2024	EGA Summer 2
134	45.27 L	F	Storme Badenhorst	16	MANT CPT	08/02/2025	WCA-B Champs - 2025
135	45.45 L	F	Carmen Du Toit	16	PRIOR NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
136	45.57 L	P	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
137	45.61 L	P	Sian Kleynhans	16	FISH EDD	15/06/2024	PEA Winter Gala 2024
138	45.64 L	F	Gabriella Kirsten	16	QSAW CED	08/02/2025	Winelands SL Final
139	45.90 L	F	Alea Du Toit	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
140	45.94 L	F	Natalie Robinson	16	BERG BP	28/02/2025	NW School Championships 2025
141	45.98 L	F	Cala Welgemoed	16	VALS FDD	25/10/2024	Neptunes Gala
142	46.04 L	F	Juliana Du Plessis	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
143	46.60 L	F	Lynelle Smith	16	HSB BP	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
144	46.71 L	F	Izaan Meintjes	16	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
145	46.79 L	F	Catherine O'Grady	16	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF
146	46.96 L	F	Gabriella Oaten	16	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
147	47.00 L	P	Tarryn Barnes	16	QUES JHB	29/11/2024	CGA Championships 2024
148	47.06 L	P	Abigail Pieterse	16	INFA NMA	15/06/2024	PEA Winter Gala 2024
149	47.19 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
150	47.48 L	F	Karabo Malinga	16	USHAK ECU	12/10/2024	EGA Summer 2
151	47.49 L	F	Mia Crookham	16	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
152	47.64 L	F	Naseerah Vd Merwe	16	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
153	47.69 L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024	CGA Championships 2024
154	48.44 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
155	48.76 L	F	Chlumunco Nyukwana	16	MPS NGD	08/02/2025	BCSA High School Trials 2025
156	48.89 L S	P	Veera Khusal	16	MAKO ECU	05/12/2024	EGA Summer Championships
157	49.71 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
158	50.02 L	F	Beané du Plessis	16	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
159	50.15 L	P	Minette Els	16	BETH FDD	04/12/2024	Free State Champs 2024
160	50.56 L	F	Shaelyn Lawson	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
161	50.69 L	F	Tazlyn Davids	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
162	51.33 L	F	Anel Verster	16	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
163	51.66 L	F	Sharvani Govender	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
164	52.71 L	F	Lwazi Mqeke	16	WELA LLD	25/10/2024	Neptunes Gala
165	52.96 L	F	Sharne Swanepoel	16	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
166	53.19 L S	P	Nicole Norman	16	BAS ECU	05/12/2024	EGA Summer Championships
167	53.36 L	F	Gabrielle Kramer	16	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
168	54.57 L	F	Anne Bray	16	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
169	54.69 L	F	Helena Van Vuuren	16	KALA	08/02/2025	NCASA SPRINTS 2025
170	55.09 L	F	Rebecca Copeman	16	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
171	55.55 L	F	Hannah Coert	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
172	55.65 L	F	Safiya Ismail	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
173	56.44 L	F	Esethu Mabula	16	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
174	56.47 L	F	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024
175	57.05 L	F	Micheala Van Aswegen	16	HSB BP	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
176	58.22 L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
177	59.10 L	F	Letlotlo Kgositlou	16	STEL RM	28/02/2025	NW School Championships 2025
178	1:02.34 L	F	Autumn Zwane	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
179	1:06.20 L S	P	Zoë Pierce	16	ESTR ECU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
180	1:08.45 L	F	Simoné Bronkhorst	16	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
181	1:18.65 L	F	Botshelo Thompson	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2	
Women 100 Breast								
1	1:10.88 L	F	Chanel Veldsman	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
2	1:14.05 L	F	Gabriella Van Den Berg	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
3	1:14.59 L	P	Tyra Penn	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
4	1:15.64 L	F	Kayla Gous	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20	
5	1:16.30 L	F	Jaime Mote	16	INFA NMA	17/08/2024	Madibaz Swim Meet 2024	
6	1:16.68 L	F	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20	
7*	1:17.92 L	F	Stacey Smith	16	PAC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho	
7*	1:17.92 L	P	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20	
9	1:17.96 L	F	Mikayla Lombard	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
10	1:18.19 L	F	Ella Eldar	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
11	1:18.24 L	F	Kendra Begley	16	INFA NMA	13/12/2024	NMBA Championships 2024	
12	1:18.30 L	F	Amy Combrink	16	VINE CPT	05/12/2024	Western Cape LC-A Championship 20	
13	1:18.36 L	P	Hannah Schreuder	16	SAAW CPT	14/02/2025	Western Cape Elite Gala 2025	
14	1:18.80 L	P	Jessica Sardinha	16	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N	
15	1:19.20 L	F	Vera Chen	16	FSS	05/04/2025	SA Schools Swimming Championship	
16	1:19.36 L	F	Caitlyn Dube	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7	
17	1:19.54 L	F	Madison du Plessis	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
18	1:19.65 L	F	Jaime Maritz	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2	
19	1:20.28 L	P	Jodi Boettger	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20	
20	1:20.65 L	P	Kate-Lynn Kruger	16	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA 20	
21	1:20.83 L	P	Juliette van Vught	16	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
22	1:20.88 L	P	Zine Mostert	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
23	1:21.17 L	F	Karmen Van Rensburg	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
24	1:21.39 L	F	Ava-Loren Van Galen	16	STAQ CED	09/11/2024	Winelands SL4	
25	1:21.50 L	F	Corli Liversage	16	BLSS MAN	04/12/2024	Free State Champs 2024	
26	1:22.42 L	F	Sienna Lombard	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT	
27	1:22.51 L	F	Tshenolo Ntsie	16	TUKS TSH	05/12/2024	EGA Summer Championships	
28	1:22.85 L	F	Elizabet Victor	16	MPS NGD	05/04/2025	SA Schools Swimming Championship	
29	1:22.88 L	F	Mignon Richter	16	SAAW CPT	05/12/2024	Western Cape LC-A Championship 20	
30	1:23.04 L	P	Caitlyn Dube	16	GAUS	05/04/2025	SA Schools Swimming Championship	
31	1:23.32 L	F	Reese Edwards	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
32	1:23.42 L	P	Carme Louw	16	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT	
33	1:23.81 L	F	Danielle Harbron	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
34	1:23.98 L	F	Georgia Gouws	16	PEAS NMA	31/01/2025	Infinity Gala 2025	
35	1:24.19 L	F	Kayleigh Hahn	16	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2	
36	1:24.39 L	P	Araya de Waal	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20	
37	1:24.46 L	F	Katherine Williams	16	MDOL JHB	29/09/2024	2024 BE & Wycombe & DSC Club Cha	
38	1:24.84 L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
39	1:24.98 L	F	Christi Serfontein	16	QUIC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
40	1:25.19 L	F	Bianke Von Schlichting	16	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15 FEBF	
41	1:25.39 L	P	Lily van Aswegen	16	TRAZ TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
42	1:25.67 L	F	Kayla Vosloo	16	BLOT MAN	06/09/2024	Bull Sharks Annual Gala	
43	1:25.88 L	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024	
44*	1:25.91 L	P	René Kotzé	16	POTC KKD	07/12/2024	NWS Championships 2024	
44*	1:25.91 L	P	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
46	1:25.93 L	P	Chloe Jewell	16	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group Chan	
47	1:26.12 L	P	Lerize Du Toit	16	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT	
48	1:26.47 L	F	Sandri Visser	16	PLAY CED	09/11/2024	Swartland Prestige Gala 2024	
49	1:26.60 L	F	Tehl-Cadi Day Garden	16	ACSA ETH	02/07/2024	Prestige Tournament 2024	
50	1:26.91 L	F	Paris Shiwundlana	16	AFIN JHB	29/11/2024	CGA Championships 2024	
51	1:26.95 L	F	Hannah Sandilands	16	PGAC EKU	18/01/2025	EGA Summer 5	
52	1:27.03 L	F	Anne Steyl	16	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
53	1:27.36 L	F	Mareze Frylinck	16	BLSS MAN	25/10/2024	Neptunes Gala	
54	1:27.91 L	P	Judy Stevens	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
55	1:27.95 L	F	Jordan Wessels	16	ASA ILD	07/12/2024	Stingrays Champs 2024	
56	1:28.01 L	F	Keira Holland	16	CRSC JHB	22/01/2025	Crusaders Night Gala 2	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
57	1:28.10 L	P	Leah Scott	16	BLUO UGD	25/04/2025	SA National Junior Age Grou-WCA 20
58	1:28.35 L	F	Stephanie Jurado	16	SSISA CPT	05/12/2024	Western Cape LC-A Championship 20
59	1:28.41 L	F	Emily Tsai	16	BLMA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
60	1:28.52 L	F	Erin Joubert	16	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
61	1:28.56 L	F	Imaan Velloo	16	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
62	1:28.66 L	F	Lara Smith	16	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
63	1:28.68 L	P	Katey Nel	16	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
64	1:29.34 L	F	Jaime Roome	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
65	1:29.37 L	F	Tatiana Ioannides	16	BLSS MAN	04/12/2024	Free State Champs 2024
66	1:29.57 L	F	Amy O'Connor	16	CRSC JHB	22/01/2025	Crusaders Night Gala 2
67	1:29.85 L	F	Paige Clarence	16	VINE CPT	09/11/2024	Swartland Prestige Gala 2024
68	1:29.90 L	P	Megan Webster	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
69	1:30.30 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
70	1:30.32 L	P	Tehl-Cadi Day-Garden	16	KZNS	05/04/2025	SA Schools Swimming Championship
71	1:30.36 L	P	Sinoah Pretorius	16	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
72	1:30.41 L	P	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024
73	1:30.47 L	F	Janca Hattingh	16	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
74	1:30.62 L	P	Zianè Jantzen	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20
75	1:30.64 L	P	Emma Lategan	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
76	1:30.66 L	F	Savannah Mostert	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
77	1:30.70 L	P	Jessica Bosman	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
78	1:30.88 L	F	Kelly Stork	16	BAS EKU	26/10/2024	Summer 3 Delville
79	1:31.02 L	F	Georgia Knight	16	WATR JHB	27/03/2025	SA Level 2 Champs 2025-EGA
80	1:31.10 L	F	Jemma Park	16	CRSC JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
81	1:31.30 L	P	Tayla Dowie	16	QUES JHB	29/11/2024	CGA Championships 2024
82*	1:31.81 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan
82*	1:31.81 L	P	Nicole Van Zyl	16	CA EKU	05/12/2024	EGA Summer Championships
84	1:32.02 L	F	Cassandra Sophocleous	16	CA EKU	18/01/2025	EGA Summer 5
85	1:32.17 L	F	Lelanie Buhr	16	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
86	1:32.32 L	F	Elrike du Plessis	16	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Cham
87	1:32.73 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
88	1:32.88 L	F	Nina Melka	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
89	1:32.89 L	P	Richelle Rothmann	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
90	1:33.01 L	P	Georgia Alston	16	SASE JHB	29/11/2024	CGA Championships 2024
91	1:33.10 L	F	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
92	1:33.48 L	F	Chrystil Raymond	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
93	1:33.58 L	F	Rebecca White	16	SSISA CPT	08/02/2025	WCA-B Champs - 2025
94	1:33.80 L	P	Robyn Barbour	16	MDOL JHB	29/11/2024	CGA Championships 2024
95	1:33.83 L	F	Deonè Borstlap	16	POTC KKD	28/03/2025	SA Level 2 Regional Age Group Cham
96	1:33.84 L	F	Annebel Stewart	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
97	1:33.87 L	P	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024
98	1:33.89 L	P	Emma Davies	16	MAKO EKU	27/03/2025	SA Level 2 Champs 2025-EGA
99	1:34.12 L	P	Chrisley Barnard	16	BS ILD	20/03/2025	SA Level 3 Champs 2025-NT
100	1:34.33 L	F	Elizabeth Opperman	16	KTS	23/11/2024	AGE GROUP 3 KATHU 2024
101	1:34.59 L	F	Mariel van der Net	16	UCT CPT	20/02/2025	Inter High 2025
102	1:35.03 L S	F	Storme Badenhorst	16	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
103	1:35.07 L	P	Skyla Perumal	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
104	1:35.23 L	F	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
105	1:35.29 L	F	Anneke Stassen	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
106	1:35.80 L	F	Lumka Ntaka	16	UMSH ETH	08/03/2025	Invitational Meet 2025
107	1:35.82 L	P	Emma Jansen van Rensburg	16	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
108	1:36.15 L	P	Mila Petrak	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
109	1:36.17 L	F	Hannah Krummeck	16	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
110	1:36.22 L	F	Megan Van den Heever	16	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
111	1:36.52 L	F	Simonè Schonken	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
112	1:36.62 L	F	Jessica Carver	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
113	1:36.91 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
114	1:37.06 L	P	Camryn Shaw	16	MDOL JHB	29/11/2024	CGA Championships 2024
115	1:37.50 L	F	Sian Kleynhans	16	FISH EDD	30/11/2024	Eden LC Champs 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
116	1:37.70 L S	F	Summer Ascieli	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
117	1:37.82 L	F	Riley Koegelenberg	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
118	1:37.88 L	P	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
119	1:38.44 L	F	Charlotte Staines	16	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
120	1:38.46 L	P	Andria Le Roux	16	JAQ EKU	05/12/2024	EGA Summer Championships
121	1:38.52 L	P	Esther Sauls	16	PGAC EKU	27/03/2025	SA Level 2 Champs 2025-EGA
122	1:38.60 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
123	1:39.16 L	F	Kuzingca Siramza	16	SHS KK	22/02/2025	Eastern Cape School Provincial Trials
124	1:39.18 L	P	Kayla Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
125	1:39.32 L	F	Tia Mari Theron	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
126	1:39.80 L	F	Maya McCollum	16	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
127	1:39.82 L	F	Chelsea Snyman	16	SS MPD	09/11/2024	Limpopo Age Group 5
128	1:40.01 L	F	Madisynn Elliott	16	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
129	1:40.25 L	P	Kholofelo Seabi	16	SWIFT EKU	05/12/2024	EGA Summer Championships
130	1:40.75 L	P	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
131	1:41.37 L	P	Kemantha Ayair	16	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
132	1:41.60 L	F	Veera Khusal	16	MAKO EKU	01/02/2025	EGA Last Chance Gala
133	1:41.69 L	F	Ivana Vyncke	16	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
134	1:42.41 L	F	Gabriella Oaten	16	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
135	1:42.61 L	P	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
136	1:42.63 L	P	Cala Welgemoed	16	VALS FDD	04/12/2024	Free State Champs 2024
137	1:42.96 L	F	Brooklyn-Taylor Sunker	16	MAKO EKU	12/10/2024	EGA Summer 2
138	1:43.79 L	P	Victoria-Ann Anthony	16	MAKO EKU	27/03/2025	SA Level 2 Champs 2025 EGA
139	1:44.00 L	F	Danelle Dry	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
140	1:46.42 L	P	Tarryn Barnes	16	QUES JHB	29/11/2024	CGA Championships 2024
141	1:46.60 L	F	Juliana Du Plessis	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
142	1:46.83 L	F	Izaan Meintjes	16	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
143	1:46.94 L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024	CGA Championships 2024
144	1:47.55 L S	F	Gabriella Kirsten	16	QSAW CED	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
145	1:49.42 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
146	1:49.75 L	F	Ebenette Van Niekerk	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
147	1:50.75 L	F	Chanè Grobbelaar	16	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
148	1:51.52 L	P	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
149	1:52.21 L	F	Karabo Malinga	16	USHAK EKU	12/10/2024	EGA Summer 2
150	1:52.43 L	F	Mishka Pienaar	16	STAQ CED	25/01/2025	Winelands JLfIn
151	1:52.72 L	F	Mika Jones	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
152	1:53.19 L	F	Tenè Louw	16	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
153	1:55.47 L	F	Gabrielle Kramer	16	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
154	1:59.11 L	F	Sharne Swanepoel	16	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
155	2:00.85 L	F	Helena Van Vuuren	16	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
156	2:03.75 L	F	Lwazi Mqeke	16	WELA LLD	11/10/2024	Otters Prestige Gala 2024
157	2:04.07 L	F	Katlego Mofulatsi	16	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
158	2:06.69 L	F	Safiya Ismail	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
159	2:07.96 L	F	Anel Verster	16	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 20
160	2:10.24 L	F	Esethu Mabula	16	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
161	2:11.80 L	F	Letlotlo Kgositlou	16	STEL RM	28/02/2025	NW School Championships 2025
162	2:25.80 L	F	Carry Richards	16	CWBH NMA	22/02/2025	Eastern Cape School Provincial Trials
163	2:34.30 L	F	Simoné Bronkhorst	16	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
Women 200 Breast							
1	2:34.90 L S	F	Chanel Veldsman	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
2	2:39.20 L	F	Tyra Penn	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
3	2:41.47 L	F	Gabriella Van Den Berg	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
4	2:46.08 L	F	Jaime Mote	16	INFA NMA	14/09/2024	3rd A League Gala 2024
5	2:48.67 L S	F	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
6	2:49.10 L	P	Ella Eldar	16	TUKS TSH	29/11/2024	CGA Championships 2024
7	2:49.17 L S	F	Kayla Gous	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
8	2:49.90 L	F	Vera Chen	16	FSS	05/04/2025	SA Schools Swimming Championship
9	2:50.14 L S	F	Hannah Schreuder	16	SAAW CPT	25/04/2025	SA National Junior Age Grou-WCA 20
10	2:50.38 L	F	Kate-Lynn Kruger	16	DESA NMA	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr			
11	2:50.42 L S	F	Jodi Boettger	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
12	2:51.09 L	F	Mieke Vd Wal	16	CASC CPT	14/02/2025	Western Cape Elite Gala 2025
13	2:51.15 L S	F	Madison du Plessis	16	BLOT MAN	04/12/2024	Free State Champs 2024
14	2:51.74 L	F	Mikayla Lombard	16	TUKS TSH	05/12/2024	EGA Summer Championships
15	2:53.23 L	F	Amy Combrink	16	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
16	2:53.92 L S	P	Araya de Waal	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
17	2:53.97 L	P	Jessica Sardinha	16	CA EKU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
18	2:54.38 L	F	Lara Gouws	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
19	2:54.56 L	F	Stacey Smith	16	GAUS	05/04/2025	SA Schools Swimming Championship
20	2:54.87 L	F	Juliette van Vught	16	SASE JHB	29/11/2024	CGA Championships 2024
21	2:55.29 L	F	Jaime Maritz	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
22	2:55.36 L S	P	Elizabet Victor	16	UNI EZD	25/04/2025	SA National Junior Age Grou-WCA 20
23	2:55.47 L S	P	Karla Myburgh	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
24	2:57.06 L	F	Corli Liversage	16	RSA	04/10/2024	Curro AquaElite Gala
25	2:58.35 L S	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024
26	2:58.73 L S	P	Zine Mostert	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
27	2:59.32 L	F	Mignon Richter	16	SAAW CPT	05/12/2024	Western Cape LC-A Championship 20
28	2:59.85 L	F	René Kotzé	16	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
29	2:59.95 L	F	Kayleigh Hahn	16	FISH EDD	14/02/2025	Western Cape Elite Gala 2025
30	3:00.68 L	F	Caitlyn Dube	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
31	3:02.93 L	P	Reese Edwards	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
32	3:03.72 L	F	Ava-Loren Van Galen	16	STAQ CED	08/02/2025	Winelands SL Final
33	3:04.20 L	F	Sienna Lombard	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
34	3:04.28 L	F	Carme Louw	16	TASC MPD	29/11/2024	Limpopo Champs 2024
35	3:05.98 L	F	Georgia Gouws	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
36	3:06.09 L	F	Jordan Wessels	16	ASA ILD	07/12/2024	Stingrays Champs 2024
37	3:06.22 L	F	Christi Serfontein	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
38	3:06.33 L	F	Tshenolo Ntsie	16	TUKS TSH	05/12/2024	EGA Summer Championships
39	3:06.63 L S	P	Hannah Sandilands	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
40	3:06.65 L	F	Lerize Du Toit	16	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
41	3:06.83 L	P	Caitlyn Dube	16	GAUS	05/04/2025	SA Schools Swimming Championship
42	3:07.14 L	F	Katey Nel	16	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
43	3:07.76 L S	F	Danielle Harbron	16	BLOT MAN	04/12/2024	Free State Champs 2024
44	3:07.98 L	P	Amy O'Connor	16	CRSC JHB	29/11/2024	CGA Championships 2024
45	3:08.22 L	F	Megan Webster	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
46	3:08.87 L	F	Sandri Visser	16	PLAY CED	08/02/2025	Winelands SL Final
47	3:08.96 L	F	Leah Scott	16	BLUO UGD	07/12/2024	Stingrays Champs 2024
48	3:09.49 L	F	Lily van Aswegen	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
49	3:10.02 L	F	Tehl-Cadi Day Garden	16	ACSA ETH	02/07/2024	Prestige Tournament 2024
50	3:10.12 L	P	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024
51	3:11.40 L	F	Chloe Jewell	16	PEAS NMA	13/07/2024	1st A League Gala 2024
52	3:11.45 L	F	Janca Hattingh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
53	3:11.77 L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
54	3:12.20 L	F	Imaan Velloo	16	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
55	3:12.38 L	P	Sinoah Pretorius	16	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
56	3:12.58 L	F	Jade O'Connor	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
57	3:13.65 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan
58	3:14.33 L	F	Anne Steyl	16	UPSK ZMD	01/11/2024	UPINGTON PRESTIGE GALA 2024
59	3:14.44 L	P	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
60	3:15.21 L	P	Bianke Von Schlichting	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
61	3:16.43 L	F	Katia Jacob	16	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
62	3:18.01 L	F	Kayla Vosloo	16	BLOT MAN	25/10/2024	Neptunes Gala
63	3:18.50 L	F	Emily Tsai	16	BLMA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
64	3:18.53 L	F	Emma Davies	16	MAKO EKU	01/02/2025	EGA Last Chance Gala
65	3:19.17 L	P	Tehl-Cadi Day-Garden	16	KZNS	05/04/2025	SA Schools Swimming Championship
66	3:19.76 L	F	Zianè Jantzen	16	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
67	3:19.90 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
68	3:20.51 L	F	Chrystil Raymond	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
69	3:20.72 L	P	Judy Stevens	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr			
70	3:20.89 L	F	Georgia Knight	16	WATR JHB	13/12/2024	NMBA Championships 2024
71	3:20.98 L	P	Nicole Van Zyl	16	CA EKU	05/12/2024	EGA Summer Championships
72	3:21.03 L	P	Emma Lategan	16	CASC CPT	14/02/2025	Western Cape Elite Gala 2025
73	3:22.99 L	F	Mila Petrak	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
74	3:23.04 L	F	Deoné Borstlap	16	POTC KKD	28/03/2025	SA Level 2 Regional Age Group Cham
75	3:23.05 L	F	Carine Röntgen	16	ASAW CED	09/11/2024	Swartland Prestige Gala 2024
76	3:23.15 L	P	Tayla Dowie	16	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
77	3:23.40 L	P	Paris Shiwundlana	16	AFIN JHB	29/11/2024	CGA Championships 2024
78	3:24.04 L	P	Chrisley Barnard	16	BS LLD	20/03/2025	SA Level 3 Champs 2025-NT
79	3:24.42 L	F	Ilanze du Plessis	16	BETH FDD	14/02/2025	Neptune Last Chance Gala
80	3:24.84 L	F	Emma Jansen van Rensburg	16	QSAW CED	09/11/2024	Winelands SL4
81	3:25.77 L	F	Richelle Rothmann	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
82	3:26.12 L	F	Mia De Klerk	16	CSA EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
83	3:28.56 L	F	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
84	3:29.25 L S	F	Tatiana Ioannides	16	BLSS MAN	04/12/2024	Free State Champs 2024
85	3:29.82 L	P	Mariel van der Net	16	JAQ EKU	05/12/2024	EGA Summer Championships
86*	3:29.95 L	F	Sian Kleynhans	16	FISH EDD	15/06/2024	PEA Winter Gala 2024
86*	3:29.95 L	F	Jessica Carver	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
88	3:30.23 L	F	Lumka Ntaka	16	UMSH ETH	08/03/2025	Invitational Meet 2025
89	3:30.27 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
90	3:33.30 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
91	3:33.57 L	F	Jessica Bosman	16	QUIC CPT	08/02/2025	WCA-B Champs - 2025
92	3:33.86 L	F	Storme Badenhorst	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
93	3:34.46 L	P	Andria Le Roux	16	JAQ EKU	05/12/2024	EGA Summer Championships
94	3:35.15 L	P	Riley Koegeleberg	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
95	3:35.38 L	F	Esther Sauls	16	PGAC EKU	01/02/2025	EGA Last Chance Gala
96	3:37.29 L	F	Megan Van den Heever	16	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
97	3:39.98 L	F	Veera Khusal	16	MAKO EKU	27/03/2025	SA Level 2 Champs 2025 EGA
98	3:40.27 L	F	Gabriella Oaten	16	SFSC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
99	3:42.88 L	F	Kholofelo Seabi	16	SWIFT EKU	15/11/2024	Summer 4 Delville
100	3:43.78 L	F	Shyenne Laubscher	16	WELA LLD	15/11/2024	Valsrivier Gala 2024
101	3:48.07 L	F	Chelsea Snyman	16	SS MPD	29/11/2024	Limpopo Champs 2024
102	3:51.98 L	F	Paula Van Zyl	16	VARC NMA	06/09/2024	USSA Swimming
103	3:54.05 L	F	Sharvani Govender	16	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
104	4:04.31 L	F	Bathiyana Zondo	16	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET
105	4:16.44 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
Women 50 Fly							
1	28.09 L S	F	Jaime Mote	16	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202
2	28.95 L	F	Katherine Williams	16	MDOL JHB	07/03/2025	2025 Wycombe Long Course Premier
3	29.01 L	F	Ruth Dredge	16	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
4	29.25 L	F	Ashley Scholtz	16	CA EKU	05/12/2024	EGA Summer Championships
5	29.33 L	F	Annebel Stewart	16	AZON ETH	25/04/2025	SA National Junior Age Grou-WCA 20
6	29.40 L	F	Kendra Begley	16	INFA NMA	13/12/2024	NMBA Championships 2024
7	29.52 L	F	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
8	29.53 L	F	Grace Powell	16	CSC TSH	01/02/2025	EGA Last Chance Gala
9*	29.57 L	F	Chanel Veldsman	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
9*	29.57 L	F	Emily Macqueen	16	SEALE ETH	02/07/2024	Prestige Tournament 2024
11	29.69 L	F	Danielle Cronjè	16	LALE CED	25/04/2025	SA National Junior Age Grou-WCA 20
12	29.73 L S	P	Lara Gouws	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
13	29.88 L	F	Danika Van Zyl	16	KZNS	05/04/2025	SA Schools Swimming Championship
14	30.13 L	F	Ava-Loren Van Galen	16	STAQ CED	09/11/2024	Winelands SL4
15	30.16 L	F	Mari Wium	16	WCS	05/04/2025	SA Schools Swimming Championship
16	30.18 L	F	Scarlett Le Roux	16	CA EKU	26/10/2024	Summer 3 Delville
17	30.39 L	F	Jesse-Leah Laderach	16	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
18	30.56 L	F	Corli Livsage	16	BLSS MAN	04/12/2024	Free State Champs 2024
19	30.61 L	F	Ella Eldar	16	TUKS TSH	29/11/2024	CGA Championships 2024
20	30.65 L	P	Amy O'Connor	16	CRSC JHB	29/11/2024	CGA Championships 2024
21	30.77 L	P	Tanatswa Chandiwana	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
22*	30.78 L	F	Chloe Olivier	16	CA EKU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
22*	30.78 L	F	Jana Vorster	16	TUKS TSH	29/11/2024	Limpopo Champs 2024
24	30.81 L	F	Jaime Maritz	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
25	30.82 L	F	Karmen Van Rensburg	16	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
26	30.84 L	F	Gizelle Maritz	16	WATR JHB	29/11/2024	CGA Championships 2024
27	30.86 L	P	Emily Palmer	16	USC BUF	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
28	30.96 L	P	Leah Scott	16	BLUO UGD	25/04/2025	SA National Junior Age Grou-WCA 20
29	31.11 L	F	Ruby Gaines	16	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group Chan
30	31.13 L	P	Abigail Roberts	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
31	31.18 L	F	Katelyn Fourie	16	GAUS	05/04/2025	SA Schools Swimming Championship
32*	31.30 L	F	Zandri Knoetze	16	INFA NMA	13/12/2024	NMBA Championships 2024
32*	31.30 L S	P	Amy Brown	16	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
34	31.31 L	F	Mieke Vd Wal	16	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
35	31.35 L	F	Caitlyn Dube	16	MDOL JHB	29/11/2024	CGA Championships 2024
36	31.36 L	F	Zianè Jantzen	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
37	31.37 L	F	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
38	31.42 L S	P	Tyra Penn	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
39	31.45 L	P	Jodi Boettger	16	USC BUF	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
40	31.53 L S	F	Stephanie Jurado	16	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
41	31.54 L	P	Keira Holland	16	CRSC JHB	29/11/2024	CGA Championships 2024
42	31.58 L	F	Maria Steyn	16	TRALI MAN	20/02/2025	Inter High 2025
43	31.82 L	F	Isabella Havemann	16	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
44	31.88 L	F	Mareze Frylinck	16	BLSS MAN	04/12/2024	Free State Champs 2024
45	31.93 L	P	Juliette van Vught	16	SASE JHB	29/11/2024	CGA Championships 2024
46	31.95 L	F	Madison du Plessis	16	BLOT MAN	09/11/2024	Bull Sharks Gala
47	32.01 L	P	Amy Combrink	16	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
48	32.03 L	P	Jemma Pearse	16	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
49	32.06 L	F	Keera De Esclana	16	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
50	32.08 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
51	32.10 L	F	Stacey Smith	16	PAC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
52	32.11 L S	F	Emily Liebenberg	16	ASAW CED	21/09/2024	CTA INVITATIONAL LC MEET
53	32.28 L	P	Tafadzwa Chandiwana	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
54	32.56 L	F	Siobhan Evans	16	CA ECU	12/10/2024	EGA Summer 2
55	32.58 L	F	Kate-Lynn Kruger	16	DESA NMA	31/01/2025	Infinity Gala 2025
56*	32.60 L	F	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
56*	32.60 L	P	Gemma Goncalves	16	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA 20
58	32.64 L	P	Emma Lategan	16	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
59	32.65 L	F	Megan Neizel	16	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group Chan
60	32.68 L	F	Amy-Lee Jones	16	CA ECU	26/10/2024	Summer 3 Delville
61	32.71 L	P	Lily Durant	16	WATR JHB	29/11/2024	CGA Championships 2024
62	32.74 L	P	Araya de Waal	16	PGAC ECU	25/04/2025	SA National Junior Age Grou-WCA 20
63*	32.78 L	P	Lara Smith	16	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
63*	32.78 L	P	Madisynn Elliott	16	AA JHB	29/11/2024	CGA Championships 2024
63*	32.78 L	F	Antonella Del Fabbro	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
66	32.81 L	F	Anne Marais	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
67	32.85 L	F	Savannah Mostert	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
68*	32.97 L	P	Hannah Burke	16	SLAQ CPT	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
68*	32.97 L	P	Caitlyn Dube	16	GAUS	05/04/2025	SA Schools Swimming Championship
70	33.10 L	F	Abigail Pieterse	16	INFA NMA	20/03/2025	SA Level 3 Regional Age Group Chan
71	33.14 L	F	Jaime Roome	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
72	33.26 L	F	Kaylie Groenewald	16	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
73*	33.40 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan
73*	33.40 L	P	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
75	33.43 L	P	Stacey Fisher	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
76	33.45 L	F	Elrike du Plessis	16	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Cham
77	33.49 L	F	René Kotzé	16	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
78*	33.52 L	F	Milri-Ann Summerton	16	NWUC KKD	07/12/2024	NWS Championships 2024
78*	33.52 L	P	Robyn Barbour	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
80*	33.54 L S	F	Esmarie Terblanche	16	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
80*	33.54 L	P	TehI-Cadi Day Garden	16	ACSA ETH	02/07/2024	Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
82*	33.62 L	F	Donne Bruyns	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
82*	33.62 L	F	Mia Vd Merwe	16	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
84	33.64 L	P	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
85	33.65 L	F	Kayla Vosloo	16	BLOT MAN	14/02/2025	Neptune Last Chance Gala
86	33.69 L	F	Chloe Petersen	16	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
87	33.74 L	P	Danielle Harbron	16	BLOT MAN	04/12/2024	Free State Champs 2024
88	33.76 L	F	Genevieve Egger	16	CA ECU	05/12/2024	EGA Summer Championships
89	33.79 L	P	Elizabet Victor	16	UNI EZD	25/04/2025	SA National Junior Age Grou-WCA 20
90	33.80 L	P	Hannah Sandilands	16	PGAC ECU	25/04/2025	SA National Junior Age Grou-WCA 20
91	33.81 L	F	Rebecca White	16	SSISA CPT	08/02/2025	WCA-B Champs - 2025
92	33.88 L	F	Skyla Perumal	16	TRAZ TSH	18/10/2024	NTS Level 3+ October Age Group 202
93*	33.89 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
93*	33.89 L	F	Kelly Stork	16	BAS ECU	26/10/2024	Summer 3 Delville
95	33.95 L	P	Jessica Sardinha	16	CA ECU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
96	34.00 L	P	Anri Van Der Westhuizen	16	BLOT MAN	04/12/2024	Free State Champs 2024
97	34.09 L	F	Mia De Klerk	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
98	34.16 L	F	Sunny Huang	16	CA ECU	01/02/2025	EGA Last Chance Gala
99	34.23 L	F	Lara Wink	16	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
100	34.25 L	F	Jemma Park	16	CRSC JHB	22/01/2025	Crusaders Night Gala 2
101	34.27 L	F	Lily van Aswegen	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
102	34.33 L	P	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT
103*	34.34 L	F	Sandri Visser	16	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Chan
103*	34.34 L	P	Savannah Mosterd	16	WCS	05/04/2025	SA Schools Swimming Championship
105	34.53 L	P	Jorja Parsons	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
106	34.60 L	P	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
107	34.62 L	F	Hannah Schreuder	16	SAAW CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
108	34.71 L	P	Rii Spoelstra	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
109	34.73 L	P	Tayla Dowie	16	QUES JHB	29/11/2024	CGA Championships 2024
110	34.77 L	F	Hannah Naidoo	16	BEAV ETH	26/03/2025	SA Level 3 Regional Age Group Chan
111	34.83 L	F	Kelci Leech	16	BLSS MAN	13/09/2024	Pelicans Age Group Gala
112	34.86 L	F	Simonè Schonken	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
113*	34.87 L	P	Katia Jacob	16	RACE JHB	29/11/2024	CGA Championships 2024
113*	34.87 L	F	Jordan Wessels	16	ASA ILD	25/01/2025	uShaka Champs 2025
115	35.06 L	F	Chrystil Raymond	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
116	35.13 L	F	Lily Ogden	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
117	35.14 L	F	Johané Jv Rensburg	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
118	35.21 L	F	Vera Chen	16	BLSS MAN	04/12/2024	Free State Champs 2024
119	35.30 L	F	Ashley Seymour	16	WELA LLD	09/11/2024	Bull Sharks Gala
120	35.35 L	P	Andria Le Roux	16	JAQ ECU	05/12/2024	EGA Summer Championships
121	35.38 L	F	Tarryn Barnes	16	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
122	35.39 L	P	Mea Harding	BR	VASA ECU	20/03/2025	SA Level 3 Champs 2025-NT
123	35.58 L	F	Kaylin Bezuidenhoud	16	RSA	04/10/2024	Curro AquaElite Gala
124	35.62 L	P	Anastasia Sequeira	16	CA ECU	05/12/2024	EGA Summer Championships
125	35.73 L	P	Paris Shiwundlana	16	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT
126	35.78 L	P	Tshenolo Ntsie	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
127	35.89 L	F	Carme Louw	16	TASC MPD	29/11/2024	Limpopo Champs 2024
128	35.94 L	F	Christi Serfontein	16	QUIC CPT	08/02/2025	WCA-B Champs - 2025
129	35.99 L	P	Kiara Banks	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
130	36.11 L	F	Gabriella Kirsten	16	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
131	36.12 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
132	36.13 L	F	Minette Els	16	BETH FDD	04/12/2024	Free State Champs 2024
133	36.25 L	F	Carine Röntgen	16	ASAW CED	09/11/2024	Swartland Prestige Gala 2024
134	36.31 L	P	Ilanze du Plessis	16	BLSS MAN	04/12/2024	Free State Champs 2024
135	36.39 L	F	Hannah Krummeck	16	HARV NMA	22/02/2025	Eastern Cape School Provincial Trials
136	36.50 L	P	Chloe Jewell	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
137	36.51 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
138	36.57 L	F	Daniëlla Müller	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
139	36.68 L	P	Rienke Blignaut	16	BLSS MAN	04/12/2024	Free State Champs 2024
140	36.79 L	P	Micke de Jager	16	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
141	36.87 L	F	Storme Badenhorst	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
142	37.12 L	F	Jessica Carver	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
143	37.15 L	P	Catherine O'Grady	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
144	37.26 L	P	Mariel van der Net	16	JAQ ECU	05/12/2024	EGA Summer Championships
145	37.30 L	F	Paula Van Zyl	16	LALE CED	28/03/2025	SA Level 2 Regional Age Group Cham
146	37.44 L	F	Kayla Welgemoed	16	TRALI MAN	20/02/2025	Inter High 2025
147	37.75 L	F	Naseerah Vd Merwe	16	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
148	37.92 L	F	Janca Hattingh	16	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
149	37.97 L	F	Caitlin Scheepers	16	VINE CPT	08/02/2025	WCA-B Champs - 2025
150	38.01 L	F	Anne Steyl	16	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
151	38.16 L	F	Charlotte Staines	16	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
152	38.18 L	F	Bianke Von Schlichting	16	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
153	38.21 L	F	Deoné Borstlap	16	VOLK NMA	28/02/2025	NW School Championships 2025
154	38.24 L	F	Megan Van den Heever	16	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
155	38.34 L	F	Megan Webster	16	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
156	38.81 L	F	Alea Du Toit	16	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
157	38.99 L	F	Ebenette Van Niekerk	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
158	39.13 L	F	Emma Thompson	16	PSC TSH	13/09/2024	NTS September Age Group 2024
159*	39.14 L	F	Maya McCollum	16	AQDO CPT	08/02/2025	WCA-B Champs - 2025
159*	39.14 L	F	Nicole Norman	16	BAS ECU	18/01/2025	EGA Summer 5
161	39.32 L	F	Mia Crookham	16	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
162	39.53 L	P	Izabella Alevras	16	CRSC JHB	29/11/2024	CGA Championships 2024
163	39.62 L	P	Esther Sauls	16	PGAC ECU	05/12/2024	EGA Summer Championships
164	39.78 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
165	39.86 L	P	Victoria-Ann Anthony	16	MAKO ECU	27/03/2025	SA Level 2 Champs 2025 EGA
166	40.16 L	F	Gabriella Oaten	16	WFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
167	40.24 L	F	Chanè Grobbelaar	16	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
168	40.45 L	F	Imaan Velloo	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
169	40.64 L	F	Chelsea Snyman	16	SS MPD	29/11/2024	Limpopo Champs 2024
170	41.16 L	F	Miela Smit	16	AQUA BUF	28/03/2025	SA Level 2 Regional Age Group Cham
171	41.35 L	F	Holly McHugh	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
172	41.56 L	F	Juliana Du Plessis	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
173	41.66 L	P	Kholofelo Seabi	16	SWIFT ECU	05/12/2024	EGA Summer Championships
174	41.97 L S	F	Angelina Valle	16	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
175	42.05 L	P	Veera Khusal	16	MAKO ECU	05/12/2024	EGA Summer Championships
176	42.14 L	F	Sian Kleynhans	16	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
177	42.53 L	F	Hannah van der Veen	16	AQUA BUF	02/11/2024	BCA November Age Group Gala SC 21
178	42.54 L	F	Runakorwashe Makumbe	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
179	42.85 L	F	WanRu Zhou	16	BLMA CPT	02/11/2024	CTA A & B CHAMPS 2024
180	43.02 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
181	43.03 L	F	Maria Dos Santos	16	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
182	43.15 L	F	Tia Mari Theron	16	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo A
183	43.27 L	P	Emma Davies	16	MAKO ECU	27/03/2025	SA Level 2 Champs 2025-EGA
184	43.50 L	F	Sadie Jelley	16	RFA TSH	01/02/2025	EGA Last Chance Gala
185	44.86 L	F	Mia Lea Osbourne	16	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
186	45.82 L	F	Gabriella Carminati	16	AFIN JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
187	46.11 L	F	Thandolwenkosi Mabaso	16	FRA KCD	25/01/2025	uShaka Champs 2025
188	47.20 L	F	Naseerah Du Toit	16	UWCA CPT	02/11/2024	CTA A & B CHAMPS 2024
189	50.60 L	F	Simoné Bronkhorst	16	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
190	50.64 L	F	Lwazi Mqeke	16	WELA LLD	25/10/2024	Neptunes Gala
191	51.53 L	F	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024
192	52.40 L	F	Helena Van Vuuren	16	KALA	06/12/2024	NCASA CHAMPS 2024
193	52.62 L	F	Zoë Pierce	16	ESTR ECU	12/10/2024	EGA Summer 2
194	55.75 L	F	Letlotlo Kgositlou	16	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024
195	1:02.70 L	F	Esethu Mabula	16	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials
196	1:27.98 L	F	Amelie du Plessis	16	CPSC TSH	13/09/2024	NTS September Age Group 2024
Women 100 Fly							
1	1:00.46 L	F	Jaime Mote	16	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202
2	1:04.31 L	F	Katherine Williams	16	MDOL JHB	02/03/2025	National Arena League Cup Finals

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	1:04.61 L	F	Kendra Begley	16	INFA NMA	13/12/2024	NMBA Championships 2024
4	1:04.90 L S	F	Annebel Stewart	16	AZON ETH	25/04/2025	SA National Junior Age Grou-WCA 20
5	1:05.11 L S	F	Ruth Dredge	16	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
6	1:05.42 L	F	Leila Yazbek	16	FSS	05/04/2025	SA Schools Swimming Championship
7	1:05.80 L	P	Lara Gouws	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
8	1:05.99 L	F	Ashley Scholtz	16	CA EKU	05/12/2024	EGA Summer Championships
9	1:06.33 L S	F	Danika Van Zyl	16	FRA KCD	25/04/2025	SA National Junior Age Grou-WCA 20
10	1:07.56 L	F	Scarlett Le Roux	16	CA EKU	01/02/2025	EGA Last Chance Gala
11	1:07.84 L S	P	Stephanie Jurado	16	SSISA CPT	05/12/2024	Western Cape LC-A Championship 20
12	1:07.96 L S	F	Mari Wium	16	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
13	1:08.11 L S	F	Jana Vorster	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
14	1:08.91 L S	P	Chanel Veldsman	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
15	1:08.95 L S	F	Jesse-Leah Laderach	16	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20
16	1:09.01 L	F	Grace Powell	16	CSC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi
17	1:09.28 L	F	Zandri Knoetze	16	INFA NMA	14/09/2024	3rd A League Gala 2024
18	1:09.90 L	F	Jenna Coetzee	16	INFA NMA	31/01/2025	Infinity Gala 2025
19	1:09.96 L	F	Chloe Olivier	16	CA EKU	05/12/2024	EGA Summer Championships
20	1:09.99 L	F	Madison du Plessis	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
21	1:10.98 L	P	Jodi Boettger	16	USC BUF	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
22	1:11.47 L S	P	Emily Liebenberg	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
23	1:11.50 L	F	Keira Holland	16	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	1:11.72 L S	P	Corli Liversage	16	BLSS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
25	1:11.89 L	F	Zianè Jantzen	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
26	1:12.02 L S	P	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
27	1:12.05 L	F	Jaime Maritz	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
28	1:12.20 L	P	Katelyn Fourie	16	CA EKU	05/12/2024	EGA Summer Championships
29	1:12.41 L	F	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
30	1:12.42 L	F	Antonella Del Fabbro	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
31	1:12.82 L	P	Emily Palmer	16	USC BUF	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
32	1:13.02 L	F	Caitlyn Dube	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
33	1:13.22 L	P	Emily Macqueen	16	SEALE ETH	02/07/2024	Prestige Tournament 2024
34	1:13.29 L	F	Mareze Frylinck	16	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group Chan
35	1:13.30 L	F	Karmen Van Rensburg	16	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
36	1:13.32 L	F	Maria Steyn	16	BLSS MAN	14/02/2025	Neptune Last Chance Gala
37	1:13.62 L	F	Robyn Barbour	16	MDOL JHB	29/11/2024	CGA Championships 2024
38	1:13.65 L	F	Ava-Loren Van Galen	16	STAQ CED	08/02/2025	Winelands SL Final
39	1:14.05 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
40	1:14.47 L	F	Kayleigh Hahn	16	FISH EDD	30/11/2024	Eden LC Champs 2024
41	1:14.70 L	F	René Kotzé	16	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
42	1:14.71 L	F	Stacey Smith	16	PAC TSH	13/09/2024	NTS September Age Group 2024
43	1:14.73 L	F	Keera De Esclana	16	VRC TSH	20/03/2025	SA Level 3 Champs 2025-NT
44	1:15.15 L	F	Kayla Gous	16	USC BUF	13/07/2024	1st A League Gala 2024
45	1:15.55 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
46	1:16.18 L	F	Amy O'Connor	16	CRSC JHB	20/11/2024	Crusaders Night Gala 1
47	1:16.74 L	F	Donne Bruyns	16	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
48	1:16.84 L	F	Caitlyn Dube	16	GAUS	05/04/2025	SA Schools Swimming Championship
49	1:17.13 L S	F	Lara Smith	16	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
50	1:17.26 L	F	Chloe Petersen	16	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
51	1:17.61 L	F	Kayla Vosloo	16	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
52	1:17.78 L	F	Ella Eldar	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
53	1:17.82 L	F	Ruby Gaines	16	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group Chan
54	1:17.86 L	P	Anastasia Sequeira	16	CA EKU	05/12/2024	EGA Summer Championships
55	1:17.90 L	P	Danaleigh Swanepoel	16	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
56	1:18.03 L	F	Tayla Dowie	16	QUES JHB	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoi
57	1:18.73 L S	P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
58	1:18.88 L	F	Siobhan Evans	16	CA EKU	12/10/2024	EGA Summer 2
59	1:19.15 L	F	Lily Durant	16	WATR JHB	29/11/2024	CGA Championships 2024
60	1:19.63 L	F	Anne Marais	16	TKS WBD	29/11/2024	Limpopo Champs 2024
61	1:19.74 L	F	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

		Time	P/F/S	Name	Age/Yr		
62	1:20.17 L S	F	Esmarie Terblanche	16	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
63	1:21.17 L	F	Katia Jacob	16	RACE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
64	1:21.42 L	F	Simone Cussons	16	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER 2
65	1:21.50 L	F	Milri-Ann Summerton	16	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
66	1:21.53 L	P	Sunny Huang	16	CA EKU	05/12/2024	EGA Summer Championships
67	1:21.85 L	F	Jaime Roome	16	TUKS TSH	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja
68	1:21.92 L S	F	Rebecca White	16	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024
69	1:22.11 L	F	Mia Vd Merwe	16	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
70	1:22.44 L	F	Jessica Sardinha	16	BAS EKU	12/10/2024	EGA Summer 2
71	1:22.89 L S	P	Hannah Burke	16	SLAQ CPT	25/04/2025	SA National Junior Age Grou-WCA 20
72	1:22.92 L	F	Chrystil Raymond	16	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
73	1:23.06 L	F	Rii Spoelstra	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
74	1:23.70 L	F	Hannah Naidoo	16	BEAV ETH	26/03/2025	SA Level 3 Regional Age Group Chan
75	1:23.72 L	P	Paige Edmundson	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
76	1:23.92 L	F	Emma Lategan	16	CASC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
77	1:24.44 L	F	Johané Jv Rensburg	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
78	1:24.75 L	P	Mea Harding	BR	VASA EKU	05/12/2024	EGA Summer Championships
79	1:24.88 L	F	Carme Louw	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
80	1:25.91 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
81	1:26.17 L	F	Elrike du Plessis	16	HREF BP	23/11/2024	NWS Age Group 3 + 4 2024
82	1:26.74 L	F	Andria Le Roux	16	UCT CPT	20/02/2025	Inter High 2025
83	1:27.28 L	F	Ashley Seymour	16	WELA LLD	14/02/2025	Neptune Last Chance Gala
84	1:27.62 L	F	Kganya Mashigo	16	PAC TSH	13/09/2024	NTS September Age Group 2024
85	1:28.62 L	F	Tarryn Barnes	16	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
86	1:29.62 L	F	Deoné Borstlap	16	POTC KKD	28/03/2025	SA Level 2 Regional Age Group Cham
87	1:29.87 L	F	Maya McCollum	16	AQDO CPT	08/02/2025	WCA-B Champs - 2025
88	1:32.01 L	F	Chanè Grobbelaar	16	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
89	1:32.15 L	F	Mariel van der Net	16	JAQ EKU	27/03/2025	SA Level 2 Champs 2025 EGA
90	1:32.93 L	F	Jessica Carver	16	ELEC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
91	1:33.50 L	F	Emma Thompson	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
92	1:33.60 L	F	Anne Steyl	16	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
93	1:34.23 L	F	Imaan Velloo	16	MANT CPT	08/02/2025	WCA-B Champs - 2025
94	1:35.61 L	F	Naseerah Vd Merwe	16	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
95	1:36.06 L	F	Chelsea Snyman	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
96	1:36.07 L	F	Miela Smit	16	SHS KK	08/02/2025	BCSA High School Trials 2025
97	1:36.72 L	F	Minette Els	16	BETH FDD	25/10/2024	Neptunes Gala
98	1:37.55 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
99	1:38.06 L S	F	Angelina Valle	16	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
100	1:41.98 L	F	Nicole Norman	16	BAS EKU	15/11/2024	Summer 4 Delville
101	1:47.38 L	F	Naseerah Du Toit	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
102	1:52.18 L	F	Kholofelo Seabi	16	SWIFT EKU	15/11/2024	Summer 4 Delville
Women 200 Fly							
1	2:15.48 L	F	Jaime Mote	16	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:26.51 L	F	Katherine Williams	16	MDOL JHB	07/03/2025	2025 Wycombe Long Course Premier
3	2:32.10 L	F	Jenna Coetzee	16	INFA NMA	31/01/2025	Infinity Gala 2025
4	2:33.67 L	F	Annebel Stewart	16	AZON ETH	25/04/2025	SA National Junior Age Grou-WCA 20
5	2:41.62 L	F	Zandri Knoetze	16	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
6	2:41.78 L	F	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
7	2:42.57 L	F	Emily Liebenberg	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
8	2:43.88 L	F	Danika Van Zyl	16	FRA KCD	25/04/2025	SA National Junior Age Grou-WCA 20
9	2:44.21 L	F	Ashley Scholtz	16	CA EKU	05/12/2024	EGA Summer Championships
10	2:44.55 L	F	Hannah Sandilands	16	PGAC EKU	25/04/2025	SA National Junior Age Grou-WCA 20
11	2:45.68 L	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024
12	2:46.00 L	F	Leila Yazbek	16	BLNE MAN	25/10/2024	Neptunes Gala
13	2:51.73 L	F	Robyn Barbour	16	MDOL JHB	29/11/2024	CGA Championships 2024
14	2:57.44 L	F	Kelly Stork	16	BAS EKU	01/02/2025	EGA Last Chance Gala
15	2:59.00 L	F	Keira Holland	16	CRSC JHB	29/11/2024	CGA Championships 2024
16	3:06.53 L	F	Hannah Burke	16	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
17	3:07.37 L	F	Milan Van Heerden	16	AZON ETH	14/06/2024	AQZ Winter Warmer 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr			
18	3:10.72 L	F	Milri-Ann Summerton	16	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
19	3:35.20 L	F	Maya McCollum	16	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
20	3:42.91 L	F	Ashley Seymour	16	TRALI MAN	20/02/2025	Inter High 2025
Women 200 IM							
1	2:22.40 L	F	Katherine Williams	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
2	2:22.94 L	F	Scarlett Le Roux	16	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
3	2:23.77 L	F	Gabriella Van Den Berg	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
4	2:23.84 L	F	Lara Gouws	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
5	2:25.25 L	F	Kayla Gous	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
6	2:26.93 L	F	Karla Myburgh	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
7	2:28.21 L	F	Leila Yazbek	16	BLNE MAN	25/04/2025	SA National Junior Age Grou-WCA 20
8	2:29.58 L	F	Kendra Begley	16	INFA NMA	13/12/2024	NMBA Championships 2024
9	2:31.39 L	F	Tyra Penn	16	WATR JHB	25/04/2025	SA National Junior Age Grou-WCA 20
10	2:32.65 L	F	Chloe Olivier	16	CA ECU	05/12/2024	EGA Summer Championships
11	2:33.05 L	F	Madison du Plessis	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
12	2:33.21 L	P	Corli Liversage	16	BLSS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
13	2:33.47 L	F	Ella Eldar	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
14	2:33.72 L	F	Mikayla Lombard	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
15	2:34.45 L	P	Chanel Veldsman	16	TUKS TSH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
16	2:34.79 L	P	Juliette van Vught	16	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20
17	2:35.79 L	F	Kate-Lynn Kruger	16	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA 20
18	2:36.32 L	P	Mieke Vd Wal	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
19	2:36.38 L	F	Mareze Frylinck	16	TRALI MAN	20/02/2025	Inter High 2025
20	2:36.78 L	F	Jenna Coetzee	16	INFA NMA	31/01/2025	Infinity Gala 2025
21	2:37.05 L	F	Annebel Stewart	16	AZON ETH	02/07/2024	Prestige Tournament 2024
22	2:37.38 L	P	Kayleigh Hahn	16	FISH EDD	25/04/2025	SA National Junior Age Grou-WCA 20
23	2:37.50 L	P	Jodi Boettger	16	USC BUF	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
24	2:37.73 L	F	Ashley Scholtz	16	CA ECU	18/01/2025	EGA Summer 5
25	2:38.78 L	F	Ruth Dredge	16	PAC TSH	15/06/2024	PEA Winter Gala 2024
26	2:39.06 L	P	Amy O'Connor	16	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
27	2:39.63 L	P	Amy Combrink	16	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
28	2:39.71 L	F	Grace Powell	16	CSC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schor
29	2:40.09 L	F	Zandri Knoetze	16	INFA NMA	31/01/2025	Infinity Gala 2025
30	2:40.22 L	P	Araya de Waal	16	PGAC ECU	25/04/2025	SA National Junior Age Grou-WCA 20
31	2:40.70 L	P	Jessica Sardinha	16	CA ECU	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
32	2:40.80 L	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024
33	2:41.01 L	F	Keira Holland	16	CRSC JHB	29/11/2024	CGA Championships 2024
34	2:41.02 L	P	Mari Wium	16	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
35	2:41.06 L	P	Emily Liebenberg	16	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
36	2:41.49 L	F	Robyn Barbour	16	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
37	2:41.89 L	F	Karmen Van Rensburg	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
38	2:41.90 L	F	Donne Bruyns	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
39	2:42.15 L	F	Jaime Maritz	16	CUR EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
40	2:42.55 L	F	Jana Vorster	16	TUKS TSH	29/11/2024	Limpopo Champs 2024
41	2:42.91 L	F	René Kotzé	16	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
42	2:42.96 L	P	Caitlyn Dube	16	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20
43	2:43.01 L	P	Kelly Stork	16	BAS ECU	25/04/2025	SA National Junior Age Grou-WCA 20
44	2:43.15 L	F	Gizelle Maritz	16	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
45	2:43.16 L	F	Jesse-Leah Laderach	16	PEAS NMA	03/08/2024	2nd A League Gala 2024
46	2:43.29 L	F	Christi Serfontein	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
47	2:43.80 L	F	Hannah Sandilands	16	PGAC ECU	18/01/2025	EGA Summer 5
48	2:43.88 L	F	Emma Rossouw	16	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group Chan
49	2:43.94 L	F	Lily Durant	16	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
50	2:43.95 L	F	Elizabet Victor	16	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
51	2:44.02 L	F	Rachel Hinckley	16	CA ECU	26/10/2024	Summer 3 Delville
52	2:44.16 L	F	Emily Palmer	16	USC BUF	22/11/2024	BCA Long Course Championships 202
53	2:44.31 L	P	Vera Chen	16	BLSS MAN	25/04/2025	SA National Junior Age Grou-WCA 20
54	2:44.41 L	P	Zianè Jantzen	16	QUIC CPT	05/12/2024	Western Cape LC-A Championship 20
55	2:44.62 L	P	Gianna Collard	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56*	2:44.66 L	F	Danaleigh Swanepoel	16	RFA TSH	29/11/2024	Limpopo Champs 2024
56*	2:44.66 L	F	Catherine Desilla	16	SASE JHB	20/03/2025	SA Level 3 Champs 2025-NT
58	2:44.68 L	P	Katelyn Fourie	16	CA EKU	05/12/2024	EGA Summer Championships
59	2:45.05 L	F	Danielle Harbron	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
60	2:45.26 L	P	Ava-Loren Van Galen	16	STAQ CED	05/12/2024	Western Cape LC-A Championship 20
61	2:45.28 L	F	Danielle Cronjè	16	LALE CED	09/11/2024	Winelands SL4
62	2:45.66 L	P	Jade O'Connor	16	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
63	2:45.78 L	F	Jana Swiegers	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
64	2:45.86 L	F	Stephanie Jurado	16	SSISA CPT	05/12/2024	Western Cape LC-A Championship 20
65	2:45.94 L	P	Emily Macqueen	16	SEALE ETH	02/07/2024	Prestige Tournament 2024
66	2:46.05 L	F	Georgia Gouws	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024
67	2:46.51 L	F	Kate-Lynn de Jager	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
68	2:46.69 L	P	Lara Smith	16	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
69	2:47.21 L	F	Mia Wellsted	16	CRSC JHB	29/11/2024	CGA Championships 2024
70	2:47.66 L	F	Kayla Verbaan	16	KLOO ETH	02/07/2024	Prestige Tournament 2024
71	2:48.51 L	F	Maria Tselentis	16	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group Chan
72	2:48.59 L	F	Tayla Dowie	16	QUES JHB	22/02/2025	EGA Lets Sprint Incomp Gauteng Schor
73	2:48.74 L	F	Jaimee Marais	16	ELRAS WBD	20/03/2025	SA Level 3 Champs 2025-NT
74	2:48.96 L	F	Mia Vd Merwe	16	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
75	2:48.97 L	F	Caitlyn Dube	16	GAUS	05/04/2025	SA Schools Swimming Championship
76	2:49.09 L	F	Reese Edwards	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
77	2:49.31 L	P	Madisynn Elliott	16	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
78*	2:49.52 L	F	Emma Lategan	16	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
78*	2:49.52 L	F	Anastasia Sequeira	16	CA EKU	05/12/2024	EGA Summer Championships
80	2:49.71 L	F	Hannah Burke	16	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
81	2:50.04 L	P	Hannah Schreuder	16	SAAW CPT	25/04/2025	SA National Junior Age Grou-WCA 20
82	2:51.05 L	F	Kayla Vosloo	16	RSA	04/10/2024	Curro AquaElite Gala
83	2:51.07 L	F	Rebecca White	16	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group Chan
84	2:51.10 L	F	Cassandra Sophocleous	16	CA EKU	18/01/2025	EGA Summer 5
85	2:51.43 L	P	Sienna Lombard	16	TRAZ TSH	20/03/2025	SA Level 3 Champs 2025-NT
86	2:52.18 L	P	Kelci Leech	16	BLSS MAN	04/12/2024	Free State Champs 2024
87	2:52.40 L	F	Danika Van Zyl	16	FRA KCD	09/11/2024	KCDA Age Goup 2 2024
88	2:52.54 L	F	Jessica Bosman	16	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
89	2:52.77 L	F	Shanna-Leigh Zeelie	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
90	2:53.32 L	F	Emma Neethling	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
91	2:53.44 L	F	Savannah Mosterd	16	WCS	05/04/2025	SA Schools Swimming Championship
92	2:53.64 L S	F	Carine Röntgen	16	ASAW CED	21/09/2024	CTA INVITATIONAL LC MEET
93	2:53.75 L	F	Skyla Perumal	16	TRAZ TSH	13/09/2024	NTS September Age Group 2024
94	2:54.02 L	F	Kathleen Welsh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
95	2:54.24 L	P	Keera De Esclana	16	VRC TSH	29/11/2024	CGA Championships 2024
96	2:54.41 L	F	Tanatswa Chandiwana	16	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
97	2:54.45 L	P	Katia Jacob	16	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
98	2:54.77 L	F	Hannah Naidoo	16	BEAV ETH	02/07/2024	Prestige Tournament 2024
99	2:54.79 L	F	Anne Marais	16	TKS WBD	29/11/2024	Limpopo Champs 2024
100	2:54.80 L	F	Abigail Pieterse	16	INFA NMA	31/01/2025	Infinity Gala 2025
101	2:54.95 L	F	Janca Hattingh	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
102	2:55.18 L	F	Chrystil Raymond	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
103	2:55.80 L	P	Mea Harding	BR	VASA EKU	20/03/2025	SA Level 3 Champs 2025-NT
104	2:55.96 L	P	Chloe Jewell	16	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group Chan
105	2:56.38 L	F	Kemantha Ayair	16	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
106	2:56.77 L	F	Sian Kleynhans	16	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2
107	2:57.03 L	F	Mia De Klerk	16	CSA EZD	29/11/2024	Mpumalanga Championships 2024
108	2:57.09 L	F	Milri-Ann Summerton	16	NWUC KKD	07/12/2024	NWS Championships 2024
109	2:57.17 L	F	Yvonne Pretorius	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
110	2:57.18 L	F	Kaylie Groenewald	16	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
111	2:57.29 L	F	Tehl-Cadi Day-Garden	16	KZNS	05/04/2025	SA Schools Swimming Championship
112	2:57.30 L	F	Lily Ogden	16	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
113	2:57.74 L	F	Ilanze du Plessis	16	BLSS MAN	19/10/2024	Pelicans Gala 2
114	2:58.24 L	F	Anne Steyl	16	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
115	2:58.48 L	P	Sinoah Pretorius	16	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
116	2:58.66 L	F	Simone Cussons	16	UNI EZD	29/11/2024	Mpumalanga Championships 2024
117	2:58.74 L	P	Elrike du Plessis	16	HREF BPD	07/12/2024	NWS Championships 2024
118	2:59.08 L	F	Megan Neizel	16	PSCP UMD	08/03/2025	Invitational Meet 2025
119	2:59.22 L	P	Lumka Ntaka	16	UMSH ETH	26/03/2025	SA Level 3 Regional Age Group Chan
120	2:59.36 L	F	Chloe Petersen	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
121	2:59.55 L	P	Chrisley Barnard	16	BS LLD	04/12/2024	Free State Champs 2024
122	3:00.14 L	P	Shyenne Laubscher	16	WELA LLD	04/12/2024	Free State Champs 2024
123	3:00.57 L	F	Emily Tsai	16	BLMA CPT	08/02/2025	WCA-B Champs - 2025
124	3:00.62 L	P	Sandri Visser	16	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Chan
125	3:00.64 L	P	Deoné Borstlap	16	POTC KKD	28/03/2025	SA Level 2 Regional Age Group Cham
126	3:00.69 L	F	Imaan Velloo	16	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
127	3:01.31 L	F	Lara Wink	16	VINE CPT	08/02/2025	WCA-B Champs - 2025
128	3:01.76 L	P	Georgia Alston	16	SASE JHB	29/11/2024	CGA Championships 2024
129	3:02.03 L	F	Ingrid Van Loggerenberg	16	TUKS TSH	13/09/2024	NTS September Age Group 2024
130	3:03.43 L S	F	Kate Allwood	16	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
131	3:03.48 L	F	Maya McCollum	16	AQDO CPT	08/02/2025	WCA-B Champs - 2025
132	3:03.51 L	F	Kuzingca Siramza	16	SHS KK	22/02/2025	Eastern Cape School Provincial Trials
133	3:03.69 L	P	Sunny Huang	16	CA EKU	05/12/2024	EGA Summer Championships
134	3:03.93 L	P	Bianke Von Schlichting	16	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
135	3:04.19 L	P	Stacey Fisher	16	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
136	3:04.20 L	F	Carme Louw	16	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
137*	3:04.27 L	F	Anneke Stassen	16	EVO CPT	08/02/2025	WCA-B Champs - 2025
137*	3:04.27 L	P	Jessica Carver	16	ELEC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
139	3:04.38 L	F	Nicole Van Zyl	16	CA EKU	26/10/2024	Summer 3 Delville
140	3:04.63 L	F	Lelanie Buhr	16	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
141	3:04.65 L	F	Keira Taylor	16	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
142	3:04.83 L	F	Mariel van der Net	16	UCT CPT	20/02/2025	Inter High 2025
143	3:05.83 L	F	Celine Miles	16	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
144	3:06.23 L	F	Catherine O'Grady	16	MHS NGD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
145	3:06.26 L	F	Storme Badenhorst	16	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
146	3:06.59 L	P	Zoe Kruger	16	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
147	3:06.70 L	F	Ashley Seymour	16	WELA LLD	14/02/2025	Neptune Last Chance Gala
148	3:06.89 L	F	WanRu Zhou	16	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
149	3:07.78 L	F	Siobhan Evans	16	CA EKU	18/01/2025	EGA Summer 5
150	3:07.82 L	F	Gabriella Oaten	16	SFSC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
151	3:07.98 L	P	Izabella Alevras	16	CRSC JHB	29/11/2024	CGA Championships 2024
152	3:08.76 L	F	Emma Thompson	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
153	3:08.90 L	P	Mila Petrak	16	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
154	3:09.06 L	F	Emma Jansen van Rensburg	16	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Cham
155	3:09.35 L	F	Anri Van Der Westhuizen	16	BLOT MAN	02/11/2024	Heidedal
156	3:09.44 L	F	Gaby Bishop	16	BETH FDD	15/11/2024	Valsrivier Gala 2024
157	3:09.56 L	F	Ivana Vyncke	16	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
158	3:09.94 L	F	Danielle Van Vuuren	16	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
159	3:11.05 L	F	Emma Davies	16	MAKO EKU	01/02/2025	EGA Last Chance Gala
160	3:11.90 L	P	Alexandra Santos	16	PSCP UMD	02/07/2024	Prestige Tournament 2024
161	3:11.94 L	F	Maria Dos Santos	16	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
162	3:12.09 L	F	Megan Van den Heever	16	ROB EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
163	3:12.41 L	P	Rienke Blignaut	16	BLSS MAN	04/12/2024	Free State Champs 2024
164	3:12.55 L	F	Georgia Knight	16	WATR JHB	13/12/2024	NMBA Championships 2024
165	3:13.22 L	F	Eva-Bella Bonomi	16	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 20
166	3:15.73 L	F	Mia Crookham	16	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
167	3:16.74 L	P	Paris Shiwundlana	16	AFIN JHB	29/11/2024	CGA Championships 2024
168	3:16.97 L	F	Katey Nel	16	SOUL EKU	18/01/2025	EGA Summer 5
169	3:17.08 L	F	Kaylin Bezuidenhoud	16	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
170	3:17.59 L	T	Anmi Slabbert	16	PAQU CED	22/02/2025	Swartland Invitational Gala 2025
171	3:17.81 L	P	Kholofelo Seabi	16	SWIFT EKU	05/12/2024	EGA Summer Championships
172	3:18.09 L	P	Esther Sauls	16	PGAC EKU	05/12/2024	EGA Summer Championships
173	3:18.76 L	F	Camryn Shaw	16	PEAS NMA	15/06/2024	PEA Winter Gala 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
174	3:19.32 L	F	Miela Smit	16	AQUA BUF	28/03/2025	SA Level 2 Regional Age Group Cham
175	3:19.35 L	F	Paula Van Zyl	16	VARC NMA	06/09/2024	USSA Swimming
176	3:19.44 L	F	Shay-Leigh Pieters	16	HURAQ CPT	28/03/2025	SA Level 2 Regional Age Group Cham
177	3:19.84 L	F	Chelsea Snyman	16	SS MPD	12/10/2024	Limpopo Age Group 4
178	3:19.93 L	F	Gabriella Kirsten	16	QSAW CED	08/02/2025	Winelands SL Final
179	3:20.38 L	F	Ebenette Van Niekerk	16	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
180	3:20.45 L	P	Alaynah Bhamjee	16	ATLA JHB	29/11/2024	CGA Championships 2024
181	3:21.44 L	F	Riley Koegelenberg	16	LALE CED	09/11/2024	Winelands SL4
182	3:21.84 L	P	Nicole Norman	16	BAS ECU	27/03/2025	SA Level 2 Champs 2025-EGA
183	3:21.85 L	P	Tatiana Ioannides	16	BLSS MAN	04/12/2024	Free State Champs 2024
184	3:23.74 L	F	Micke de Jager	16	VHD ZLD	25/01/2025	uShaka Champs 2025
185	3:23.84 L	P	Gabriella Carminati	16	AFIN JHB	29/11/2024	CGA Championships 2024
186	3:24.60 L	F	Anè Kemp	16	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Cham
187	3:25.88 L	F	Minette Els	16	BETH FDD	25/10/2024	Neptunes Gala
188	3:26.69 L	F	Runakorwashe Makumbe	16	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 20
189	3:27.44 L	F	Richelle Rothmann	16	VHD ZLD	02/11/2024	Uthukela District Age Group Gala
190	3:28.07 L	F	Holly McHugh	16	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
191	3:29.73 L S	F	Angelina Valle	16	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
192	3:32.07 L	F	Juliana Du Plessis	16	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
193	3:33.14 L	F	Veera Khusal	16	MAKO ECU	01/02/2025	EGA Last Chance Gala
194	3:33.27 L	F	Victoria-Ann Anthony	16	MAKO ECU	26/10/2024	Summer 3 Delville
195	3:35.92 L	F	Onkarabile Molamu	16	PGH KKD	28/02/2025	NW School Championships 2025
196	3:37.03 L	F	Sharvani Govender	16	ELEC TSH	13/09/2024	NTS September Age Group 2024
197	3:39.18 L	F	Olivia Janse Van Rensburg	16	PER JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
198	3:41.71 L	F	Mia Lea Osbourne	16	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
199	3:44.75 L	F	Shaelyn Lawson	16	CAMBH BUF	08/02/2025	BCSA High School Trials 2025
200	3:45.94 L	F	Chlumunco Nyukwana	16	MPS NGD	08/02/2025	BCSA High School Trials 2025
201	3:51.57 L	F	Helena Van Vuuren	16	KALA	26/10/2024	KALAHARI CLASSIC
202	3:52.67 L S	F	Naseerah Du Toit	16	UWCA CPT	05/12/2024	Western Cape LC-A Championship 20
203	3:52.88 L	F	Thandolwenkosi Mabaso	16	FRA KCD	25/01/2025	uShaka Champs 2025
204	4:10.65 L	F	Autumn Zwane	16	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
205	4:13.35 L	F	Anel Verster	16	RFA TSH	01/02/2025	EGA Last Chance Gala
206	4:22.12 L	F	Zoë Pierce	16	ESTR ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
207	4:23.56 L	F	Simoné Bronkhorst	16	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
208	4:24.98 L	F	Michelle Seerane	16	RBOT BPD	07/12/2024	NWS Championships 2024
209	4:26.76 L	P	Letlotlo Kgositlou	16	MATL KKD	07/12/2024	NWS Championships 2024
Women 400 IM							
1	5:03.79 L	F	Katherine Williams	16	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
2	5:08.27 L	F	Karla Myburgh	16	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
3	5:10.87 L	F	Lara Gouws	16	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
4	5:20.63 L	F	Kayla Gous	16	USC BUF	25/04/2025	SA National Junior Age Grou-WCA 20
5	5:30.61 L	F	Madison du Plessis	16	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA 20
6	5:34.91 L	F	Kayleigh Hahn	16	FISH EDD	25/04/2025	SA National Junior Age Grou-WCA 20
7	5:35.62 L	F	Mieke Vd Wal	16	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
8	5:38.25 L	F	Hannah Sandilands	16	PGAC ECU	25/04/2025	SA National Junior Age Grou-WCA 20
9	5:41.03 L	F	Mareze Frylinck	16	FSS	05/04/2025	SA Schools Swimming Championship
10	5:42.12 L	F	Robyn Barbour	16	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
11	5:42.93 L	F	René Kotzé	16	POTC KKD	25/04/2025	SA National Junior Age Grou-WCA 20
12	5:46.51 L	F	Ella Eldar	16	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
13	5:48.90 L	F	Maria Steyn	16	BLSS MAN	04/12/2024	Free State Champs 2024
14	5:51.22 L	F	Karmen Van Rensburg	16	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
15	5:55.73 L	F	Araya de Waal	16	PGAC ECU	05/12/2024	EGA Summer Championships
16	5:56.15 L	F	Emma Rossouw	16	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
17	6:06.31 L	F	Danaleigh Swanepoel	16	RFA TSH	29/11/2024	Limpopo Champs 2024
18	6:08.89 L	F	Corli Liversage	16	BLSS MAN	15/11/2024	Valsrivier Gala 2024
19	6:20.46 L	F	Milri-Ann Summerton	16	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
20	7:01.14 L	F	Ashley Seymour	16	WELA LLD	04/12/2024	Free State Champs 2024
21	7:31.20 L	F	Paula Van Zyl	16	VARC NMA	06/09/2024	USSA Swimming